

GAMBARAN KEPATUHAN IBU HAMIL TRIMESTER II DALAM MONGONSUMSI TABLET FE DI PUSKESMAS TEMON II KULON PROGO

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INTISARI

Latar Belakang : Pada saat ibu hamil disarankan mengonsumsi tablet Fe atau zat besi, karena tablet Fe mencegah adanya anemia yang bisa mengakibatkan kematian bagi ibu hamil. Rata-rata cakupan ibu hamil mendapat 90 tablet Fe di tahun 2013-2015 di lima kabupaten DIY, tetapi terdapat satu kabupaten yang disetiap tahunnya menurun yaitu Kabupaten Kulon Progo, cakupan pemberian tablet Fe dari tahun 2013-2015 yaitu dari 89,47% menurun sampai 85,66%, namun Puskesmas Temon II Kabupaten Kulon Progo cakupan pemberian tablet Fe sudah memenuhi target yaitu 99,44% tetapi angka kejadian anemia ibu hamil di Puskesmas Temon II terbilang masih cukup tinggi yaitu 14,92%, dan tidak memenuhi target yang ditentukan yaitu 20%.

Tujuan : Mengetahui kepatuhan ibu hamil trimester II dalam mengonsumsi tablet Fe di Puskesmas Temon II Kulon Progo

Metode : Mengetahui gambaran tingkat kepatuhan ibu hamil trimester II dalam mengonsumsi tablet Fe di Puskesmas Temon II, Kulon Progo. Metode: Desain penelitian ini adalah deskriptif kuantitatif. Teknik sampling yang digunakan adalah total sampling dengan jumlah sampel sebesar 39 responden. Penelitian ini menggunakan kuesioner sebagai alat ukur dan analisis data menggunakan univariat.

Hasil : tingkat kepatuhan ibu hamil dalam mengonsumsi tablet Fe di Puskesmas Temon II Kulon Progo, yaitu tentang cara 22 responden (56,4%), tentang frekuensi Fe 22 responden (56,4%), tentang waktu 25 responden (64,1%).

Kesimpulan : kepatuhan ibu hamil trimester II dalam mengonsumsi tablet Fe di Puskesmas Temon II Kulon Progo sebagian besar patuh sebanyak 24 responden (61,5%).

Kata kunci : Kepatuhan, Kehamilan, Mengonsumsi Tablet Fe

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COMPLIANCE OVERVIEW OF TRIMESTER II PREGNANT HOUSEWIVES IN CONSUMING Fe PILLS IN TEMON II COMMUNITY HEALTH CENTERS, KULON PROGO

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ABSTRACT

Background : At the time of pregnant women are advised to consume iron or iron tablets, because Fe pills prevent anemia that can lead to death for pregnant women. The average cangkupan pregnant women get 90 Fe tablets in the year 2013-2015 in five district DIY, but there is one regency that every year decrease that is Kulon Progo Regency, cup of Fe tablet from 2013-2015 that is from 89,47% decrease until 85,66%, but Temon II Health Center of Kulon Progo Regency cangkupan giving Fe tablet has fulfilled target that is 99,44% but pregnancy anemia number of pregnant mother at Temon II Public Health Center is still high enough that is 14,92% and not fulfilling determined target Ie 20%.

Objective : To know the compliance level overview of trimester II pregnant housewives in consuming Fe pills in temon II community health centers, Kulon Progo

Method: The research design was descriptive-quantitative. The sampling technique used was total sampling with total samples of 39 respondents. This research was using questionnaire as measuring instrument and univariate data analysis.

Result: The compliance level of trimester II pregnant housewives in consuming Fe pills in Temon II community health centers, Kulon Progo, were about: pocedure of 22 respondents was (56,4%), frequency of 22 respondents was (56,4%), and time 25 respondents was (64,1%).

Conclusion: The compliance level of trimester II pregnant housewives in consuming Fe pills in Temon II community health centers, Kulon Progo, from 24 respondents (61,5%) was in obey categorized.

Keywords: Compliance, Pregnancy, Consuming Fe pills

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