

HUBUNGAN BEBAN KERJA PERAWAT DENGAN PENERAPAN PENDOKUMENTASIAN DI RUANG INAP RSUD WATES

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INTISARI

Latar Belakang: Setiap pelaksanaan proses keperawatan, perawat akan selalu melakukan pencatatan atau yang sering disebut dengan pendokumentasian. Pendokumentasian merupakan suatu kegiatan pencatatan, pelaporan atau merekam suatu kejadian serta aktivitas yang dilakukan dalam bentuk pemberian pelayanan yang dianggap penting dan berharga. Salah satu faktor yang dapat mempengaruhi pendokumentasian adalah beban kerja. Beban kerja perawat dapat dilihat sebagai dimensi seluruh kegiatan atau aktivitas yang dilakukan oleh seorang perawat selama bertugas di suatu unit pelayanan keperawatan.

Tujuan Penelitian: Mengetahui hubungan beban kerja perawat dengan penerapan pendokumentasian di ruang inap RSUD Wates

Metode Penelitian: Jenis penelitian ini adalah kuantitatif dengan desain *deskriptif korelasi* melalui pendekatan *cross sectional*. Sampel diambil dengan total sampling 27 perawat. Instrumen untuk mengukur pendokumentasian adalah menggunakan lembar observasi Instrumen A Depkes (2005). Sedangkan instrumen beban kerja perawat menggunakan lembar kuesioner diadopsi oleh Mastini (2013). Teknik analisis menggunakan *Kolerasi Spearman Rank*.

Hasil Penelitian: Beban kerja seorang perawat di ruang inap RSUD Wates, sebagian besar termasuk kategori sedang yaitu sebanyak 11 responden (40,7%). Penerapan dokumentasi asuhan keperawatan di ruang inap RSUD Wates, sebagian besar adalah responden dalam kategori cukup yaitu sebanyak 16 responden (59,3%). Ada hubungan yang signifikan antara beban kerja perawat dengan penerapan pendokumentasian, hal ini dibuktikan dengan hasil analisa bivariat *Kolerasi Spearman Rank*, yaitu $r = 0,472$ dengan $p = 0,013 < 0,05$.

Kesimpulan: Ada hubungan signifikan antara beban kerja perawat dengan penerapan pendokumentasian di ruang inap RSUD Wates.

Kata Kunci: Beban Kerja Perawat, Pendokumentasian, Asuhan Keperawatan

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THE CORRELATION BETWEEN NURSE'S WORKLOAD AND DOCUMENTATION MANAGEMENT IN INPATIENT WARD OF WATES GENERAL HOSPITAL

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ABSTRACT

Background: In every nursing care process, a nurse will always make a note or what is known as documentation. Documentation is a series of activities such as note taking, reporting, or recording an event or activity of providing health service which is considered as vital and valuable. One of factors that may influence documentation is workload. Nurse's workload can be perceived as a dimension of the whole activities of a nurse while on-duty in a nursing care unit.

Objective: To identify The Correlation between Nurse's Workload and Documentation Management in Inpatient Ward of Wates General Hospital

Method: This study was quantitative with correlational descriptive design through cross sectional approach. Samples were selected by total sampling technique as many as 27 nurses. Instrument for assessing documentation was questionnaire adopted by Mastini (2013). Data analysis applied Spearman Rank Correlation.

Result: Nurse's workload in inpatient ward of Wates general hospital was mostly in moderate category as many as 11 respondents (40,7%). Documentation management of nursing care in inpatient ward of Wates general hospital was mostly in sufficient category as many as 16 respondents (59,3%). There was a significant correlation between nurse's workload and documentation management. This was identified by the result of bivariate analysis of Spearman Rank Correlation formula which figured out the value of $r = 0,472$ with $p = 0,013 < 0,05$.

Conclusion: There was a significant correlation between nurse's workload and documentation management in inpatient ward of Wates general hospital.

Keywords: Nurse's Workload, Documentation, Nursing Care.

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