

HUBUNGAN DUKUNGAN KELUARGA DENGAN PEMANFAATAN POSYANDU LANSIA DI PUSKESMAS GAMPING I SLEMAN YOGYAKARTA

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INTISARI

Latar Belakang : Posyandu lansia adalah pos pelayanan terpadu untuk masyarakat usia lanjut yang bertujuan untuk mewujudkan lanjut usia yang berkualitas, sehat secara fisik, sosial dan jiwa. Sehingga lansia diharapkan dapat memanfaatkan posyandu lansia secara optimal untuk mendapatkan kesejahteraan hidup lansia dalam kualitas hidup lansia sebagai anggota masyarakat. Melalui dukungan keluarga diharapkan lansia dapat meningkatkan pemanfaatan posyandu lansia dengan baik.

Tujuan Penelitian: Penelitian ini bertujuan untuk mengetahui Hubungan dukungan keluarga dengan pemanfaatan posyandu lansia di Puskesmas Gamping I Sleman Yogyakarta.

Metode Penelitian: Penelitian ini menggunakan desain *analitic correlation* dengan pendekatan *cross sectional*. Sampel dipilih menggunakan *purposive sampling* sebanyak 33 lansia yang berumur 60-90 tahun yang terdaftar sebagai anggota posyandu lansia di Dusun Gejawan Wetan dan Pereng Dawe Sleman Yogyakarta serta tinggal bersama keluarga. Analisa data menggunakan Uji *chi square*.

Hasil Penelitian: Dukungan yang diberikan keluarga kepada lansia di Posyandu Dusun Gejawan Wetan dan Pereng Dawe dalam kategori cukup baik yaitu sebanyak 17 responden (51.5%). Mayoritas lansia tidak memanfaatkan posyandu di Dusun Gejawan Wetan dan Pereng Dawe yaitu sebanyak 20 responden (60.6%). Hasil Uji *chi-square* di peroleh nilai 0.47 ($P > 0.005$).

Kesimpulan: Tidak ada hubungan dukungan keluarga dengan pemanfaatan posyandu lansia di Puskesmas I Gamping Sleman Yogyakarta.

Kata Kunci : Lansia, dukungan keluarga, pemanfaatan posyandu lansia

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THE CORRELATION BETWEEN FAMILY SUPPORT AND THE UTILIZATION OF POSYANDU LANSIA IN PUSKESMAS GAMPING I SLEMAN YOGYAKARTA

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ABSTRACT

Background: Posyandu Lansia is an integrated health center for the elderly people which aims to increase quality life of elderly. The elderly people are expected to use Posyandu Lansia optimally in order to obtain welfare as the members of the society. Through family support, it is expected that the elderly people would use the Posyandu Lansia program more effectively.

Research Purpose: This research aims to find out the correlation between family support and the usage of Posyandu Lansia in Puskesmas Gamping 1 Sleman Yogyakarta.

Research Method: This research used the analytical correlation design with cross-sectional approach. The sample was selected through purposive sampling, involving 33 elderly people aged 60-90 years old who were registered as the members of Posyandu Lansia in Gejawan Wetan and Pereng Dawe Village, Sleman Regency, Yogyakarta. These 33 elderly people were also living with their family. The data analysis used was chi-square test.

Research Result: The family support given to the elderly people in Posyandu of Gejawan Wetan and Pereng Dawe Village is categorized as fair, involving 17 respondents (51.5%). Most of the elderly people have not used the Posyandu program in Gejawan Wetan and Pereng Dawe Village, involving 20 respondents (60.6%). The result of chi-square test shows the value of 0.47 ($P > 0.005$).

Conclusion: There is no correlation between family support and the usage of Posyandu Lansia in Puskesmas I Gamping Sleman Yogyakarta.

Key Words: Elderly, family support, the utilization of Posyandu Lansia

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