

# HUBUNGAN PERILAKU CARING PERAWAT DENGAN TINGKAT KECEMASAN PASIEN PRE OPERASI DI RUANG BEDAH RSUD PANEMBAHAN SENOPATI BANTUL

## INTISARI

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**Latar Belakang:** Kecemasan menjadi sebuah masalah yang sering sekali muncul di pusat pelayanan kesehatan atau rumah sakit. Kecemasan preoperasi ditimbulkan akibat dari segala acaman tindakan dan prosedur yang belum mereka ketahui selama proses operasi dan juga tindakan pembiusan menghadapi pembedahan. Kecemasan pasien dirumah sakit dapat diatasi dengan adanya perhatian dan komunikasi dari perawat kepada pasien (caring perawat). Caring sangatlah penting untuk keperawatan, dimana berfungsi dalam asuhan psikologis pasien.

**Tujuan:** Penelitian ini bertujuan untuk mengetahui hubungan perilaku caring perawat dengan tingkat kecemasan pasien preoperasi di ruang bedah RSUD Panembahan Senopati Bantul.

**Metode:** Penelitian ini menggunakan deskriptif korelasi dengan rancangan *cross-sectional*. Jumlah sampel yang diperoleh sebanyak 25 responden dengan teknik sampling yang digunakan adalah *nonprobability sampling* dengan jenis *accidental sampling*. Analisis statistik menggunakan uji *Somer's* dengan tingkat kepercayaan 95% ( $\alpha = 0,05$ ).

**Hasil:** Sebagian besar perawat memiliki perilaku caring yang cukup yaitu sebanyak 13 orang (52,0%) dan mayoritas pasien preoperasi mengalami cemas sedang sebanyak 12 orang (48,0%). Hasil penelitian ini menunjukkan terdapat hubungan antara perilaku caring perawat dengan tingkat kecemasan pasien pre operasi di ruang bedah RSUD Panembahan Senopati Bantul dengan nilai  $p=0,013$  ( $p<0,05$ ) dan  $r=0,402$ .

**Kesimpulan:** Terdapat hubungan yang bermakna antara perilaku caring perawat dengan tingkat kecemasan pasien pre operasi di ruang bedah RSUD Panembahan Senopati Bantul.

**Kata Kunci:** perilaku caring perawat, tingkat kecemasan, pasien preoperasi

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# THE CORRELATION OF THE NURSE'S CARING BEHAVIOR WITH ANXIETY LEVEL OF THE PREOPERATIVE PATIENT IN THE SURGICAL ROOM RSUD PANEMBAHAN SENOPATI BANTUL

## ABSTRACT

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**Background:** Anxiety becomes a problem that often appears in the health center or hospital. Preoperative maleness results from all the acts and procedures that they have not known during the operation and also the action of anesthesia in the face of surgery. Hospital patient anxiety can be overcome with the attention and communication daeri nurses to patients (caring nurse). Caring was important to nursing, which serves patients in psychological care.

**Objective:** This research aims to identify the correlation between of the nurse's caring behavior with anxiety level of the preoperative patient in the surgical room RSUD Panembahan Senopati Bantul.

**Methods:** The study was descriptive correlation with cross sectional study design. The number of samples obtained 25 respondents to the sampling technique used is nonprobability sampling with accidental sampling types. Statistical analysis using Somer's test with 95% confidence level ( $\alpha = 0.05$ ).

**Results:** Most of the nurses had sufficient caring behavior of 13 people (52.0%) and the majority of preoperative patients experienced moderate anxiety as many as 12 people (48.0%). There was a correlation between of the nurse's caring behavior with anxiety level of the preoperative patient in the surgical room RSUD Panembahan Senopati Bantul with a p-value = 0.013 ( $p < 0.05$ ) and  $r = 0.402$ .

**Conclusion:** There was a significant correlation between of the nurse's caring behavior with anxiety level of the preoperative patient in the surgical room RSUD Panembahan Senopati Bantul

**Keyword:** caring behavior of the nurse, anxiety levels, preoperative patients

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