

**HUBUNGAN ANTARA TINGKAT STRES DENGAN KEPUASAN
MAHASISWA FAKULTAS KESEHATAN DALAM PEMBELAJARAN
DARING SELAMA PANDEMI COVID-19 DI UNIVERSITAS JENDERAL
ACHMAD YANI YOGYAKARTA**

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INTISARI

Latar belakang : Pandemi Covid-19 telah membuat banyak perubahan, tidak terkecuali di sektor pendidikan yang sebelumnya dilakukan secara tatap muka, kini beralih menjadi pembelajaran daring. Perubahan sistem ini memicu munculnya stres akademik pada mahasiswa kesehatan yang akan berdampak pada prestasi belajarnya. Semakin besar tekanan stres yang dihadapi, maka semakin kecil kepuasan yang dirasakan mahasiswa kesehatan dalam pembelajaran.

Tujuan : Mengidentifikasi hubungan antara tingkat stres mahasiswa fakultas Kesehatan dengan kepuasan dalam mengikuti pembelajaran daring selama pandemi Covid-19 di Universitas Jenderal Achmad Yani Yogyakarta.

Metode : Penelitian ini menggunakan metode kuantitatif dengan deskriptif korelasi. Jumlah sampel yang diperoleh sebanyak 131 responden diambil dengan teknik *Random Sampling* yang terdiri dari program studi Keperawatan (S-1) dan Farmasi (S-1). Analisis statistik menggunakan *Gamma*.

Hasil : Hasil penelitian ini menunjukkan tingkat stres mahasiswa Fakultas Kesehatan berada pada rentang Normal 47 mahasiswa (35.9%), sedangkan tingkat kepuasan mahasiswa Fakultas Kesehatan berada pada kategori cukup puas 63 mahasiswa (48.1%) dan ada hubungan yang cukup bermakna antara tingkat stres mahasiswa dengan tingkat kepuasan mahasiswa Fakultas Kesehatan selama pembelajaran daring. dengan keeratan korelasi, nilai $p(0,034) < \alpha 0,05$ dan $r = (-0,219)$

Kesimpulan : Ada hubungan yang cukup bermakna antara tingkat stres mahasiswa dengan tingkat kepuasan mahasiswa Fakultas Kesehatan selama pembelajaran daring di Universitas Jenderal Achmad Yani Yogyakarta ($P\text{-value} < \alpha$ dengan keeratan hubungan rendah dan arah hubungan negatif ($r = -0,219$))

Kata kunci : Stres, Kepuasan, Pembelajaran daring

**RELATIONSHIP BETWEEN STRESS LEVEL AND SATISFACTION OF
HEALTH FACULTY OF STUDENTS IN ONLINE LEARNING DURING THE
COVID-19 PANDEMIC AT UNIVERSITY OF GENERAL ACHMAD YANI
YOGYAKARTA**

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ABSTRACT

Background: The Covid-19 pandemic has made many changes, not least in the education sector, which was previously carried out face-to-face, has now turned to online learning. This system change triggers the emergence of academic stress in health students which will have an impact on their learning achievement. The greater the stress pressure faced, the smaller the satisfaction felt by health students in learning.

Objective: To identify the relationship between the stress level of Health faculty students and satisfaction in participating in online learning during the Covid-19 pandemic at Jenderal Achmad Yani University, Yogyakarta.

Methods: This study uses a quantitative method with descriptive correlation. The number of samples obtained was 131 respondents taken by random sampling technique consisting of Nursing (S-1) and Pharmacy (S-1) study programs. Statistical analysis using Gamma.

Results: The results of this study indicate that the stress level of the students of the Faculty of Health is in the Normal range of 47 students (35.9%), while the level of satisfaction of the students of the Faculty of Health is in the category of quite satisfied with 63 students (48.1%) and there is a significant relationship between the stress level of students and the level of satisfaction. Health Faculty students during online learning. with close correlation, p value (0.034) $< \alpha 0.05$ and $r = (-0.219)$

Conclusion : There is a significant relationship between the stress level of students and the level of satisfaction of the students of the Faculty of Health during online learning at Jenderal Achmad Yani University Yogyakarta (P-value $<$ with low closeness and negative relationship direction ($r = -0.219$))

Keywords: Stress, Satisfaction, Online learning

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