

GAMBARAN KARAKTERISTIK IBU YANG MENGALAMI KEGAGALAN PEMBERIAN ASI EKSKLUSIF DI WILAYAH KERJA PUSKESMAS WONOSARI II GUNUNGGKIDUL

INTISARI

Megawati Trafannur¹, Silvia Ari Agustina²

Latar Belakang : ASI (Air Susu Ibu) Eksklusif merupakan pemberian ASI tanpa ada tambahan minuman atau makanan lain pada bayi berumur nol sampai enam bulan. Menteri kesehatan melalui Kepmenkes RI No. 450/MENKES/IV/2004 pada tanggal 7 April 2004 menetapkan perpanjangan pemberian ASI Eksklusif dari 4 bulan menjadi 6 bulan. Meskipun ASI mempunyai khasiat yang cukup besar, namun tidak semua ibu mau memberikan ASI Selama 6 bulan. Sentra laktasi Indonesia mencatat bahwa berdasarkan survey demografi dan kesehatan Indonesia 2002-2003, hanya 15% ibu yang memberikan ASI Eksklusif selama 5 bulan, di Indonesia kebanyakan para ibu-ibu memberikan ASI Eksklusif hanya 2 bulan.

Tujuan : Mengetahui karakteristik ibu yang mengalami kegagalan pemberian ASI Eksklusif di Wilayah Kerja Puskesmaswonosari II, Gunungkidul.

Metode penelitian: Desain penelitian ini bersifat deskriptif kuantitatif dengan pendekatan retrospektif. Dengan jumlah sampel sebanyak 27 orang dan teknik pengambilan sampel yaitu sampel jenuh.

Hasil : Hasil penelitian menunjukkan karakteristik ibu yang tidak memberikan ASI Eksklusif di Wilayah Kerja Puskesmas Wonosari II Gunungkidul mayoritas usia 20-30 tahun sebanyak 22 orang (81,5%), minoritas usia >35 tahun sebanyak 5 orang (18,5%) serta paritas mayoritas ibu yang multipara sebanyak 20 orang (74,1%), minoritas primipara sebanyak 7 orang (25,9%), berdasarkan tingkat pendidikan ibu mayoritas ibu berpendidikan SMA sebanyak 16 orang (59,3%) dan minoritas ibu berpendidikan SD sebanyak 2 orang (7,2%), berdasarkan pekerjaan ibu mayoritas ibu yang tidak bekerja sebanyak 16 orang (59,3%) dan minoritas ibu bekerja sebanyak 11 orang (40,7%).

Kata Kunci : Karakteristik, Ibu Menyusui, ASI Eksklusif.

¹Mahasiswa Program Studi DIII Kebidanan Stikes Jenderal Achmad Yani Yogyakarta

²Dosen Program Studi DIII Kebidanan Stikes Jenderal Achmad Yani Yogyakarta

CHARACTERISTIC OF MOTHER WHO EXPERIENCED FAILURE OF EXCLUSIVE BREASTFEEDING IN WORKING AREA OF WONOSARI II HEALTH CENTER GUNUNGKIDUL

ABSTRACT

Megawati Trafannur¹, Silvia Ari Agustina²

Background : Exclusive breastfeeding is a breastfeeding without any additional beverages or other foods for infants up to six months of age. Minister of health through Kepmenkes RI No. 450 / Menkes / IV / 2004 on 7 April 2004 stipulates the extension of exclusive breastfeeding from 4 months to 6 months. Although the ASI has considerable benefits, but not all mothers are willing to breastfeed for up to 6 months. Sentra Lakstasi Indonesia notes that based on Indonesia's demographic and health survey 2002-2003 only 15% of mothers give exclusive breastfeeding for 5 months, Mothers provide exclusive ation for only two months.

Purpose: to know characteristic of mother who have failed Exclusive Breastfeeding in Work Area of Wonosari II Health Center Gunungkidul.

Research method: This research design is descriptive quantitative with retrospective approach. With the number of samples of 27 people with sampling technique that is saturated samples.

Results: The results showed that the characteristics of mothers who did not give exclusive breastfeeding in the working area of Wonosari II Gunungkidul Public Health Center were mostly aged 20-30 years as many as 22 respondents (25.9%), the least were aged > 35 years as many as 5 respondents (18.5 %), As well as the majority parity of multiparous mothers as much as 20 respondents (74.1%), primipara minority as many as 7 respondents (25.9%), equal education level of mothers majority of high school educated mothers as much as 16 respondents (59.3%) and Minority of primary educated mothers as much as 2 respondents (7.2%). Based on mother work majority mother not working as much as 16 respondents (59,3%) and mother work as many as 11 respondents (40,7%).

Keywords: Characteristics, nursing mothers, Exclusive breastfeeding

¹Study Studies Program Students DIII Midwifery Stikes General Achmad Yani Yogyakarta

²Dosen Lecturer of DIII Midwifery Stikes General Achmad Yani Yogyakarta