

**ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY. T UMUR 37
TAHUN MULTIPARA DI PMB Y. SRI SUYANTININGSIH
KULON PROGO YOGYAKARTA**

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RINGKASAN

Latar Belakang: Faktor penyebab tidak langsung kematian ibu yaitu empat terlalu salah satunya adalah hamil usia >35 tahun. Upaya menurunkan faktor risiko kehamilan adalah melakukan asuhan berkesinambungan (*Continuity Of Care*). Yang bertujuan untuk membantu mendeteksi kemungkinan terjadinya komplikasi yang menyertai ibu dan bayi secara dini.

Tujuan: Memberikan asuhan berkesinambungan pada Ny. "T" umur 37 tahun multipara di PMB Y. Sri Suyantiningasih Kulon Progo

Metode: Metode penelitian yang digunakan adalah metode deskriptif, jenis penelitian studi kasus.

Hasil: Asuhan kebidanan yang diberikan pada Ny. "T" dimulai dari kehamilan 23⁺¹ minggu, bersalin, nifas, dan neonatus. Frekuensi kunjungan hamil 4 kali, persalinan 1 kali, nifas 3 kali, neonatus 3 kali. Kala I berlangsung 7 jam di PMB Y. S. Suyantiningasih, kala II 5 menit, kala III 10 menit dan kala IV 2 jam. Bayi lahir normal pukul 00.35 WIB, dengan BB 3000 gram. Pada kehamilan diberikan terapi komplementer relaksasi musik. Pada persalinan kala I diberikan komplementer masase dan relaksasi nafas dalam. Pada masa nifas diberikan pijat oksitosin. Pada neonatus diberikan komplementer perawatan tali pusat menggunakan ASI.

Kesimpulan: Asuhan kebidanan berkesinambungan yang telah dilakukan pada Ny. "T" saat hamil, bersalin, nifas, BBL, didapatkan hasil pemeriksaan dalam batas normal dan tidak ada penyulit yang menyertai. Diharapkan bidan dalam memberikan asuhan selalu menerapkan manajemen kebidanan dan meningkatkan kompetensi dalam memberikan asuhan sesuai standar pelayanan kebidanan.

Kata Kunci : Asuhan Berkesinambungan, Multipara, Kebidanan

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**SUSTAINABLE PRIVATE VOCATIONAL SCHOOL IN NY. T AGE OF 37
MULTIPLE YEARS IN PMB Y. SRI SUYANTININGSIH
KULON PROGO YOGYAKARTA**

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SUMMARY

Background : *Factors that are indirect causes of maternal mortality are four too, one of which is pregnancy > 35 years old. The effort to reduce the risk factors for pregnancy is to carry out continuous care. Which aims to help detect the possibility of complications that accompany the mother and baby early.*

Purpose : *Provide continuous care to Mrs. "T" is 37 years old multipara at PMB Y. Sri Suyantiningsih Kulon Progo*

Method : *The research method used is descriptive research method, type of Case Study*

Result : *Midwifery care given to Mrs. "T" lasts \pm 17 weeks, from pregnancy 23⁺¹ week to 36⁺¹ week, maternity, postpartum, neonates, with frequency of pregnancy visits 4 times, labor once, childbirth 3 times, neonates 3 times. Kala I lasted 7 hours at PMB Y. Sri Suyantiningsih, in the second time 5 minutes, in time III 10 minutes and at the time of IV 2 hours. Normal-born baby at 00.35 WIB, birth weight: 3000 grams, PB: 48 cm. in pregnancy a complementary relaxation music therapy is given to reduce anxiety in pregnancy. During labor when I am given complementary massage and breathing relaxation to reduce contraction pain. During the puerperium, oxytocin was given to help facilitate breastfeeding because the mother complained that her milk had not been smooth and during the neonatal period, complementary cord care was provided using breast milk to accelerate the release of the cord.*

Conclusion : *Continuous midwifery care has been done to Mrs. "T" during pregnancy, childbirth, childbirt, BBL, the results of the examination are within normal limits and no complications occur. It is expected that midwives in providing care always apply always applying midwifery management and improving competence in providing care according to midwifery service standards.*

Keywords : *Continuous Care, Multipara, Midwifery*

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