

# GAMBARAN TINGKAT PENGETAHUAN IBU NIFAS TENTANG PERAWATAN TALI PUSAT DI RB AMANDA GAMPING SLEMAN YOGYAKARTA

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## INTISARI

**Latar Belakang :** Perawatan tali pusat yang kurang bersih diperkirakan menyebabkan kematian bayi sebanyak 220.000 bayi di Asia Tenggara. Ibu yang memiliki pengetahuan yang baik tentang perawatan tali pusat akan memiliki perilaku yang positif dalam merawat tali pusat sehingga tali pusat akan *puput* pada hari ke-5 sampai hari ke-7 tanpa ada komplikasi.

**Tujuan Penelitian :** Mengetahui gambaran tingkat pengetahuan ibu nifas tentang perawatan tali pusat di RB Amanda Gamping Sleman Yogyakarta.

**Metode Penelitian :** Jenis penelitian *descriptif*. Populasi dalam penelitian ini berjumlah 53 ibu nifas. Instrumen penelitian adalah kuesioner dan hasil penelitian dianalisis dengan distribusi frekuensi relatif atau prosentase.

**Hasil Penelitian :** Tingkat pengetahuan ibu nifas tentang pengertian perawatan tali pusat di RB Amanda Gamping Sleman Yogyakarta adalah kategori baik sebanyak 43 orang, tingkat tentang tujuan perawatan tali pusat kategori baik sebanyak 35 orang, tingkat pengetahuan tentang manfaat perawatan tali pusat kategori baik sebanyak 34 orang, tingkat pengetahuan tentang metode perawatan tali pusat kategori baik sebanyak 37 orang, tingkat pengetahuan tentang dampak perawatan tali pusat kategori baik sebanyak 30 orang. Secara keseluruhan tingkat pengetahuan ibu nifas tentang perawatan tali pusat kategori baik sebanyak 35 orang.

**Kesimpulan :** Tingkat pengetahuan ibu nifas tentang perawatan tali pusat di RB Amanda Gamping Sleman Yogyakarta adalah kategori baik. RB Amanda Gamping Sleman dalam menyusun prosedur tetap tentang perawatan tali pusat hendaknya lebih menekankan kepada item-item pertanyaan yang belum seluruhnya dapat dijawab dengan benar oleh ibu nifas

Kata Kunci : Tingkat pengetahuan, perawatan tali pusat.

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**THE DESCRIPTION OF POST NATAL MOTHERS' KNOWLEDGE  
LEVEL ABOUT UMBILICAL CORD CARE IN AMANDA MATERNITY  
HOUSE, GAMPING, SLEMAN, YOGYAKARTA**

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**ABSTRACT**

**Background** : Unhygienic umbilical cord care is estimated to be responsible for 220.000 fetal mortality cases in South East Asia. Mothers who have proper knowledge about umbilical cord care will generate positive behavior in caring umbilical cord so that umbilical cord can be released in the fifth until seventh day without any complication.

**Objective** : To find out the description of postpartum mothers' knowledge level about umbilical cord care in Amanda Maternity House, Gamping, Sleman, Yogyakarta

**Method** : This was a descriptive study. Population in this study was 53 postpartum mothers. Study instrument were questionnaires and study result was analyzed with relative frequency distribution or percentage.

**Result** : Postpartum mothers' knowledge level about the definition of umbilical cord care in Amanda Maternity house, Gamping, Sleman, Yogyakarta, was in good category as many as 43 respondents, knowledge level about the aim of umbilical cord care was in good category as many as 35 respondents, knowledge level about the benefit of umbilical cord care was in good category as many as 34 respondents, knowledge level about the method of umbilical cord care was in good category as many as 37 respondents, knowledge level about the effects of umbilical cord care was in good category as many as 30 respondents. Generally, postpartum mothers' knowledge level about umbilical cord care was in good category as many as 35 respondents.

**Conclusion** : Postpartum mothers' knowledge level about umbilical cord care in Amanda maternity house, Gamping, Sleman, Yogyakarta, was in good category. Amanda maternity house, Gamping, Sleman, is expected to emphasize question items which have not been able to be answered by postpartum mothers while arranging regular procedures of umbilical cord care.

Keywords : Knowledge Level, Umbilical Cord Care.

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