

**HUBUNGAN RESILIENSI DENGAN *PSYCHOLOGICAL WELL BEING*
PADA KELUARGA KORBAN YANG DITINGGALKAN AKIBAT COVID-
19**

INTISARI

Latar Belakang: Mencermati fenomena sosial yang terjadi saat ini Pandemi Covid-19, Pandemi Covid-19 tidak hanya berefek pada kesehatan fisik, tetapi juga berpengaruh kepada kesehatan mental seseorang.

Tujuan Penelitian: Penelitian ini bertujuan untuk mengetahui hubungan resiliensi dengan *psychological well being* pada keluarga korban yang ditinggalkan akibat Covid-19, dan ingin melihat hubungan antara variabel bebas yakni *psychological well being* dengan variabel tergantung yakni resiliensi.

Metode Penelitian: Metode analisis data yang digunakan dalam penelitian ini adalah teknik korelasi *product moment* dari Karl Person

Hasil Penelitian: Hasil analisis menunjukkan bahwa tidak ada nya hubungan dalam kategori sangat rendah, dengan nilai $r=0,187$ dan nilai signifikansi (p) sebesar $0,052$ yang artinya hipotesis dalam penelitian ini ditolak.

Kesimpulan: Berdasarkan hasil tersebut di ketahui bahwa tidak ada hubungan antara resiliensi dengan *psychological well being* pada keluarga korban yang ditinggalkan akibat Covid-19.

Kata kunci: Resiliensi, *Psychological Well being*.

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THE RELATIONSHIP BETWEEN RESILIENCE AND PSYCHOLOGICAL WELL-BEING IN THE FAMILIES OF VICTIMS LEFT BEHIND DUE TO COVID-19.

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ABSTRACT

Background: Observing the current social phenomenon of the Covid-19 Pandemic, the Covid-19 Pandemic does not only have an effect on physical health, but also affects a person's mental health.

Research Objectives: This study aims to determine the relationship between resilience and psychological well being in the families of victims left behind due to Covid-19, and to see the relationship between the independent variable, namely psychological well being and the dependent variable, namely resilience.

Research Methods: The data analysis method used in this study is the product moment correlation technique from Karl Person

Research Results: The results of the analysis show that there is no relationship in the very low category, with a value of $r = 0.187$ and a significance value (p) of 0.052, which means that the hypothesis in this study is rejected.

Conclusion: Based on these results, it is known that there is no relationship between resilience and psychological well being in the families of victims who were left behind due to Covid-19.

Keywords: Resilience, Psychological Well being.

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