

LAMPIRAN

UNIVERSITAS JENDERAL ACHMAD YANINGGOGYAKARTA
PERPUSTAKAAN

Lampiran 1 Kuesioner Harga Diri

KUESIONER HARGA DIRI

Berikut merupakan skala yang peneliti susun sebagai instrumen pengumpulan data dalam penelitian terkait "Hubungan Harga Diri dengan Kecemasan Memilih Pasangan Hidup Pada Wanita Dewasa Awal yang Mengalami *Quarter Life Crisis*". Oleh karena itu, saya sebagai peneliti memohon dengan hormat kesediaan saudara untuk mengisi kuesioner berikut ini.

Identitas Responden

Nama :

Jenis Kelamin :

Usia :

Petunjuk Pengerjaan

Bacalah setiap aitem pernyataan dalam kuesioner ini dengan cermat dan teliti agar tidak ada pernyataan yang terlewat. Kemudian pilihlah jawaban dengan memberikan tanda *checklist* (√) pada kolom yang sudah disediakan. Pilihan jawaban yang dapat dipilih adalah:

SS : Sangat Sesuai

S : Sesuai

TS : Tidak Sesuai

STS : Sangat Tidak Sesuai

No.	Pernyataan	Pilihan Jawaban			
		SS	S	TS	STS
1.	Saya merasa diri saya cukup berharga seperti orang lain				
2.	Saya mampu mengerjakan apapun seperti yang dikerjakan orang lain				
3.	Saya merasa tidak banyak yang bisa dibanggakan dari diri saya				
4.	Saya menerima kelebihan dan kekurangan fisik saya apa adanya				
5.	Secara fisik, saya puas dengan diri saya				
6.	Orang lain biasanya akan menghargai apapun yang saya lakukan				
7.	Saya sering merasa tidak berguna				

Lampiran 2 Kuesioner Kecemasan Memilih Pasangan Hidup

KUESIONER KECEMASAN MEMILIH PASANGAN HIDUP

Berikut merupakan skala yang peneliti susun sebagai instrumen pengumpulan data dalam penelitian terkait ” Hubungan Harga Diri dengan Kecemasan Memilih Pasangan Hidup Pada Wanita Dewasa Awal yang Mengalami *Quarter Life Crisis*”. Oleh karena itu, saya sebagai peneliti memohon dengan hormat kesediaan saudara untuk mengisi kuesioner berikut ini..

Identitas Responden

Nama :

Jenis Kelamin :

Usia :

Petunjuk Pengerjaan

Bacalah setiap aitem pernyataan dalam kuesioner ini dengan cermat dan teliti agar tidak ada pernyataan yang terlewat. Kemudian pilihlah jawaban dengan memberikan tanda *checklist* (√) pada kolom yang sudah disediakan. Pilihan jawaban yang dapat dipilih adalah:

SS : Sangat Sesuai

S : Sesuai

TS : Tidak Sesuai

STS : Sangat Tidak Sesuai

No.	Pernyataan	Pilihan Jawaban			
		SS	S	TS	STS
1.	Ketika mendapat pertanyaan mengenai pasangan hidup saya merasa gugup				
2.	Membahas mengenai pasangan hidup membuat saya pusing				
3.	Saya memilih memainkan benda yang ada disekitar saya ketika mendapat pertanyaan seputar pasangan hidup				
4.	Pemikiran tentang memilih pasangan hidup membuat saya sulit fokus akan hal lain				
5.	Memilih pasangan hidup bukan menjadi hal yang dapat mengganggu fokus saya akan hal yang lain				
6.	Saya jarang berkumpul dengan keluarga maupun teman-teman agar terhindar dari pertanyaan mengenai pasangan hidup				

7.	Tuntutan mencari pasangan hidup mengganggu pikiran saya				
8.	Saya membatasi komunikasi dengan orang lain agar tidak mendapat pertanyaan mengenai pasangan hidup				
9.	Tanpa disengaja saya menggigit bibir, meremas tangan dan menggerakkan kaki ketika mendapat pertanyaan mengenai pasangan hidup				
10.	Saya memikirkan tentang bagaimana memilih pasangan hidup yang sesuai dengan diri saya				
11.	Pemikiran tentang kegagalan mendapat pasangan hidup memenuhi isi kepala saya				
12.	Saya merasa tidak mampu mendapat pasangan hidup sesuai dengan diri saya				
13.	Saya langsung menjawab dengan nada marah ketika ada orang lain yang menanyakan tentang pasangan hidup				
14.	Menurut saya memilih pasangan hidup adalah hal yang sulit				
15.	Setelah mendengar pembahasan mengenai pasangan hidup saya langsung merasa sedih				
16.	Saya langsung memusuhi orang yang sering membahas tentang pasangan hidup				
17.	Saya berusaha menghindari orang yang membahas tentang pasangan hidup dengan saya				
18.	Saya menangis seharian karena memikirkan tentang pasangan hidup				
19.	Saya merasa malu ketika diberi pertanyaan mengenai pasangan hidup				
20.	Saya takut tidak bisa menjadi pasangan hidup yang baik bagi pasangan saya				

Lampiran 3 Perhitungan Aiken's V Skala Harga Diri

PERHITUNGAN AIKEN'S V SKALA HARGA DIRI

Aitem	Validator						Σs	n(c-1)	Aiken's V	Keterangan
	1		2		3					
	Skor	s	Skor	s	skor	s				
Aitem 1	4	3	3	2	4	3	8	12	0,67	Valid
Aitem 2	4	3	3	2	4	3	8	12	0,67	Valid
Aitem 3	3	2	4	3	4	3	8	12	0,67	Valid
Aitem 4	4	3	3	2	4	3	8	12	0,67	Valid
Aitem 5	4	3	3	2	4	3	8	12	0,67	Valid
Aitem 6	3	2	4	3	4	3	8	12	0,67	Valid
Aitem 7	4	3	4	3	4	3	9	12	0,75	Valid
Aitem 8	4	3	3	2	4	3	8	12	0,67	Valid
Aitem 9	4	3	4	3	3	2	8	12	0,67	Valid
Aitem 10	3	2	4	3	3	2	7	12	0,58	Valid

Lampiran 4 Perhitungan Aiken's V Skala Kecemasan Memilih Pasangan Hidup

**PERHITUNGAN AIKEN'S V SKALA KECEMASAN MEMILIH PASANGAN
HIDUP**

Aitem	Validator						Σs	n(c-1)	Aiken's V	Keterangan
	1		2		3					
	Skor	s	Skor	s	skor	s				
Aitem 1	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 2	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 3	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 4	5	4	4	3	2	1	8	12	0,67	Valid
Aitem 5	5	4	4	3	3	2	9	12	0,75	Valid
Aitem 6	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 7	5	4	4	3	3	2	9	12	0,75	Valid
Aitem 8	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 9	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 10	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 11	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 12	5	4	4	3	3	2	9	12	0,75	Valid
Aitem 13	5	4	4	3	3	2	9	12	0,75	Valid
Aitem 14	5	4	4	3	3	2	9	12	0,75	Valid
Aitem 15	5	4	4	3	3	2	9	12	0,75	Valid
Aitem 16	5	4	4	3	2	1	8	12	0,67	Valid
Aitem 17	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 18	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 19	5	4	4	3	3	2	9	12	0,75	Valid
Aitem 20	5	4	4	3	3	2	9	12	0,75	Valid
Aitem 21	5	4	4	3	2	1	8	12	0,67	Valid
Aitem 22	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 23	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 24	4	3	4	3	4	3	9	12	0,75	Valid
Aitem 25	5	4	4	3	2	1	8	12	0,67	Valid
Aitem 26	5	4	4	3	2	1	8	12	0,67	Valid
Aitem 27	5	4	4	3	2	1	8	12	0,67	Valid
Aitem 28	5	4	4	3	3	2	9	12	0,75	Valid
Aitem 29	5	4	4	3	4	3	10	12	0,83	Valid
Aitem 30	5	4	4	3	4	3	10	12	0,83	Valid

	N	35	35	35	35	35	35	35	35	35	35	35
Item_8	Pearson Correlation	.427*	.385*	.082	.468**	.048	.237	.182	1	.068	.146	.526**
	Sig. (2-tailed)	.010	.023	.641	.005	.782	.171	.296		.700	.404	.001
	N	35	35	35	35	35	35	35	35	35	35	35
Item_9	Pearson Correlation	.279	.002	.426*	.291	.664**	.154	.254	.068	1	-.240	.633**
	Sig. (2-tailed)	.105	.991	.011	.090	.000	.378	.142	.700		.165	.000
	N	35	35	35	35	35	35	35	35	35	35	35
Item_10	Pearson Correlation	.247	.374*	-.124	-.040	-.317	-.007	-.073	.146	-.240	1	.105
	Sig. (2-tailed)	.152	.027	.478	.821	.063	.970	.679	.404	.165		.549
	N	35	35	35	35	35	35	35	35	35	35	35
SkorTotal	Pearson Correlation	.684**	.364*	.433**	.585**	.592**	.594**	.588**	.526**	.633**	.105	1
	Sig. (2-tailed)	.000	.032	.009	.000	.000	.000	.000	.001	.000	.549	
	N	35	35	35	35	35	35	35	35	35	35	35

** . Correlation is significant at the 0.01 level (2-tailed).

* . Correlation is significant at the 0.05 level (2-tailed).

Aitem	r hitung	Nilai kritis	keterangan
1	0,684	0,3	Valid
2	0,364	0,3	Valid
3	0,433	0,3	Valid
4	0,585	0,3	Valid
5	0,592	0,3	Valid
6	0,594	0,3	Valid
7	0,588	0,3	Valid
8	0,526	0,3	Valid
9	0,633	0,3	Valid
10	0,105	0,3	Tidak Valid

Item_15	Pearson Correlation	.520**	-.477**	.499**	.500**	-.312	.443**	.394	.552**	-.389	.716**	.377**	.570**	.172	.493**	1	.592**
	Sig. (2-tailed)	.001	.004	.002	.002	.068	.008	.019	.001	.021	.000	.025	.000	.322	.003		.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_16	Pearson Correlation	.513**	-.185	.391**	.237	-.167	.475**	.166	.607**	-.586**	.563**	.454**	.156	.033	.372**	.592**	1
	Sig. (2-tailed)	.002	.286	.020	.171	.339	.004	.342	.000	.000	.000	.006	.371	.853	.028	.000	
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_17	Pearson Correlation	.554**	-.610**	.288	.604**	-.545**	.500**	.245	.723**	-.148	.689**	.799**	.575**	.194	.245	.521**	.423
	Sig. (2-tailed)	.001	.000	.093	.000	.001	.002	.156	.000	.395	.000	.000	.000	.263	.156	.001	.011
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_18	Pearson Correlation	-.200	.035	.005	.016	.236	.010	.016	.134	-.079	.042	.018	-.003	.407	-.077	.127	.166
	Sig. (2-tailed)	.249	.842	.980	.929	.172	.957	.929	.443	.650	.809	.917	.985	.015	.662	.468	.339
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_19	Pearson Correlation	-.022	.479**	.062	-.020	.557**	-.087	.254	-.222	.133	-.062	-.282	.055	.358	-.131	-.141	-.327
	Sig. (2-tailed)	.902	.004	.724	.908	.001	.617	.140	.201	.446	.724	.101	.753	.035	.452	.420	.055
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_20	Pearson Correlation	-.261	.237	-.145	-.266	.325	-.224	.056	-.243	.101	-.225	-.295	-.344	.180	-.100	-.121	-.317
	Sig. (2-tailed)	.130	.171	.406	.123	.056	.195	.748	.160	.564	.194	.085	.043	.302	.568	.490	.064
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_21	Pearson Correlation	.363	-.076	.352	.138	-.083	.434**	-.049	.408	-.443**	.321	.349	.027	.009	.424	.322	.791**
	Sig. (2-tailed)	.032	.663	.038	.428	.637	.009	.778	.015	.008	.060	.040	.879	.960	.011	.059	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_22	Pearson Correlation	.793**	-.377**	.429**	.555**	-.408**	.545**	.153	.588**	-.232	.638**	.605**	.361	.229	.112	.545**	.494**
	Sig. (2-tailed)	.000	.026	.010	.001	.015	.001	.381	.000	.180	.000	.000	.033	.186	.521	.001	.003
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_23	Pearson Correlation	-.304	.617**	-.031	-.462**	.628**	-.389	-.175	-.612**	.070	-.400	-.670**	-.555**	-.004	-.189	-.308	-.281

	Sig. (2-tailed)	.076	.000	.862	.005	.000	.021	.315	.000	.691	.017	.000	.001	.983	.277	.072	.102
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_24	Pearson Correlation	.406**	-.487**	.222	.524**	-.415**	.561**	.250	.639**	-.130	.472**	.657**	.519**	-.008	.267	.417**	.443**
	Sig. (2-tailed)	.016	.003	.201	.001	.013	.000	.147	.000	.456	.004	.000	.001	.963	.121	.013	.008
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_25	Pearson Correlation	.394*	-.509**	.321	.396**	-.436**	.485**	.236	.695**	-.248	.629**	.793**	.484**	.191	.492**	.527**	.549**
	Sig. (2-tailed)	.019	.002	.060	.019	.009	.003	.173	.000	.152	.000	.000	.003	.271	.003	.001	.001
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_26	Pearson Correlation	-.022	-.026	-.003	.039	-.028	.135	-.215	-.057	.165	-.069	.116	.134	.382**	-.192	-.172	-.163
	Sig. (2-tailed)	.900	.882	.985	.823	.873	.440	.214	.745	.343	.692	.506	.442	.024	.269	.324	.350
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_27	Pearson Correlation	.524**	-.404**	.275	.634**	-.348**	.525**	.323	.651**	-.184	.696**	.605**	.662**	.208	.521**	.559**	.430**
	Sig. (2-tailed)	.001	.016	.110	.000	.041	.001	.058	.000	.289	.000	.000	.000	.231	.001	.000	.010
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_28	Pearson Correlation	.322	-.433**	.367	.420	-.349**	.335	.295	.490**	-.132	.554**	.446**	.571**	.059	.544**	.402	.384
	Sig. (2-tailed)	.059	.009	.030	.012	.040	.049	.085	.003	.450	.001	.007	.000	.737	.001	.017	.023
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_29	Pearson Correlation	-.237	.085	-.052	-.119	.033	-.152	-.240	-.124	.219	-.170	-.056	-.274	.397	-.304	-.257	-.103
	Sig. (2-tailed)	.170	.629	.768	.495	.849	.384	.165	.478	.205	.329	.750	.111	.018	.076	.137	.555
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_30	Pearson Correlation	.561**	-.200	.611**	.467**	-.254	.459**	.310	.372	-.223	.477**	.375	.263	.120	.515**	.529**	.441**
	Sig. (2-tailed)	.000	.250	.000	.005	.141	.006	.070	.028	.198	.004	.026	.127	.491	.002	.001	.008
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
SkorTotal	Pearson Correlation	.750**	-.287	.664**	.678**	-.208	.770**	.491**	.755**	-.287	.807**	.723**	.603**	.365	.463**	.717**	.644**
	Sig. (2-tailed)	.000	.094	.000	.000	.231	.000	.003	.000	.094	.000	.000	.000	.031	.005	.000	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35

** . Correlation is significant at the 0.01 level (2-tailed). * . Correlation is significant at the 0.05 level (2-tailed).

Correlations

		Item_17	Item_18	Item_19	Item_20	Item_21	Item_22	Item_23	Item_24	Item_25	Item_26	Item_27	Item_28	Item_29	Item_30	SkorTotal
Item_1	Pearson Correlation	.554**	-.200	-.022	-.261	.363	.793**	-.304	.406	.394	-.022	.524**	.322	-.237	.561**	.750**
	Sig. (2-tailed)	.001	.249	.902	.130	.032	.000	.076	.016	.019	.900	.001	.059	.170	.000	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_2	Pearson Correlation	-.610**	.035	.479**	.237	-.076	-.377**	.617**	-.487**	-.509**	-.026	-.404*	-.433**	.085	-.200	-.287
	Sig. (2-tailed)	.000	.842	.004	.171	.663	.026	.000	.003	.002	.882	.016	.009	.629	.250	.094
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_3	Pearson Correlation	.288	.005	.062	-.145	.352	.429	-.031	.222	.321	-.003	.275	.367*	-.052	.611**	.664**
	Sig. (2-tailed)	.093	.980	.724	.406	.038	.010	.862	.201	.060	.985	.110	.030	.768	.000	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_4	Pearson Correlation	.604**	.016	-.020	-.266	.138	.555**	-.462**	.524**	.396*	.039	.634**	.420*	-.119	.467**	.678**
	Sig. (2-tailed)	.000	.929	.908	.123	.428	.001	.005	.001	.019	.823	.000	.012	.495	.005	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_5	Pearson Correlation	-.545**	.236	.557**	.325	-.083	-.408	.628**	-.415	-.436**	-.028	-.348	-.349	.033	-.254	-.208
	Sig. (2-tailed)	.001	.172	.001	.056	.637	.015	.000	.013	.009	.873	.041	.040	.849	.141	.231
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_6	Pearson Correlation	.500**	.010	-.087	-.224	.434**	.545**	-.389*	.561**	.485**	.135	.525**	.335*	-.152	.459**	.770**
	Sig. (2-tailed)	.002	.957	.617	.195	.009	.001	.021	.000	.003	.440	.001	.049	.384	.006	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_7	Pearson Correlation	.245	.016	.254	.056	-.049	.153	-.175	.250	.236	-.215	.323	.295	-.240	.310	.491**
	Sig. (2-tailed)	.156	.929	.140	.748	.778	.381	.315	.147	.173	.214	.058	.085	.165	.070	.003
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_8	Pearson Correlation	.723**	.134	-.222	-.243	.408*	.588**	-.612**	.639**	.695**	-.057	.651**	.490**	-.124	.372*	.755**
	Sig. (2-tailed)	.000	.443	.201	.160	.015	.000	.000	.000	.000	.745	.000	.003	.478	.028	.000

	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_9	Pearson Correlation	-.148	-.079	.133	.101	-.443**	-.232	.070	-.130	-.248	.165	-.184	-.132	.219	-.223	-.287
	Sig. (2-tailed)	.395	.650	.446	.564	.008	.180	.691	.456	.152	.343	.289	.450	.205	.198	.094
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_10	Pearson Correlation	.689**	.042	-.062	-.225	.321	.638**	-.400	.472**	.629**	-.069	.696**	.554**	-.170	.477**	.807**
	Sig. (2-tailed)	.000	.809	.724	.194	.060	.000	.017	.004	.000	.692	.000	.001	.329	.004	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_11	Pearson Correlation	.799**	.018	-.282	-.295	.349	.605**	-.670**	.657**	.793**	.116	.605**	.446**	-.056	.375	.723**
	Sig. (2-tailed)	.000	.917	.101	.085	.040	.000	.000	.000	.000	.506	.000	.007	.750	.026	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_12	Pearson Correlation	.575**	-.003	.055	-.344	.027	.361	-.555**	.519**	.484**	.134	.662**	.571**	-.274	.263	.603**
	Sig. (2-tailed)	.000	.985	.753	.043	.879	.033	.001	.001	.003	.442	.000	.000	.111	.127	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_13	Pearson Correlation	.194	.407	.358	.180	.009	.229	-.004	-.008	.191	.382	.208	.059	.397	.120	.365
	Sig. (2-tailed)	.263	.015	.035	.302	.960	.186	.983	.963	.271	.024	.231	.737	.018	.491	.031
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_14	Pearson Correlation	.245	-.077	-.131	-.100	.424	.112	-.189	.267	.492**	-.192	.521**	.544**	-.304	.515**	.463**
	Sig. (2-tailed)	.156	.662	.452	.568	.011	.521	.277	.121	.003	.269	.001	.001	.076	.002	.005
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_15	Pearson Correlation	.521**	.127	-.141	-.121	.322	.545**	-.308	.417	.527**	-.172	.559**	.402	-.257	.529**	.717**
	Sig. (2-tailed)	.001	.468	.420	.490	.059	.001	.072	.013	.001	.324	.000	.017	.137	.001	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_16	Pearson Correlation	.423	.166	-.327	-.317	.791**	.494**	-.281	.443**	.549**	-.163	.430**	.384	-.103	.441**	.644**
	Sig. (2-tailed)	.011	.339	.055	.064	.000	.003	.102	.008	.001	.350	.010	.023	.555	.008	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_17	Pearson Correlation	1	-.034	-.294	-.382	.235	.773**	-.701**	.605**	.733**	.156	.658**	.418	-.082	.328	.678**

	Sig. (2-tailed)		.848	.087	.023	.174	.000	.000	.000	.000	.370	.000	.013	.641	.055	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_18	Pearson Correlation	-.034	1	.189	.196	.092	-.059	.159	.104	.122	.084	.060	-.065	.490**	-.200	.203
	Sig. (2-tailed)	.848		.278	.259	.600	.738	.361	.553	.487	.632	.730	.712	.003	.249	.243
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_19	Pearson Correlation	-.294	.189	1	.125	-.261	-.280	.385	-.357	-.258	.032	.041	-.013	.034	.034	.071
	Sig. (2-tailed)	.087	.278		.474	.130	.103	.023	.035	.135	.855	.817	.941	.848	.846	.684
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_20	Pearson Correlation	-.382	.196	.125	1	-.314	-.274	.429	-.391	-.366	-.067	-.449**	-.484**	-.013	-.216	-.262
	Sig. (2-tailed)	.023	.259	.474		.066	.111	.010	.020	.031	.701	.007	.003	.939	.213	.129
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_21	Pearson Correlation	.235	.092	-.261	-.314	1	.347	-.203	.328	.491**	-.027	.376	.363	-.027	.432**	.531**
	Sig. (2-tailed)	.174	.600	.130	.066		.041	.242	.054	.003	.877	.026	.032	.880	.010	.001
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_22	Pearson Correlation	.773**	-.059	-.280	-.274	.347	1	-.486**	.480**	.522**	.204	.478**	.211	-.042	.422	.667**
	Sig. (2-tailed)	.000	.738	.103	.111	.041		.003	.003	.001	.239	.004	.223	.810	.012	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_23	Pearson Correlation	-.701**	.159	.385	.429	-.203	-.486**	1	-.705**	-.684**	-.163	-.502**	-.429	.098	-.052	-.408
	Sig. (2-tailed)	.000	.361	.023	.010	.242	.003		.000	.000	.348	.002	.010	.576	.769	.015
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_24	Pearson Correlation	.605**	.104	-.357	-.391	.328	.480**	-.705**	1	.762**	-.077	.598**	.573**	.031	.040	.603**
	Sig. (2-tailed)	.000	.553	.035	.020	.054	.003	.000		.000	.659	.000	.000	.862	.821	.000
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	35
Item_25	Pearson Correlation	.733**	.122	-.258	-.366	.491**	.522**	-.684**	.762**	1	-.003	.627**	.609**	.066	.312	.720**

	Sig. (2-tailed)	.000	.487	.135	.031	.003	.001	.000	.000	.989	.000	.000	.708	.068	.000	
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	
Item_26	Pearson Correlation	.156	.084	.032	-.067	-.027	.204	-.163	-.077	-.003	1	-.011	-.088	.233	-.109	.068
	Sig. (2-tailed)	.370	.632	.855	.701	.877	.239	.348	.659	.989	.951	.613	.177	.531	.699	
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	
Item_27	Pearson Correlation	.658**	.060	.041	-.449**	.376*	.478**	-.502**	.598**	.627**	-.011	1	.658**	-.247	.375**	.773**
	Sig. (2-tailed)	.000	.730	.817	.007	.026	.004	.002	.000	.000	.951	.000	.153	.026	.000	
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	
Item_28	Pearson Correlation	.418*	-.065	-.013	-.484**	.363*	.211	-.429*	.573**	.609**	-.088	.658**	1	-.122	.307	.595**
	Sig. (2-tailed)	.013	.712	.941	.003	.032	.223	.010	.000	.000	.613	.000	.485	.072	.000	
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	
Item_29	Pearson Correlation	-.082	.490**	.034	-.013	-.027	-.042	.098	.031	.066	.233	-.247	-.122	1	-.258	-.088
	Sig. (2-tailed)	.641	.003	.848	.939	.880	.810	.576	.862	.708	.177	.153	.485	.134	.614	
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	
Item_30	Pearson Correlation	.328	-.200	.034	-.216	.432**	.422*	-.052	.040	.312	-.109	.375*	.307	-.258	1	.586**
	Sig. (2-tailed)	.055	.249	.846	.213	.010	.012	.769	.821	.068	.531	.026	.072	.134	.000	
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	
SkorTotal	Pearson Correlation	.678**	.203	.071	-.262	.531**	.667**	-.408*	.603**	.720**	.068	.773**	.595**	-.088	.586**	1
	Sig. (2-tailed)	.000	.243	.684	.129	.001	.000	.015	.000	.000	.699	.000	.000	.614	.000	
	N	35	35	35	35	35	35	35	35	35	35	35	35	35	35	

** . Correlation is significant at the 0.01 level (2-tailed).

* . Correlation is significant at the 0.05 level (2-tailed).

Aitem	r hitung	Nilai kritis	keterangan
1	0,75	0,3	Valid
2	-0,287	0,3	Tidak Valid
3	0,664	0,3	Valid
4	0,678	0,3	Valid
5	-0,208	0,3	Tidak Valid
6	0,77	0,3	Valid
7	0,491	0,3	Valid
8	0,755	0,3	Valid
9	-0,287	0,3	Tidak Valid
10	0,807	0,3	Valid
11	0,723	0,3	Valid
12	0,603	0,3	Valid
13	0,365	0,3	Valid
14	0,463	0,3	Valid
15	0,717	0,3	Valid
16	0,644	0,3	Valid
17	0,678	0,3	Valid
18	0,203	0,3	Tidak Valid
19	0,071	0,3	Tidak Valid
20	-0,262	0,3	Tidak Valid
21	0,531	0,3	Valid
22	0,667	0,3	Valid
23	-0,408	0,3	Tidak Valid
24	0,603	0,3	Valid
25	0,72	0,3	Valid
26	0,068	0,3	Tidak Valid
27	0,773	0,3	Valid
28	0,595	0,3	Valid
29	-0,088	0,3	Tidak Valid
30	0,586	0,3	Valid

Lampiran 7 Uji Validitas dan Reliabilitas Skala Harga Diri

UJI VALIDITAS DAN RELIABILITAS SKALA HARGA DIRI *TRYOUT***Case Processing Summary**

		N	%
Cases	Valid	35	100.0
	Excluded ^a	0	.0
	Total	35	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.682	10

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
Item_1	26.69	11.869	.586	.622
Item_2	26.51	13.492	.241	.674
Item_3	27.63	12.358	.193	.697
Item_4	26.86	12.067	.450	.640
Item_5	27.34	11.585	.423	.641
Item_6	26.83	11.734	.439	.639
Item_7	27.20	11.459	.405	.645
Item_8	27.17	12.499	.391	.651
Item_9	27.74	11.197	.465	.632
Item_10	26.54	14.550	-.068	.721

UJI VALIDITAS DAN RELIABILITAS SKALA HARGA DIRI SETELAH TRYOUT

Case Processing Summary

		N	%
Cases	Valid	35	100.0
	Excluded ^a	0	.0
	Total	35	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.744	7

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
Item_1	17.20	8.929	.500	.709
Item_4	17.37	8.593	.510	.704
Item_5	17.86	8.067	.497	.704
Item_6	17.34	8.232	.509	.701
Item_7	17.71	8.092	.442	.720
Item_8	17.69	9.398	.331	.738
Item_9	18.26	8.079	.456	.715

Lampiran 8 Uji Validitas dan Reliabilitas Skala Kecemasan Memilih Pasangan Hidup

**UJI VALIDITAS DAN RELIABILITAS SKALA KECEMASAN MEMILIH
PASANGAN HIDUP *TRYOUT***

Case Processing Summary

		N	%
Cases	Valid	35	100.0
	Excluded ^a	0	.0
	Total	35	100.0

Reliability Statistics

Cronbach's Alpha	N of Items
.850	30

a. Listwise deletion based on all variables in the procedure.

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
Item_1	66.97	129.205	.712	.835
Item_2	67.14	152.479	-.353	.865
Item_3	66.69	129.928	.612	.837
Item_4	67.11	133.104	.640	.839
Item_5	67.14	150.303	-.272	.862
Item_6	67.03	125.558	.727	.832
Item_7	66.69	140.634	.184	.851
Item_8	67.46	129.020	.717	.835
Item_9	67.11	147.692	-.136	.860
Item_10	66.91	125.845	.773	.831
Item_11	67.37	130.005	.683	.836
Item_12	67.26	132.903	.551	.840
Item_13	67.66	139.291	.308	.847
Item_14	66.00	137.059	.407	.845
Item_15	66.71	128.504	.671	.835
Item_16	66.94	130.408	.590	.838
Item_17	67.71	131.210	.633	.838
Item_18	68.09	143.139	.159	.850
Item_19	67.20	144.753	-.007	.856
Item_20	66.57	153.076	-.339	.867
Item_21	66.40	133.835	.469	.842
Item_22	67.17	130.264	.616	.837
Item_23	66.31	155.163	-.468	.868
Item_24	67.83	132.617	.550	.840
Item_25	67.60	130.306	.680	.836
Item_26	67.77	144.829	.008	.854
Item_27	67.37	124.770	.728	.832
Item_28	67.26	133.491	.544	.840
Item_29	67.89	147.163	-.138	.856
Item_30	66.06	133.055	.531	.841

**UJI VALIDITAS DAN RELIABILITAS SKALA KECEMASAN MEMILIH
PASANGAN HIDUP *TRYOUT***

Case Processing Summary

		N	%
Cases	Valid	35	100.0
	Excluded ^a	0	.0
	Total	35	100.0

Reliability Statistics

Cronbach's Alpha	N of Items
.946	20

a. Listwise deletion based on all variables in the procedure.

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
Aitem1	45.14	166.420	.741	.942
Aitem3	44.86	169.008	.570	.945
Aitem4	45.29	170.739	.678	.943
Aitem6	45.20	162.871	.730	.942
Aitem7	45.29	175.857	.426	.946
Aitem8	45.63	165.358	.783	.941
Aitem10	45.09	162.257	.812	.940
Aitem11	45.54	165.844	.777	.941
Aitem12	45.43	169.958	.610	.944
Aitem14	44.17	174.499	.479	.946
Aitem15	44.89	165.222	.713	.942
Aitem16	45.11	167.163	.641	.943
Aitem17	45.89	166.692	.750	.942
Aitem21	44.57	171.958	.486	.946
Aitem22	45.34	166.585	.686	.943
Aitem24	46.00	168.471	.657	.943
Aitem25	45.77	166.534	.760	.941
Aitem27	45.54	161.079	.763	.941
Aitem28	45.43	170.370	.616	.944
Aitem30	44.23	170.652	.567	.944

Lampiran 9 Tabulasi Data *Tryout* Variabel Harga DiriTABULASI DATA *TRYOUT* VARIABEL HARGA DIRI

SUBJEK	USIA	DAERAH ASAL	A1	A2	A3*	A4	A5*	A6	A7	A8	A9*	A10	JUMLAH
Subjek 1	22	Temanggung	3	4	1	3	2	1	1	3	1	4	23
Subjek 2	21	jogja	4	4	2	4	2	3	1	4	1	4	29
Subjek 3	22	Sleman	4	4	3	3	3	4	4	4	2	4	35
Subjek 4	21	Yogyakarta	3	3	3	3	3	2	2	3	3	3	28
Subjek 5	22	Temanggung	4	4	4	4	4	4	4	3	3	4	38
Subjek 6	24	Jambi	4	4	1	4	1	4	4	4	1	4	31
Subjek 7	21	Purwakarta	4	4	4	4	3	3	3	3	4	3	35
Subjek 8	23	Maluku utara	3	4	1	4	3	4	2	2	2	4	29
Subjek 9	21	Magelang	3	3	1	3	2	3	2	2	2	3	24
Subjek 10	21	Garut	3	3	3	3	2	4	2	3	1	4	28
Subjek 11	22	Lampung	3	3	1	4	4	4	4	3	2	1	29
Subjek 12	21	Klaten	4	4	4	3	2	3	3	3	2	3	31
Subjek 13	22	Kulon Progo	3	4	3	3	4	3	3	3	3	3	32
Subjek 14	22	Yogyakarta	4	4	2	3	4	4	4	3	3	3	34
Subjek 15	22	Medan, Sumut	3	3	3	3	3	3	3	3	3	4	31
Subjek 16	21	Bantul	2	3	1	3	2	3	3	3	1	4	25
Subjek 17	21	Yogyakarta	3	4	2	2	3	3	3	2	2	4	28
Subjek 18	21	Cimahi	4	4	3	4	2	4	4	4	2	4	35
Subjek 19	21	Jawa tengah	4	4	2	4	3	3	2	3	3	4	32
Subjek 20	22	Jogja	3	3	3	3	2	3	2	2	3	3	27
Subjek 21	21	Purworejo	2	3	4	3	3	2	2	3	2	3	27
Subjek 22	21	Bekasi	3	4	3	3	2	3	3	3	2	4	30
Subjek 23	22	Bekasi	4	4	2	2	2	4	4	3	2	4	31
Subjek 24	21	Sleman	3	3	3	3	3	4	4	2	3	3	31
Subjek 25	21	Bantul	3	3	3	3	3	3	3	3	3	3	30
Subjek 26	21	Jogja	4	4	2	4	4	4	3	3	3	4	35
Subjek 27	21	DIY	3	4	1	1	1	2	2	2	1	4	21
Subjek 28	23	Klaten	3	3	3	3	3	3	3	3	3	3	30
Subjek 29	22	Yogyakarta	3	3	3	3	2	3	3	2	2	4	28
Subjek 30	22	Yogyakarta	4	3	3	4	4	4	3	3	3	4	35
Subjek 31	22	jogja	4	4	3	3	3	3	2	3	3	3	31
Subjek 32	22	Jogja	3	3	3	3	3	3	3	3	3	3	30
Subjek 33	21	Magelang	4	4	1	4	3	4	3	4	4	4	35
Subjek 34	22	Yogyakarta	3	3	2	3	2	4	2	2	1	3	25
Subjek 35	22	Magelang	4	3	2	3	3	2	4	2	2	4	29

Catatan:Kotak yang diberi tanda (*) adalah aitem *unfavorable*

Lampiran 10 Tabulasi Data *Tryout* Variabel Kecemasan Memilih Pasangan Hidup

**TABULASI DATA TRYOUT VARIABEL KECEMASAN MEMILIH PASANGAN
HIDUP**

SUBJEK	USIA	DAERAH ASAL	A1	A2*	A3	A4	A5*	A6	A7*	A8	A9*	A10
Subjek 1	22	Temanggung	4	1	4	4	1	4	4	4	1	4
Subjek 2	21	jogja	3	2	2	3	1	2	2	2	1	2
Subjek 3	22	Sleman	2	2	2	2	2	2	3	2	2	2
Subjek 4	21	Yogyakarta	4	2	2	3	2	4	4	3	3	4
Subjek 5	22	Temanggung	3	1	3	3	1	3	3	3	1	4
Subjek 6	24	Jambi	3	3	3	3	3	4	2	3	3	4
Subjek 7	21	Purwakarta	3	1	4	3	2	3	4	2	2	4
Subjek 8	23	Maluku utara	2	2	3	1	3	1	1	2	3	3
Subjek 9	21	Magelang	2	1	4	2	2	3	2	1	3	2
Subjek 10	21	Garut	3	3	2	2	3	1	2	1	2	3
Subjek 11	22	Lampung	3	3	4	3	3	2	2	3	3	4
Subjek 12	21	Klaten	1	2	2	2	1	1	4	1	1	1
Subjek 13	22	Kulon Progo	1	2	1	1	3	1	2	1	2	2
Subjek 14	22	Yogyakarta	2	2	2	2	2	2	3	1	3	2
Subjek 15	22	Medan, Sumut	3	4	4	2	3	2	2	1	3	2
Subjek 16	21	Bantul, Yogyakarta	2	3	3	2	2	1	3	1	3	2
Subjek 17	21	Yogyakarta	2	1	1	2	1	1	1	3	1	3
Subjek 18	21	Cimahi	4	4	4	2	3	4	3	2	1	2
Subjek 19	21	Jawa tengah	4	1	4	4	1	4	4	4	1	4
Subjek 20	22	Jogja	2	2	3	3	3	3	3	4	4	3
Subjek 21	21	Purworejo	1	4	1	1	4	1	3	1	4	1
Subjek 22	21	Bekasi	2	3	4	1	3	4	2	2	3	2
Subjek 23	22	Bekasi	2	2	3	3	2	2	3	2	2	3
Subjek 24	21	Sleman	2	2	4	2	2	4	4	3	1	2
Subjek 25	21	Bantul	2	3	2	3	3	2	3	1	3	1
Subjek 26	21	Jogja	1	3	1	1	3	1	4	1	1	1
Subjek 27	21	DIY	4	3	4	2	3	3	2	2	2	4
Subjek 28	23	Klaten	3	2	3	3	2	3	2	2	3	2
Subjek 29	22	Yogyakarta	3	1	3	2	1	3	4	2	2	4
Subjek 30	22	Yogyakarta	2	3	3	2	3	1	3	1	3	2
Subjek 31	22	jogja	2	3	3	3	3	3	3	1	3	2
Subjek 32	22	Jogja	2	3	2	2	3	2	3	2	3	1
Subjek 33	21	Magelang	1	2	1	2	2	1	1	1	3	1
Subjek 34	22	Yogyakarta	2	2	2	2	2	2	2	2	3	2
Subjek 35	22	Magelang	4	2	3	3	2	4	3	2	2	3

A11	A12	A13*	A14	A15	A16	A17	A18*	A19*	A20*	A21
4	4	1	4	4	4	4	1	1	1	4
2	2	2	3	2	1	1	1	2	3	2
1	2	2	2	2	2	1	1	2	4	2
3	3	2	4	4	4	2	1	2	2	4
4	3	2	4	3	3	3	2	1	2	3
3	3	3	4	4	4	2	2	3	3	4
2	4	1	4	4	1	2	1	3	3	1
1	2	2	4	4	3	1	1	2	3	3
1	2	1	4	4	3	1	2	2	3	4
1	2	1	3	1	3	1	1	3	1	4
2	2	3	4	4	4	2	3	3	4	4
1	1	1	4	2	3	1	1	1	1	4
2	2	2	3	2	2	2	2	2	3	2
2	2	2	4	2	2	1	2	2	4	3
2	1	3	3	1	1	1	1	4	3	3
1	2	2	4	3	2	1	1	3	4	1
3	1	2	4	3	3	3	1	1	4	3
2	1	1	4	3	4	1	1	2	2	4
4	4	1	4	4	4	4	1	1	1	4
2	2	3	4	3	3	2	2	4	3	4
1	1	1	1	1	1	1	2	4	2	1
3	1	1	4	1	3	1	1	2	4	4
2	2	2	4	3	1	2	1	2	3	2
3	2	2	3	3	3	2	2	1	2	4
1	3	3	3	3	2	1	2	3	4	3
1	1	1	3	1	1	1	1	1	4	3
2	1	1	2	4	4	2	1	1	4	4
2	2	3	2	2	2	3	1	2	2	2
3	4	3	4	4	3	3	1	3	1	4
1	2	1	4	3	2	1	1	3	3	3
2	3	1	3	2	1	1	1	3	3	2
2	2	1	3	2	2	1	1	3	3	3
1	2	1	4	2	2	1	1	1	3	3
2	2	2	2	2	2	1	2	2	4	2
3	3	2	4	3	2	3	1	3	4	3

A22	A23*	A24	A25	A26*	A27	A28	A29*	A30	JUMLAH
4	1	4	4	1	4	4	1	4	90
3	3	1	1	2	2	2	1	4	60
2	2	2	1	2	1	2	2	1	57
3	2	4	3	1	4	3	1	4	87
3	2	3	3	2	3	3	2	3	79
2	3	2	3	2	4	3	2	4	91
2	3	1	1	1	3	3	1	4	73
2	4	1	2	1	1	3	1	4	66
2	4	2	2	1	1	2	2	4	69
2	4	1	1	2	2	3	2	3	63
3	4	1	2	2	3	2	2	4	88
1	3	1	1	1	2	3	2	4	54
2	3	2	2	2	2	2	2	2	59
2	3	2	2	2	1	2	2	2	65
2	4	1	2	1	1	2	3	4	69
1	4	1	1	1	1	2	1	3	61
3	2	1	3	1	1	1	2	4	62
3	4	1	1	1	2	1	1	4	72
4	1	4	4	1	4	4	1	4	90
2	3	2	2	1	4	3	1	4	84
1	4	1	1	1	1	1	2	1	50
1	4	1	2	2	1	3	1	4	70
2	4	2	2	2	3	3	2	3	71
3	2	3	3	3	2	2	3	3	77
2	4	1	1	2	1	2	2	3	69
1	3	1	1	2	1	1	1	1	47
4	4	1	1	1	1	1	1	4	73
4	3	1	1	4	1	1	2	4	69
3	2	1	3	3	4	3	1	4	82
2	3	1	2	2	2	2	1	4	66
1	3	1	1	2	1	1	1	4	63
1	3	1	1	2	1	2	1	3	61
1	4	1	1	1	2	1	1	3	51
1	4	1	1	1	1	1	2	3	59
4	3	2	2	2	4	2	1	4	83

Catatan:

Kotak yang diberi tanda (*) adalah aitem *unfavorable*

Lampiran 11 Tabulasi Data Penelitian Variabel Harga Diri

TABULASI DATA PENELITIAN VARIABEL HARGA DIRI

NAMA	USIA	DAERAH ASAL	A1	A2	A3*	A4	A5	A6	A7*	JUMLAH
Subjek1	22	Kebumen	3	4	2	3	4	3	1	20
Subjek2	23	Temanggung	4	4	3	4	3	3	2	23
Subjek3	22	Yogyakarta	4	4	4	4	3	4	3	26
Subjek4	21	Solo	3	3	2	3	2	3	3	19
Subjek5	22	Yogyakarta	1	3	2	3	2	2	1	14
Subjek6	27	Solo	4	4	4	4	4	3	4	27
Subjek7	21	Purworejo, Jateng	3	3	3	2	2	3	3	19
Subjek8	24	Depok	4	4	2	2	1	4	3	20
Subjek9	23	Tuban	4	3	2	2	2	3	3	19
Subjek10	24	Tuban	4	4	3	4	3	4	3	25
Subjek11	21	Magelang	3	4	3	4	3	3	4	24
Subjek12	22	Yogyakarta	4	4	1	1	1	3	1	15
Subjek13	24	Yogyakarta	3	3	2	3	3	3	1	18
Subjek14	21	Semarang	2	3	2	3	3	3	2	18
Subjek15	22	Bojonegoro	2	2	4	3	1	2	1	15
Subjek16	22	Sleman	3	3	2	3	3	2	1	17
Subjek17	30	Purbalingga	4	4	4	4	4	1	1	22
Subjek18	28	Pontianak	3	4	4	4	4	4	2	25
Subjek19	21	Pati	4	4	3	4	3	3	4	25
Subjek20	22	jogja	4	2	3	3	3	3	4	22
Subjek21	21	Sleman	4	3	4	3	3	3	3	23
Subjek22	28	Kudus	4	3	2	4	4	4	2	23
Subjek23	22	Pati	3	3	2	4	3	4	2	21
Subjek24	22	Pati	3	4	4	4	3	2	3	23
Subjek25	21	Wonogiri	3	3	3	3	3	2	2	19
Subjek26	24	Pati	3	2	3	4	4	3	3	22
Subjek27	22	Pati	2	3	2	3	3	3	2	18
Subjek28	22	Sleman	4	3	3	4	2	3	4	23
Subjek29	21	temanggung	4	3	2	4	4	4	3	24
Subjek30	25	Jepara	4	4	3	2	3	2	4	22
Subjek31	22	Yogyakarta	4	4	4	4	4	4	4	28
Subjek32	28	Salatiga	3	3	3	3	3	3	3	21
Subjek33	22	Yogyakarta	4	4	4	4	4	3	4	27
Subjek34	25	Semarang	1	3	1	3	2	1	1	12
Subjek35	27	Palembang	4	4	2	3	2	4	2	21
Subjek36	22	Yogyakarta	4	4	1	4	4	3	1	21
Subjek37	23	Bantul Yogyakarta	3	3	3	4	3	3	4	23
Subjek38	26	Ungaran	3	3	4	3	3	3	4	23

Subjek39	29	Palu	4	4	3	4	3	2	3	23
Subjek40	22	Jogja	3	3	3	4	3	3	3	22
Subjek41	21	Jakarta	3	3	3	3	3	3	2	20
Subjek42	22	Yogyakarta	4	4	4	4	2	4	4	26
Subjek43	25	Palembang	4	4	3	4	4	4	3	26
Subjek44	22	Boyolali	3	2	1	3	3	2	1	15
Subjek45	22	Yogyakarta	4	4	4	4	4	3	3	26
Subjek46	26	Palembang	4	3	3	3	3	3	3	22
Subjek47	22	Wonogiri	3	3	3	3	3	2	3	20
Subjek48	24	Temanggung	4	3	3	3	2	2	3	20
Subjek49	23	Kalibawang	4	4	4	4	3	4	4	27
Subjek50	21	jogja	4	4	1	4	4	3	1	21
Subjek51	29	Solo	4	2	3	2	2	3	3	19
Subjek52	21	Sleman	4	4	4	4	4	3	4	27
Subjek53	22	Pati, Jateng	4	3	4	4	4	4	4	27
Subjek54	28	Pati, Jawa Tengah	4	2	4	4	4	3	2	23
Subjek55	22	Bantul	4	4	4	4	4	3	4	27
Subjek56	21	Pati	3	2	3	4	2	2	3	19
Subjek57	22	Yogyakarta	3	4	4	4	3	4	3	25
Subjek58	22	Jogja	3	3	2	3	2	3	3	19
Subjek59	29	Jogja	4	3	4	4	3	3	2	23
Subjek60	21	Purwokerto	2	2	3	4	2	3	2	18
Subjek61	22	Yogyakarta	3	3	3	3	3	3	2	20
Subjek62	21	Sleman Yogyakarta	2	2	4	2	2	2	1	15
Subjek63	22	Jogja	3	3	3	3	3	3	3	21
Subjek64	21	trenggalek	3	4	3	2	2	3	2	19
Subjek65	21	Magelang	4	3	4	3	3	3	4	24
Subjek66	22	Sleman, Yogyakarta	2	2	3	3	3	2	2	17
Subjek67	21	Yogyakarta	4	3	2	4	4	3	3	23
Subjek68	22	Sumenep	4	3	4	4	3	3	4	25
Subjek69	21	Yogyakarta	3	3	1	2	2	2	2	15
Subjek70	21	DIY	3	3	3	3	3	3	3	21
Subjek71	31	Karawang	4	4	4	4	4	4	4	28
Subjek72	22	Yogyakarta	3	3	1	4	3	4	2	20
Subjek73	21	Karawang	4	4	3	4	4	4	4	27
Subjek74	23	Pati	4	4	1	4	4	4	1	22
Subjek75	22	Magetan	2	2	3	4	3	4	4	22
Subjek76	21	Sleman	3	3	4	3	3	3	4	23
Subjek77	26	Palembang	4	3	3	3	3	3	3	22
Subjek78	26	Palembang	4	4	3	4	3	3	3	24
Subjek79	21	Kulon Progo	3	3	3	3	3	3	3	21
Subjek80	26	palembang	4	3	3	3	3	3	2	21
Subjek81	25	bekasi	4	4	3	4	4	4	3	26
Subjek82	26	Palembang	4	4	4	3	3	3	4	25
Subjek83	24	Jambi	4	4	1	4	4	4	2	23

Subjek84	24	Lampung	3	3	4	2	3	2	4	21
Subjek85	25	Lampung	4	4	3	3	4	3	3	24
Subjek86	24	lampung	3	3	1	4	4	2	3	20
Subjek87	23	Sridadi	4	3	3	4	3	4	3	24
Subjek88	24	Riau	4	4	2	4	4	3	3	24
Subjek89	24	Prabumulih Sumatera Selatan	3	4	3	3	3	4	1	21
Subjek90	26	Palembang	4	4	4	4	4	3	4	27
Subjek91	22	sleman, yogyakarta	4	4	3	4	4	4	4	27
Subjek92	22	Solo	4	4	2	4	4	3	2	23
Subjek93	32	maro sebomilir	3	4	3	4	4	3	4	25
Subjek94	22	jogja	2	2	1	2	3	2	1	13
Subjek95	22	yogyakarta	4	3	3	4	4	4	4	26
Subjek96	21	Sleman	4	1	2	2	2	2	2	15
Subjek97	26	Ogan Komering Ulu	3	3	3	3	3	3	3	21
Subjek98	27	palembang	4	4	4	4	4	4	4	28
Subjek99	25	Palembang	3	4	4	4	3	3	4	25
Subjek100	26	ogan ilir sumsel	4	4	2	3	3	3	2	21
Subjek101	21	Pati	3	3	1	2	1	2	1	13
Subjek102	26	Bogor	2	3	2	3	4	3	1	18
Subjek103	21	Yogyakarta	4	3	2	2	2	3	2	18
Subjek104	21	Gamping	3	2	4	4	3	2	3	21
Subjek105	24	Bengkayang	3	4	2	4	4	3	4	24
Subjek106	21	Yogyakarta	3	4	3	4	3	3	3	23
Subjek107	21	Sleman	4	4	3	3	2	3	2	21
Subjek108	21	Yogyakarta	4	4	2	3	3	3	2	21
Subjek109	22	Sleman	3	4	4	4	4	3	4	26
Subjek110	21	Wonosari	2	3	2	2	2	2	1	14

Catatan:

Kotak yang diberi tanda (*) adalah aitem *unfavorable*

Lampiran 12 Tabulasi Data Variabel Kecemasan Memilih Pasangan Hidup

**TABULASI DATA PENELITIAN VARIABEL KECEMASAN MEMILIH
PASANGAN HIDUP**

NAMA	USIA	DAERAH ASAL	A1	A2	A3	A4	A5*	A6	A7	A8	A9	A10
Subjek1	22	Kebumen	4	4	3	3	4	3	2	3	3	4
Subjek2	23	Temanggung	1	1	1	1	4	1	4	1	1	4
Subjek3	22	Yogyakarta	2	1	2	2	2	1	4	1	1	4
Subjek4	21	Solo	3	3	1	3	3	1	2	3	1	3
Subjek5	22	Yogyakarta	4	4	4	4	2	4	1	4	4	1
Subjek6	27	Solo	1	2	1	1	1	1	3	2	1	4
Subjek7	21	Purworejo, Jateng	3	3	2	2	2	1	4	1	1	3
Subjek8	24	Depok	3	3	2	1	2	1	2	1	1	2
Subjek9	23	Tuban	2	2	3	2	3	1	4	1	2	4
Subjek10	24	Tuban	3	3	4	4	4	1	1	2	2	3
Subjek11	21	Magelang	2	1	2	2	1	1	4	1	2	3
Subjek12	22	Yogyakarta	4	4	1	4	2	1	1	1	1	3
Subjek13	24	Yogyakarta	1	3	2	2	3	2	2	2	2	3
Subjek14	21	Semarang	4	4	4	2	3	3	1	2	3	2
Subjek15	22	Bojonegoro	2	1	3	3	3	2	2	1	2	3
Subjek16	22	Sleman	4	4	3	4	3	2	2	2	3	3
Subjek17	30	Purbalingga	1	1	1	1	4	1	4	1	1	4
Subjek18	28	Pontianak	4	4	4	4	4	1	2	2	1	4
Subjek19	21	Pati	3	3	1	2	4	1	3	1	1	4
Subjek20	22	jogja	2	2	2	2	3	1	4	1	2	3
Subjek21	21	Sleman	1	2	2	1	4	1	3	1	2	4
Subjek22	28	Kudus	4	4	4	4	4	4	1	4	2	2
Subjek23	22	Pati	2	2	2	2	3	3	2	3	1	4
Subjek24	22	Pati	4	2	2	1	3	1	4	1	1	4
Subjek25	21	Wonogiri	3	2	2	2	3	2	3	2	2	3
Subjek26	24	Pati	1	1	3	3	4	1	4	1	1	4
Subjek27	22	Pati	2	3	3	3	3	2	2	2	2	2
Subjek28	22	Sleman	3	3	3	3	3	1	3	1	4	1
Subjek29	21	temanggung	3	4	1	2	3	1	4	1	2	4
Subjek30	25	Jepara	2	1	1	1	2	1	4	1	1	4
Subjek31	22	Yogyakarta	1	1	1	2	3	1	4	1	3	4
Subjek32	28	Salatiga	2	2	3	2	3	2	2	2	2	3
Subjek33	22	Yogyakarta	1	1	1	1	1	1	4	1	1	4
Subjek34	25	Semarang	4	4	3	3	4	2	4	3	3	3
Subjek35	27	Palembang	4	2	4	3	3	3	3	2	1	3
Subjek36	22	Yogyakarta	4	3	4	3	4	3	2	4	3	3

Subjek37	23	Bantul Yogyakarta	1	1	1	1	4	1	4	1	1	4
Subjek38	26	Ungaran	4	4	4	3	3	1	3	1	1	3
Subjek39	29	Palu	4	4	3	3	2	4	2	3	1	2
Subjek40	22	Jogja	3	2	3	3	3	1	2	2	1	2
Subjek41	21	Jakarta	3	2	2	2	3	2	3	2	2	3
Subjek42	22	Yogyakarta	1	1	1	4	3	1	3	2	2	4
Subjek43	25	Palembang	2	2	1	1	4	1	4	1	1	4
Subjek44	22	Boyolali	2	3	3	2	3	1	3	2	1	3
Subjek45	22	Yogyakarta	1	2	2	2	3	1	4	1	1	1
Subjek46	26	Palembang	4	4	3	3	4	4	1	4	3	2
Subjek47	22	Wonogiri	2	2	3	3	3	2	3	2	2	3
Subjek48	24	Temanggung	3	3	2	3	3	2	3	2	3	3
Subjek49	23	Kalibawang	2	1	1	1	4	1	4	1	1	4
Subjek50	21	jogja	2	2	3	3	2	3	3	1	3	2
Subjek51	29	Solo	1	3	3	3	2	1	3	1	1	4
Subjek52	21	Sleman	2	2	2	2	2	2	3	2	2	4
Subjek53	22	Pati, Jateng	2	2	2	2	3	2	3	2	1	3
Subjek54	28	Pati, Jawa Tengah	4	4	4	3	3	2	2	4	3	3
Subjek55	22	Bantul	2	3	2	3	2	1	4	1	1	4
Subjek56	21	Pati	2	1	1	1	4	1	4	1	1	4
Subjek57	22	Yogyakarta	3	2	2	3	4	4	1	3	1	4
Subjek58	22	Jogja	3	3	2	4	3	2	2	4	2	3
Subjek59	29	Jogja	1	2	1	1	2	2	3	2	2	2
Subjek60	21	Purwokerto	2	4	3	2	3	2	3	2	1	3
Subjek61	22	Yogyakarta	3	3	3	2	3	2	3	2	2	2
Subjek62	21	Sleman Yogyakarta	2	3	3	2	2	1	3	1	1	3
Subjek63	22	Jogja	2	3	2	2	3	2	3	2	2	3
Subjek64	21	trenggalek	3	4	2	2	2	1	2	1	1	3
Subjek65	21	Magelang	2	2	1	1	4	1	3	2	1	3
Subjek66	22	Sleman, Yogyakarta	1	4	3	3	3	2	3	2	1	3
Subjek67	21	Yogyakarta	1	2	2	2	4	1	4	1	2	4
Subjek68	22	Sumenep	2	1	1	1	4	1	4	1	1	2
Subjek69	21	Yogyakarta	3	4	3	4	3	4	3	4	1	4
Subjek70	21	DIY	3	4	4	4	2	4	3	2	1	2
Subjek71	31	Karawang	3	2	3	2	3	2	3	2	2	3
Subjek72	22	Yogyakarta	1	1	1	1	4	2	3	1	1	4
Subjek73	21	Karawang	3	4	4	4	2	1	2	1	1	4
Subjek74	23	Pati	4	4	2	2	4	4	1	4	1	4
Subjek75	22	Magetan	3	3	4	2	3	1	3	1	3	3
Subjek76	21	Sleman	2	2	2	2	3	2	3	2	2	2
Subjek77	26	Palembang	3	3	3	3	3	3	2	3	2	2
Subjek78	26	Palembang	4	4	3	4	4	1	3	2	2	2
Subjek79	21	Kulon Progo	3	2	2	3	3	2	3	2	2	3
Subjek80	26	palembang	2	2	1	2	4	2	3	2	1	4
Subjek81	25	bekasi	3	2	1	1	2	2	3	2	1	4

Subjek82	26	Palembang	3	3	2	2	3	2	3	2	1	3
Subjek83	24	Jambi	1	2	2	2	3	3	2	3	4	3
Subjek84	24	Lampung	3	3	3	3	3	3	2	3	3	3
Subjek85	25	Lampung	4	4	4	4	4	4	2	3	2	3
Subjek86	24	lampung	4	3	3	3	3	3	2	3	3	4
Subjek87	23	Sridadi	2	2	2	1	3	1	4	1	1	2
Subjek88	24	Riau	2	3	1	1	4	1	4	1	1	4
Subjek89	24	Prabumulih Sumsel	3	2	3	2	3	1	4	4	1	3
Subjek90	26	Palembang	4	4	3	3	3	4	1	4	2	2
Subjek91	22	sleman, yogyakarta	2	1	2	2	3	1	4	1	1	4
Subjek92	22	Solo	2	1	1	2	2	1	4	1	1	4
Subjek93	32	maro sebomilir	1	1	1	2	4	1	4	1	1	4
Subjek94	22	jogja	2	3	2	4	3	1	2	2	3	2
Subjek95	22	yogyakarta	1	2	1	2	2	1	4	1	1	4
Subjek96	21	Sleman	3	2	3	3	3	1	4	1	2	3
Subjek97	26	Ogan Komering Ulu	4	4	3	4	3	2	2	3	3	2
Subjek98	27	palembang	3	2	2	2	4	1	4	2	1	4
Subjek99	25	Palembang	3	3	3	3	2	4	1	4	4	2
Subjek100	26	ogan ilir sumsel	3	3	2	2	4	2	3	2	2	4
Subjek101	21	Pati	4	4	4	3	1	1	3	1	4	2
Subjek102	26	Bogor	1	3	2	2	3	3	3	2	1	3
Subjek103	21	Yogyakarta	1	1	2	1	2	1	4	1	1	4
Subjek104	21	Gamping	4	2	1	3	3	3	1	1	3	4
Subjek105	24	Bengkayang	3	2	2	2	3	2	2	1	1	3
Subjek106	21	Yogyakarta	3	3	2	2	3	2	3	2	1	3
Subjek107	21	Sleman	1	1	1	1	4	1	4	1	1	4
Subjek108	21	Yogyakarta	1	1	1	1	3	1	4	2	1	4
Subjek109	22	Sleman	2	3	3	1	3	1	3	1	1	3
Subjek110	21	Wonosari	2	1	1	1	1	1	4	1	1	1

A11	A12	A13	A14	A15	A16	A17	A18	A19	A20	JUMLAH
3	4	4	3	3	3	3	3	3	3	65
3	2	1	3	2	1	2	1	1	2	37
3	2	1	3	1	1	1	1	1	2	36
3	4	1	4	2	1	2	1	1	4	46
4	4	3	4	4	4	4	4	4	4	71
4	3	2	4	2	1	1	1	2	2	39
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4	4	1	3	3	1	1	4	3	1	52
3	3	1	4	1	1	1	1	1	4	39
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4	4	2	4	3	1	3	2	3	3	53
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3	4	3	3	2	2	4	4	4	4	66
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3	3	2	4	2	2	2	2	2	2	48
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4	4	4	4	4	2	3	4	4	3	66
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3	2	1	2	1	1	1	1	1	4	42
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4	2	1	2	1	1	1	3	2	3	44
3	2	1	3	1	1	1	2	1	4	38
4	3	1	3	1	1	1	1	1	4	39
3	2	1	3	2	1	1	3	2	3	42
1	1	1	4	1	1	1	1	1	3	29

Catatan:

Kotak yang diberi tanda (*) adalah aitem *unfavorable*

Lampiran 13 Hasil Uji Normalitas SPSS

UJI NORMALITAS

One-Sample Kolmogorov-Smirnov Test

		HargaDiri	KecemasanMemilih PasanganHidup
N		110	110
Normal Parameters ^{a,b}	Mean	21.73	46.46
	Std. Deviation	3.717	9.361
Most Extreme Differences	Absolute	.104	.095
	Positive	.065	.095
	Negative	-.104	-.061
Kolmogorov-Smirnov Z		1.093	1.000
Asymp. Sig. (2-tailed)		.183	.270

a. Test distribution is Normal.

b. Calculated from data.

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Lampiran 14 Hasil Uji Linearitas SPSS

UJI LINEARITAS

Case Processing Summary

	Cases					
	Included		Excluded		Total	
	N	Percent	N	Percent	N	Percent
KecemasanMemilihPasangan Hidup * HargaDiri	110	100.0%	0	.0%	110	100.0%

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
KecemasanMemilihPasangan	Between Groups	(Combined)	1582.679	15	105.512	1.245	.254
Hidup * HargaDiri		Linearity	572.016	1	572.016	6.748	.011
		Deviation from Linearity	1010.663	14	72.190	.852	.612
	Within Groups		7968.675	94	84.773		
	Total		9551.355	109			

Measures of Association

	R	R Squared	Eta	Eta Squared
KecemasanMemilihPasanganHidup * HargaDiri	-.245	.060	.407	.166

Lampiran 15 Hasil Uji Hipotesis SPSS

UJI HIPOTESIS

Correlations

		HargaDiri	KecemasanMemilih PasanganHidup
HargaDiri	Pearson Correlation	1	-.245**
	Sig. (2-tailed)		.010
	N	110	110
KecemasanMemilihPasangan Hidup	Pearson Correlation	-.245**	1
	Sig. (2-tailed)	.010	
	N	110	110



** . Correlation is significant at the 0.01 level (2-tailed).

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Lampiran 16 Jadwal Penelitian







No.	Kegiatan	Bulan 2022						
		Jan	Feb	Mar	Apr	Mei	Jun	Jul
1.	Tahap pembuatan judul							
2.	Penyusunan proposal							
3.	Ujian seminar proposal							
4.	Revisi proposal							
5.	Pelaksanaan penelitian							
6.	Pengolahan data, analisis dan penyusunan BAB IV & V							
7.	Ujian pendadaran							
8.	Revisi skripsi							
9.	Pengumpulan skripsi							


Lampiran 17 Lembar Bimbingan Dosen



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KARTU BIMBINGAN SKRIPSI

NIM: 182303009
 NAMA MAHASISWA: Rizky SAPTI-I
 NO HP MAHASISWA: 08882621587
 PEMBIMBING TA: Bu Arni Mifta Jayanti, S.Psi., M.Psi., Psikolog
 JUDUL SKRIPSI: Hubungan Kecemasan Memili Pasangan Prolup dengan Quarter-Life Crisis pada Wanita Usia Dewasa Awal

No.	Tanggal	Materi Bimbingan	Tanda Tangan Dosen
1	14/02/2022	Bimbingan awal (proposai Skripsi)	
2	11/03/2022	Bimbingan Proposal	
3	21/03/2022	Bimbingan Revisi proposal ke 2	
4	09/4/2022	Bimbingan Sebelum Ujian Proposal	
5	6/6/2022	Bimbingan Hasil	
6	16/6/2022	Bimbingan Pendaftaran (Ter Acc)	
7			
8			
9			
10			
11			
12			
13			
14			

Ttd Dosen Pembimbing: 
 Arni Mifta Jayanti, S.Psi., M.Psi., Psikolog

Ttd Mahasiswa: 
 Rizky Sapti-I