

# PENGETAHUAN DAN SIKAP PERAWAT DALAM MOBILISASI DINI PASIEN DI ICU RSUD PANEMBAHAN SENOPATI BANTUL YOGYAKARTA

Muhamad Munif<sup>1</sup>, Muhamat Nofiyanto<sup>2</sup>, Miftafu Darussalam<sup>3</sup>

## INTISARI

**Latar Belakang:** Mobilisasi dini pasien kritis di ICU jika tidak segera dilakukan dapat menimbulkan *hipovolemi* yang menyebabkan *viskositas* darah meningkat sehingga mudah terjadinya emboli, ventilasi paru akan berkurang akibat mengecilnya volume paru, kekuatan kontraksi otot dan jumlah massa otot rangka akan menurun. Peran perawat dalam mobilisasi dini penting dalam memberikan penjelasan, memotivasi pasien demi tercapainya tujuan kesembuhan dan bimbingan, intervensi yang intensif dapat mengurangi kekambuhan penyakit.

**Tujuan Penelitian:** Mengetahui tingkat pengetahuan dan sikap perawat dalam mobilisasi dini pasien di ICU RSUD Panembahan Senopati Bantul, Yogyakarta.

**Metode Penelitian:** Desain penelitian deskriptif dengan pendekatan *cross sectional*. Populasi dalam penelitian adalah semua perawat ICU di RSUD Panembahan Senopati Bantul sebanyak 20 orang. Analisa univariat terhadap data karakteristik, pengetahuan, sikap, tabulasi silang.

**Hasil penelitian:** Tingkat pengetahuan perawat kurang (10%), cukup (20%), baik (70%). Pada pengetahuan perawat usia 36-45 tahun baik (45%), pengetahuan perawat perempuan baik (60%), pengetahuan perawat dengan lama kerja 6-10 tahun baik (45%), pengetahuan perawat dengan pendidikan DIII baik (45%). Pada tingkat sikap perawat tidak mendukung (25%), mendukung (75%). Pada sikap perawat usia 36-45 tahun mendukung (40%), sikap perawat perempuan mendukung (60%), sikap perawat dengan lama kerja 6-10 tahun mendukung (50%), sikap perawat dengan pendidikan DIII mendukung (50%).

**Kesimpulan:** Pengetahuan perawat dalam mobilisasi dini pasien di ICU RSUD Panembahan Senopati Bantul, Yogyakarta adalah baik. Sikap perawat dalam mobilisasi dini pasien adalah mendukung.

**Kata kunci:** Pengetahuan, Sikap Perawat, Mobilisasi Dini.

---

<sup>1</sup> Mahasiswa Program Studi Ilmu Keperawatan Stikes Jenderal Achmad Yani Yogyakarta

<sup>2</sup> Dosen Program Studi Ilmu Keperawatan Stikes Jenderal Achmad Yani Yogyakarta

<sup>3</sup> Dosen Program Studi Ilmu Keperawatan Stikes Jenderal Achmad Yani Yogyakarta

# NURSES KNOWLEDGE AND ATTITUDE IN PATIENTS EARLY MOBILIZATION IN THE ICU OF RSUD PANEMBAHAN SENOPATI BANTUL YOGYAKARTA

Muhamad Munif<sup>4</sup>, Muhamat Nofiyanto<sup>5</sup>, Miftafu Darussalam<sup>6</sup>

## ABSTRACT

**Background:** Early mobilization in critically patients in ICU if it doesn't done immediately can lead to hypovolemia that causes increased of blood viscosity so that can occurrence of embolism easily, pulmonary ventilation will be reduced due to the shrinking of lung volume, muscle contraction strength and the number of skeletal muscle mass decreases. The roles of the nurses in the early mobilization is important in providing an explanation and motivate patients to achieve the purpose of healing, guidance of nurses and intensive intervention can reduce the recurrence of disease.

**Objective:** To know the level of knowledge and attitude of nurses in early mobilization on patients in ICU of RSUD Panembahan Senopati Bantul, Yogyakarta.

**Method:** Research design was descriptive with cross sectional approach. Population in this research was whole nurses in ICU of RSUD Panembahan Senopati Bantul as many 20 people. Univariate analysis of data characteristics, knowledge, attitudes, cross-tabulations.

**Result:** The level of knowledge of nurses less (10%), sufficient (20%), good (70%). At the age of 36-45 years the nurse's knowledge is good (45%), good knowledge of female nurses (60%), knowledge of nurses with good old 6-10 years of work (45%), knowledge of nurses with DIII good education (45%). At the level of the attitude of nurses do not support (25%), support (75%). On the attitude of nurses aged 36-45 years of support (40%), the attitude of a female nurse support (60%), the attitude of nurses to work 6-10 years old support (50%), the attitude of nurses with education DIII support (50%).

**Conclusion:** Knowledge of nurses about early mobilization on patients in ICU of RSUD of Panembahan Senopati Bantul, Yogyakarta was good. Attitude of nurses on early mobilization was in support category

**Keywords:** Knowledge, attitude of nurses, early mobilization.

---

<sup>4</sup> Nursing of Student of Institute of Health Science Jenderal Achmad Yani Yogyakarta

<sup>5</sup> Lecturer of Nursing Department of Institute of Health Science Jenderal Achmad Yani Yogyakarta

<sup>6</sup> Lecturer of Nursing Department of Institute of Health Science Jenderal Achmad Yani Yogyakarta