

GAMBARAN PENGETAHUAN IBU TENTANG KONTRASEPSI *INTRA UTERINE DEVICE (IUD)* DI PUSKESMAS KOTAGEDE I KOTA YOGYAKARTA

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INTISARI

Latar Belakang : Tingginya laju penduduk saat ini menjadi masalah besar di Indonesia, oleh karena itu terus dilakukan upaya penanganan melalui program KB. Salah satu kontrasepsi jangka panjang (MKJP) yaitu *Intra Uterine Device (IUD)*. Data yang didapat dari Dinas Kesehatan Kota Yogyakarta tahun 2016 masih rendah (26,0%). Hasil studi pendahuluan di Puskesmas Kotagede I Kota Yogyakarta diperoleh data bahwa dari 6 pengguna KB sebanyak 4 orang belum mengetahui tentang alat kontrasepsi IUD, efek samping, cara kerja IUD, sebanyak 2 orang telah mengetahui tentang alat kontrasepsi IUD.

Tujuan : Untuk mengetahui gambaran pengetahuan ibu tentang kontrasepsi IUD di Puskesmas Kotagede I Kota Yogyakarta.

Metode Penelitian : Jenis penelitian adalah *deskriptif kuantitatif*, dengan pendekatan *Cross Sectional*. Teknik pengambilan sampel yang digunakan *purposive sampling* dengan besar sampel sebanyak 91 responden. Alat pengumpulan data yang digunakan adalah kuesioner. Analisis data menggunakan *analisis univariat*.

Hasil Penelitian : Sebagian besar pengetahuan ibu tentang pengertian IUD dalam kategori baik yaitu sebanyak (67,0%), tentang efek samping IUD dalam kategori cukup (36,3%), tentang cara kerja IUD dalam kategori baik (84,6%), tentang indikasi IUD dalam kategori kurang (72,5%), tentang kontra indikasi IUD dalam kategori cukup (64,7%), tentang efektifitas IUD dalam kategori kurang (80,2%), tentang keuntungan IUD dalam kategori cukup (49,5%) dan tentang kerugian IUD dalam kategori kurang (45,1%). Pengetahuan ibu tentang IUD di Puskesmas Kotagede I Yogyakarta adalah kategori cukup (82,4%).

Kesimpulan : Gambaran pengetahuan ibu tentang kontrasepsi *Intra Uterine Device (IUD)* sebagian besar kategori cukup.

Saran: Ibu hendaknya meningkatkan pengetahuan tentang macam-macam KB melalui media, buku, serta melakukan konseling dengan tenaga kesehatan agar menumbuhkan motivasi untuk meningkatkan penggunaan KB *Intra Uterine Device (IUD)*.

Kata Kunci : Tingkat pengetahuan, kontrasepsi IUD.

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**DESCRIPTION OF MOTHERS KNOWLEDGE ABOUT *INTRA UTERINE
DEVICE* IN KOTAGEDE I HEALTH CENTER
YOGYAKARTA**

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ABSTRACT

Background: Nowadays, the high rate of population become the major problem in Indonesia, therefore, efforts are being made to deal with the family planning program. One of the long-term contraceptives is Intra Uterine Device. Data from the Yogyakarta City Health Office in 2016 was still low (26.0%). The results of a preliminary study at the Kotagede I Public Health Center in Yogyakarta City showed that from 6 family planning users, 4 people did not know about IUD contraceptives, side effects, how IUDs work, as many as 2 people knew about IUD contraceptives.

Objective : to know the description of mothers knowledge about *intra uterine device* in Kotagede I Health Center Yogyakarta.

Method: This type of research was descriptive quantitative, with cross sectional approach. Sampling technique used was purposive sampling with a sample size of 91 respondents. Data collection tools used are questionnaires. Data analysis used univariate analysis

Result : Mothers' knowledge about the devinition of IUD mostly in good category as much (67.0%), about IUD's side effects in sufficient category (36.3%), about how IUD works in good category (84.6%), about indications of IUD in less category (72.5%), about contra indications of IUD in sufficient category (64.7%), about the effectiveness of IUD in the less category (80.2%), about the benefits of IUD in sufficient category (49.5%) and about IUD losses in less category (45.1%). Mothers' knowledge about IUD in Kotagede I Public Health Center Yogyakarta was in sufficient category (82.4%).

Conclusion : Mothers' knowledge about IUD in Kotagede I Public Health Center Yogyakarta was in sufficient category.

Suggestion: Mothers should increase their knowledge about various types of family planning through media, books, and conduct counseling with health workers in order to foster motivation to increase the use of Intra Uterine Device (IUD).

Keywords : Knowledge, Intra Uterine Device contraception.

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