

GAMBARAN TINGKAT PENGETAHUAN REMAJA PUTRI KELAS VIII TENTANG PERSONAL *HYGIENE* ORGAN REPRODUKSI WANITA DI PONDOK PESANTREN AN-NUR BANTUL

INTISARI

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Latar belakang : Personal *hygiene* merupakan suatu tindakan untuk memelihara kebersihan dan kesehatan seseorang untuk kesejahteraan baik fisik maupun psikis, jika tidak dilakukan perawatan dengan tepat akan mengakibatkan infeksi seperti keputihan yang abnormal. Wanita di Indonesia 75% pernah mengalami keputihan. Hasil studi pendahuluan di pondok pesantren An-nur Bantul yang dilakukan pada 12 siswa, 5 siswa mengerti mengenai personal *hygiene* organ reproduksi wanita, 7 siswa tidak mengerti personal *hygiene* organ reproduksi wanita.

Tujuan penelitian : Mengetahui pengetahuan remaja putri kelas VIII tentang personal *hygiene* organ reproduksi wanita di pondok pesantren An-nur Bantul.

Metode penelitian : Desain penelitian ini menggunakan deskriptif kuantitatif, teknik pengambilan sampel menggunakan *Total sampling*. Penelitian ini dilakukan di pondok pesantren An-nur Bantul. Populasi dalam penelitian ini 85 siswa dan sampel sebanyak 85 responden, instrumen yang digunakan yaitu kuesioner.

Hasil penelitian : Hasil penelitian menunjukkan pengetahuan remaja putri kelas VIII tentang personal *hygiene* organ reproduksi wanita berpengetahuan baik 6 responden (7,1%), cukup 76 responden (89,4%) dan kurang 3 responden (3,5%).

Kesimpulan : Pengetahuan remaja putri kelas VIII tentang personal *hygiene* organ reproduksi wanita di pondok pesantren An-nur Bantul mayoritas pengetahuan cukup.

Kata Kunci : Remaja Putri, Personal *Hygiene*, Organ Reproduksi Wanita

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**A DESCRIPTION OF LEVEL KNOWLEDGE OF YOUNG WOMEN OF
GRADE VIII ABOUT PERSONAL HYGIENE OF FEMALE
REPRODUCTIVE ORGANS IN ISLAMIC BOARDING
SCHOOLS AN-NUR BANTUL YOGYAKARTA**

ABSTRACT

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Background: *Personal hygiene is an action to maintain hygiene and health of a person for the welfare of both physical and psychological, if a treatment is not done, it will precisely leads to infections such as abnormal leucorrhea. Women in Indonesia 75% have experienced leucorrhea. The results of preliminary study at Islamic boarding school An-nur Bantul conducted on 12 students: 5 students understand about personal hygiene female reproductive organs, 7 students do not understand personal hygiene female reproductive organs.*

Objective: *To find out the knowledge of young women of grade VIII about personal hygiene of female reproductive organs in Islamic boarding school of An-nur Bantul.*

Method: *The design of this research used descriptive quantitative, the sampling technique used Total sampling. The populations in this study were 85 students and the samples were 85 respondents, the instrument used was the questionnaire.*

Result: *The result of the research shows that the knowledge of young women of grade VIII about the personal hygiene of female reproductive organs that there are 6 respondents (7,1%) having good knowledge, 76 respondents (89,4%) having sufficient knowledge and 3 respondents (3,5%) having lack knowledge.*

Conclusion: *The majority knowledge of young women of class VIII about personal hygiene of female reproductive organs in Islamic boarding school A-nur Bantul is the sufficient knowledge.*

Keywords: *Young Women, Personal Hygiene, Female Reproductive Organs*

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