

HUBUNGAN DUKUNGAN KELUARGA DENGAN HARGA DIRI PADA REMAJA DISABILITAS FISIK DI SLB N 1 BANTUL YOGYAKARTA

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INTISARI

Latar Belakang: Remaja yang mengalami disabilitas fisik akan mengalami permasalahan pada harga diri ketika tidak ada dukungan yang kuat dari keluarga. Harga diri merupakan hal yang paling penting bagi manusia sebab harga diri dapat mempengaruhi kesehatan fisik maupun mental.

Tujuan: Tujuan Penelitian ini untuk mengetahui ada atau tidaknya hubungan dukungan keluarga dengan tingkat harga diri remaja disabilitas fisik di SLB N 1 Bantul Yogyakarta.

Metode Penelitian: Penelitian kuantitatif dengan metode pendekatan *cross sectional*. Populasi penelitian menggunakan *total sampling* sebanyak 52 remaja disabilitas fisik. Tingkat harga diri menggunakan Rosenberg's self-esteem scale dan kuesioner dukungan keluarga. Metode analisa data menggunakan uji korelasi somers'd.

Hasil Penelitian: sebagian besar responden memiliki dukungan keluarga tinggi sebanyak 25 (48,1%) dan harga diri sebagian besar tinggi sebanyak 40 (76,9%), Hasil uji statistik menggunakan Somers'd yaitu diperoleh *p-value* 0,001 ($p < 0,05$) dengan r 0,280 jadi ada hubungan antara dukungan keluarga dengan harga diri remaja disabilitas fisik dalam kategori rendah.

Kesimpulan: Ada hubungan dukungan keluarga dengan harga diri pada remaja disabilitas fisik di SLB N 1 Bantul Yogyakarta. Dari penelitian ini disarankan kepada keluarga remaja disabilitas fisik untuk tetap memberikan dukungan keluarga yang tinggi.

Kata Kunci: Dukungan Keluarga, Harga diri, Remaja Disabilitas Fisik.

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THE CORRELATION BETWEEN FAMILY SUPPORT AND SELF-ESTEEM OF TEENAGERS WITH PHYSICAL DISABILITY AT SLB N 1 BANTUL (STATE SPECIAL SCHOOL 1 OF BANTUL) YOGYAKARTA

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ABSTRACT

Background: Teenagers with physical disability may experience self-esteem issues when they lack support from their family. Self-esteem is the utmost importance among human beings as it influences either physical or mental health.

Research Objective: The purpose of the study is to identify whether there is a correlation between family support and the level of self-esteem among the physically disabled teenagers at SLB N 1 Bantul Yogyakarta.

Research Method: A quantitative research with cross-sectional approach was applied. The research population employs a total sampling of 52 teenagers with physical disability. The level of self-esteem was measured by means of Rosenberg's self-esteem scale, and family support questionnaire. The data was then analyzed by adopting the method of Somers'd correlation test.

Research Findings: It is discovered that 25 respondents (48.1%) receive considerable family support, and 40 respondents (76.9%) have high self-esteem. The statistical test result using Somers'd correlation indicates p-value of 0.001 ($p < 0.05$) and r of 0.280. Thus, there is a correlation at the low category between family support and self-esteem among teenagers with physical disability.

Conclusion: There is a correlation between family support and self-esteem among teenagers with physical disability at SLB N 1 Bantul Yogyakarta. This research suggests that the family members of the teenagers with physical disability should maintain their high support for them.

Key Words: Family Support, Self-Esteem, Teenagers with Physical Disability

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