

**GAMBARAN PENGETAHUAN DAN PERILAKU MASYARAKAT
TERHADAP PROTOKOL KESEHATAN MEMAKAI MASKER,
MENCUCI TANGAN, DAN MENJAGA JARAK (3M)
DI WILAYAH KERJA PUSKESMAS GAMPING 2**

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INTISARI

Latar belakang: Angka kejadian covid-19 di Indonesia meningkat setiap harinya. Penularan covid 19 dapat dikurangi apabila masyarakat memiliki pengetahuan dan perilaku yang baik terhadap protokol kesehatan.

Tujuan: Mengetahui gambaran pengetahuan dan perilaku masyarakat terhadap protokol kesehatan memakai masker, mencuci tangan, dan menjaga jarak (3M) di wilayah kerja puskesmas Gamping 2

Metode: Jenis penelitian kuantitatif dengan desain non eksperimental menggunakan rancangan *cross sectional*. Sampel sebanyak 109 yang dipilih dengan teknik *purposive sampling*. Pengumpulan data menggunakan kuesioner. Analisis data secara *univariate* menggunakan distribusi frekuensi.

Hasil: Pengetahuan tentang covid 19 di wilayah Kerja Puskesmas Gamping 2 sebagian besar baik (56,9%). Perilaku masyarakat terhadap protocol kesehatan 3M sebagian besar baik (55%). Pengetahuan tentang covid 19 kategori baik terbanyak pada kelompok perempuan (40,4%), usia 26-35 tahun (24,8%), dan berpendidikan SMA (45,9%). Perilaku protocol kesehatan 3M kategori baik terbanyak pada kelompok perempuan (35,8%), usia 26-35 tahun (24,8%), dan berpendidikan SMA (44%).

Kesimpulan: Pengetahuan tentang covid-19 dan perilaku masyarakat terhadap protokol kesehatan memakai masker, mencuci tangan, dan menjaga jarak (3M) di wilayah kerja puskesmas Gamping 2 adalah baik.

Kata Kunci: Covid-19, pengetahuan, perilaku

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**A DESCRIPTION OF THE KNOWLEDGE AND BEHAVIOR OF SOCIETY
TOWARDS HEALTH PROTOCOLS OF WEARING MASKS, WASHING
HANDS, AND KEEPING DISTANCE (3M) IN THE AREA OF
PUSKESMAS GAMPING 2**

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ABSTRACT

Background: The prevalence of covid-19 incidents in Indonesia is increasing every day. Transmission of covid-19 can be reduced if the society has good knowledge and behavior towards health protocols.

Objective: Knowing the description of the knowledge and behavior of the society towards health protocols of wearing masks, washing hands, and keeping distance (3M) in the area of Puskesmas Gamping 2.

Method: A type of quantitative research with non-experimental design using cross sectional design. A sample of 109 people were selected with purposive sampling techniques. Data collection used questionnaires. Univariate data analysis used frequency distribution.

Results: The knowledge of covid-19 in Puskesmas Gamping 2 area was mostly good (56.9%). The behavior of the society to 3M health protocol was mostly good (55%). The knowledge of covid-19 category was good mostly in the female group (40.4%), ages of 26-35 years (24.8%), and high school education (45.9%). The behavior of health protocol of 3M was in good category mostly in the group of women (35.8%), ages of 26-35 years (24.8%), and high school education (44%).

Conclusion: The knowledge of covid-19 and the behavior of the society towards health protocols of wearing masks, washing hands, and keeping distance (3M) in Puskesmas Gamping 2 are is good.

Keywords: Covid-19, knowledge, behavior

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