

# **ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY. Y UMUR 19 TAHUN PRIMIPARA DI PMB KUSWATININGSIH KABUPATEN SLEMAN**

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## **RINGKASAN**

**Latar belakang :** Tingginya Angka Kematian Ibu (AKI) masih menjadi masalah di indonesia. Penyebab AKI salah satunya adalah kehamilan dengan risiko tinggi (risti) seperti umur terlalu muda <20 tahun, dimana pada usia ini banyak faktor risiko yang dapat terjadi pada masa kehamilan seperti preeklamsi, abortus dan risiko pada persalinan dapat terjadi disporposi kepala panggul, masalah pada bayi dapat terjadi BBLR dan asfiksia. Upaya mempercepat penurunan AKI kementerian kesehatan melakukan program COC (*Continuity Of Care*) yang dimulai sejak hamil, bersalin, nifas, neonatus dan KB.

**Tujuan :** Memberikan asuhan kebidanan secara *Continuity Of Care* pada ibu hamil, bersalin, nifas, neonatus dan KB

**Metode :** Penelitian deskriptif dengan pendekatan studi kasus.

**Hasil :** Kunjungan kehamilan pada Ny. Y dilakukan sebanyak 4x. ibu bersalin tanggal 09 April 2019 di PMB Kuswatiningsih secara normal. Bayi lahir normal pukul 03.45 wib, BB 2700 gram, PB 46 cm. kunjungan nifas dan neonatus dilakukan 3x, KF2 ditemukan ASI belum lancar sehingga dilakukan pemijatan oksitosin. Selama kunjungan neonatus didapatkan hasil normal. Ny.Y telah menggunakan KB suntik 3 bulan.

**Kesimpulan :** Asuhan kebidanan berkesinambungan pada Ny. Y dalam batas normal serta masalah sudah teratasi sesuai dengan standar pelayanan kebidanan.

**Kata kunci :** Asuhan berkesinambungan

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**MIDWIFERY CARE CONTINUES IN NY. Y AGE 19 YEARS OF PRIMIPARA  
IN PMB KUSWATININGSIH SLEMAN YOGYAKARTA**

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**ABSTRACT**

**Background :** The high maternal mortality rate (MMR) is still a problem in Indonesia. One of the causes of AKI is pregnancy with high risk (risti) such as age too young <20 years, where at this age many risk factors that can occur during pregnancy such as preeclampsia, abortion and the risk of childbirth can occur in pelvic head disporposi, problems in infants LBW and asphyxia can occur. Efforts to accelerate the decline in the MMR of the Ministry of Health carry out the COC (Continuity of Care) program that began since pregnancy, childbirth, postpartum, neonates and family planning.

**Purpose:** Providing midwifery care through Continuity of Care to pregnant, childbirth, postpartum, neonatal and family planning mothers

**Method:** Descriptive research with a case study approach.

**Results:** Pregnancy visit in NY. Y is done 4x. mother gave birth on April 9, 2019 at PMB Kuswatiningsih normally. The baby is born normally at 3:45 a.m., BB 2700 grams, PB 46 cm. puerperal and neonatal visits performed 3x, KF2 found breast milk was not smooth so oxytocin massage. During the neonatal visit normal results were obtained. Ny.Y has used KB injections for 3 months

**Conclusion:** Continuous midwifery care for Mrs. Y is within normal limits and the problem has been resolved in accordance with midwifery service standards.

**Keywords:** Continuous care

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