

HUBUNGAN ANTARA JUMLAH KUNJUNGAN NIFAS DENGAN KUALITAS HIDUP IBU NIFAS DI PUSKESMAS SEWON I BANTUL

Zheren Zteny Tomaso¹, Dwi Yati², Yanita Tri Setyaningsih³

INTISARI

Latar Belakang: Kunjungan nifas dilakukan pada masa 6 jam sampai dengan 42 hari pasca persalinan atau empat kali kunjungan nifas. Kunjungan nifas bertujuan untuk mencegah, mendeteksi, dan menangani masalah-masalah yang terjadi dalam masa nifas sehingga dapat meningkatkan kualitas hidup ibu. Kualitas hidup ibu nifas adalah gambaran tentang kesehatan ibu nifas serta kemampuannya untuk melaksanakan tugasnya. Penilaian kualitas hidup penting untuk mengukur ketepatan pemberian perawatan nifas selama ibu nifas melakukan kunjungan.

Tujuan: Mengetahui hubungan jumlah kunjungan nifas dengan kualitas hidup ibu nifas di Puskesmas Sewon I Bantul.

Metode: Penelitian ini merupakan penelitian kuantitatif, metode survei analitik dengan rancangan *cross sectional*. Uji statistik *parametric* (skala data rasio-rasio), perlu dilakukan tes normalitas data *shapiro wilk* (responden <50). Uji statistik menggunakan uji *pearson*. Pengambilan sampel menggunakan *accidental sampling* sebanyak 37 responden. Pengukuran kualitas hidup menggunakan kuesioner *Postpartum Quality Of Life* (PQOL).

Hasil: Rata-rata kunjungan nifas yang dilakukan yaitu 2 kali kunjungan sebanyak 21 responden (56,8%). Hasil kualitas hidup nifas yang didapatkan berdasarkan skor total kuesioner nilai rata-rata 146,81. Hasil uji *Pearson* didapatkan *p-value* = 0,000 < 0,05 menyatakan bahwa adanya hubungan yang signifikan. Keeratan hubungan dalam penelitian menggunakan uji *Pearson* didapatkan hasil 0,595 dengan keeratan hubungan sedang.

Kesimpulan: Ada hubungan yang signifikan antara jumlah kunjungan nifas dengan kualitas hidup ibu nifas

Kata Kunci: Kunjungan Masa Nifas, Kualitas Hidup Ibu Nifas

¹ Mahasiswa Program Studi S1 Ilmu Keperawatan Stikes Jenderal Achmad Yani

² Dosen Program Studi S1 Ilmu Keperawatan Stikes Jenderal Achmad Yani

³ Dosen Program Studi S1 Ilmu Keperawatan Stikes Jenderal Achmad Yani

CORRELATION BETWEEN THE NUMBER OF POSTPARTUM VISITS AND QUALITY OF LIFE OF POSTPARTUM WOMEN IN PUSKESMAS SEWON I BANTUL

Zheren Zteny Tomaso¹, Dwi Yati², Yanita Tri Setyaningsih³

ABSTRACT

Background: Postpartum visit is made from 6 hours to 42 days of postpartum or four postpartum visits. Postpartum visit is aimed at preventing, detecting, and resolving problems that occur during the postpartum period in order to improve the quality of life of the woman. The quality of life of the postpartum woman is a picture of postpartum woman and her ability to perform her duties. The assessment of quality of life is important to measure the accuracy of postpartum care during the postpartum visit.

Objective: To identify the correlation between the number of postpartum visit and quality of life of postpartum women in Puskesmas Sewon I Bantul.

Methods: This research is a quantitative research, employing analytical survey method with cross sectional design. For the purpose of parametric statistic test (scale of data of ratios), it was necessary to conduct the Shapiro-Wilk test to examine data normality (respondents < 50). Statistical test used Pearson's test. Samples were taken using accidental sampling with a sample size of 37 respondents. Quality of life was measured using Postpartum Quality Of Life (PQOL) questionnaire.

Results: On average, postpartum visits were made twice in 21 respondents (56.8%). The results of quality of life were obtained based on total questionnaire score (mean = 146.81). The results of Pearson test indicated p-value = 0.000 < 0.05, meaning that there was a significant correlation. The correlation coefficient in this research using Pearson test indicated 0.595, indicating moderate with moderate correlation coefficient.

Conclusion: There is a significant correlation between the number of postpartum visit and the quality of life of postpartum women.

Keywords: Postpartum Visit, Quality of Life of Postpartum women

¹Student, Undergraduate Program of Nursing science, Stikes Jenderal Achmad Yani

¹Faculty Member, Undergraduate Program of Nursing science, Stikes Jenderal Achmad Yani

¹Faculty Member, Undergraduate Program of Nursing science, Stikes Jenderal Achmad Yani