

PENGARUH PENDIDIKAN KESEHATAN TERHADAP PENGETAHUAN DAN SIKAP PENANGANAN DEMAM PADA ANAK DI RUMAH DESA CLAPAR KECAMATAN MADUKARA BANJARNEGARA

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INTISARI

LatarBelakang : Penanganan demam pada anak di rumah sangat tergantung pada peran ibu. Oleh sebab itu, ibu harus memiliki pengetahuan dan sikap yang baik mengenai penanganan demam pada anak di rumah agar memberikan perawatan yang sesuai sebelum dibawa ke rumah sakit. Penanganan demam meliputi cara mengkaji, memantau, dan melakukan pertolongan pertama pada anak di rumah. Namun pada kenyataannya masih banyak ibu yang tidak mengetahui tentang hal tersebut, sehingga diperlukan pendidikan kesehatan tentang bagaimana cara penanganan pada anak di rumah.

Tujuan : Mengetahui pengaruh pendidikan kesehatan terhadap pengetahuan dan sikap penanganan demam pada anak di rumah Desa Clapar Kecamatan Madukara Banjarnegara

Metode: penelitian ini menggunakan desain *quasy experiment pretest – posttest group design without control group*. Populasi dalam penelitian ini seluruh ibu yang mempunyai anak usia 0-5 tahun berjumlah 164 orang, diambil dengan teknik *purposive sampling* dan didapatkan 62 sampel penelitian. Intervensi pendidikan kesehatan tentang penanganan demam menggunakan audiovisual yaitu video, sedangkan pengumpulan data menggunakan kuesioner pengetahuan dan sikap. Analisis data menggunakan uji *Wilcoxon Signed Rank Test*.

Hasil : Hasil penelitian sebelum diberikan pendidikan kesehatan menunjukkan sebagian besar pengetahuan cukup (61,3%) dan sikap cukup (66,1%), sedangkan setelah diberikan pendidikan kesehatan menunjukkan pengetahuan baik (50%) dan sikap baik (69,4%). Hasil uji *Wilcoxon Signed Rank Test* diperoleh nilai *p value* 0,000 pada variabel pengetahuan dan nilai *p value* 0,000 pada variabel sikap.

Kesimpulan: Terdapat pengaruh pendidikan kesehatan menggunakan audiovisual terhadap pengetahuan dan sikap penanganan demam pada anak di rumah Desa Clapar Kecamatan Madukara Banjarnegara.

Kata Kunci: Pendidikan kesehatan, pengetahuan, sikap, penanganan demam

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THE EFFECT OF HEALTH EDUCATION ON KNOWLEDGE AND ATTITUDE TO HANDLING FEVER IN CHILDREN AT THE HOUSE OF CLAPAR VILLAGE, MADUKARA DISTRICT, BANJARNEGARA

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ABSTRACT

Background : Handling fever in children at home is very dependent on the role of the mother. Therefore, mothers must have good knowledge and attitudes regarding handling febrile fever in children at home in order to provide appropriate care before being taken to the hospital. Handling fever includes how to assess, monitor, and perform first aid on children at home. But in reality there are still many mothers who do not know about this, so that health education was needed on how to handle children at home.

Objective: To find out the effect of health education on knowledge and attitude in handling fever in children at home in Clapar Village, Madukara District, Banjarnegara

Methods: this study used a quasi-experimental pretest – posttest group design without a control group. The population in this study were all mothers who had children aged 0-5 years totaled 164 people, taken by purposive sampling technique and obtained 62 research samples. The health education intervention regarding fever management used audio-visual, namely video, while data collection used a knowledge and attitude questionnaire. Data analysis used the Wilcoxon Signed Rank Test.

Results: The results of the study before being given health education showed that most of the knowledge was sufficient (61.3%) and attitude was sufficient (66.1%), while after being given health education showed good knowledge (50%) and good attitude (69.4%). The results of the Wilcoxon Signed Rank Test obtained a p value of 0.000 on the knowledge variable and a p-value of 0.000 on the attitude variable.

Conclusion: There is an effect of health education using audiovisual on the knowledge and attitude of handling fever in children at home in Clapar Village, Madukara District, Banjarnegara.

Keywords: Health education, knowledge, attitude, handling fever

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