

**GAMBARAN KEJADIAN *TOXIC RELATIONSHIP* PADA MAHASISWA
KEPERAWATAN DI UNIVERSITAS JENDERAL ACHMAD YANI
YOGYAKARTA**

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INTISARI

Latar Belakang : *Toxic relationship* adalah suatu perilaku yang merugikan dalam sebuah hubungan, yang mana perilaku ini ditujukan untuk memperoleh kontrol, kekuasaan dan kekuatan atas pasangannya, perilaku ini bisa dalam bentuk kekerasan fisik, psikologis (emosional dan verbal), kekerasan seksual dan kekerasan pembatasan aktivitas. Di Indonesia prevalensi kekerasan fisik mencapai 2.025 kasus (31%), kekerasan seksual 1.928 kasus (30%), kekerasan psikologis 1.792 kasus (28%) dan kekerasan ekonomi mencapai 680 kasus (10%) dengan kelompok usia remaja yang mengalami *toxic relationship*. Sedangkan di Yogyakarta dari 660 kasus sebanyak 46 kasus adalah kekerasan dalam *romantic relationship*.

Tujuan Penelitian : Untuk mengetahui gambaran kejadian *toxic relationship* pada mahasiswa keperawatan.

Metode Penelitian : Jenis penelitian ini adalah penelitian kuantitatif deskriptif yang dilakukan pada 96 mahasiswa keperawatan yang sedang menjalin *romantic relationship* dan didapatkan dengan menggunakan teknik *convenience sampling*. Instrumen penelitian menggunakan kuesioner *toxic relationship*. Analisa dengan univariat untuk mendapatkan distribusi frekuensi dan persentase.

Hasil Penelitian: Hasil penelitian menunjukkan bahwa sebanyak (76%) responden mengalami kejadian *toxic relationship* dengan bentuk-bentuk *toxic relationship* secara fisik (46,9%), *toxic relationship* secara emosional/verbal (39,6%), *toxic relationship* secara seksual (51%), dan *toxic relationship* secara pembatasan aktivitas (52,1%).

Kesimpulan : Mayoritas mahasiswa keperawatan mengalami kejadian *toxic relationship*.

Kata Kunci : Remaja, *Romantic relationship*, *Toxic relationship*.

THE DESCRIPTION OF TOXIC RELATIONSHIP INCIDENTS IN NURSING STUDENTS AT UNIVERSITAS JENDERAL ACHMAD YANI YOGYAKARTA

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ABSTRACT

Background: Toxic relationship is a behavior that is detrimental in a relationship that has a purpose to gain control and power over the partner. This behavior can be in the form of physical, psychological (emotional and verbal) violence, sexual violence and activity restriction violence. In Indonesia, the prevalence of physical violence reached 2,025 cases (31%), sexual violence 1,928 cases (30%), psychological violence 1,792 cases (28%) and economic violence reached 680 cases (10%), by which have been experienced by Adolescent. Meanwhile, in Yogyakarta, out of 660 cases, 46 of which are violence in romantic relationships.

Research Objectives: To find out the description of the incidence of toxic relationships in nursing students.

Research Methods: The type of research was descriptive quantitative research conducted on 96 nursing students who were in a romantic relationship and selected using convenience sampling technique. The research instrument used a toxic relationship questionnaire. Univariate analysis was used to get the distribution of frequency and percentage.

Research Results: The results showed that as many as (76%) of respondents experienced toxic relationship incident with forms of physical toxic relationships (46.9%), emotional/verbal toxic relationships (39.6%), sexual toxic relationships (51%), and toxic relationships in terms of activity limitation (52.1%).

Conclusion: The majority of nursing students have experienced toxic relationship incidents.

Keywords: Adolescent, Romantic relationship, Toxic relationship.