

GAMBARAN PERILAKU SEKSUAL PRANIKAH PADA MAHASISWA KEPERAWATAN (S-1) DI UNIVERSITAS JENDERAL ACHMAD YANI YOGYAKARTA

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INTISARI

Latar Belakang: Prevalensi perilaku seksual pranikah cenderung mengalami peningkatan. Hal ini dipengaruhi karena kurangnya pemahaman mengenai perilaku seksual pranikah, pergaulan bebas, dan adanya rasa keingintahuan yang tinggi. Dampak yang ditimbulkan diantaranya terpapar virus HIV, Penyakit Menular Seksual (PMS), bahkan sampai hamil di luar pernikahan.

Tujuan Penelitian: Mengetahui gambaran perilaku seksual pranikah pada mahasiswa keperawatan (S-1) di Fakultas Kesehatan Universitas Jenderal Achmad Yani Yogyakarta.

Metode Penelitian: Penelitian ini menggunakan metode kuantitatif dengan pendekatan deksriptif. Didapatkan 57 responden dengan teknik sampel *Proportioned Stratified Random Sampling*. Penelitian dilakukan di Universitas Jenderal Achmad Yani Yogyakarta Fakultas Kesehatan, pengambilan data dilakukan selama dua minggu. Alat ukur yang digunakan yaitu kuesioner perilaku seksual pranikah. pengolahan data menggunakan analisis univariat.

Hasil Penelitian: Hasil analisis menunjukkan mayoritas mahasiswa melakukan perilaku seksual pranikah menyimpang (50,9 %). Berdasarkan jenis kelamin kategori menyimpang banyak dilakukan mahasiswa laki-laki (60,7%), berdasarkan tingkat semester kategori menyimpang banyak dilakukan oleh semester IV (71,4%) dan berdasarkan status tempat tinggal kategori menyimpang banyak dilakukan mahasiswa yang tinggal di kontrakan (71,4%).

Kesimpulan: Perilaku seksual pranikah pada mahasiswa keperawatan (S-1) di Fakultas Kesehatan Universitas Jenderal Achmad Yani Yogyakarta termasuk pada kategori menyimpang sebanyak 50,9 %.

Kata Kunci: Seksual pranikah, Perilaku, Mahasiswa.

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THE DESCRIPTION OF PREMARITAL SEXUAL BEHAVIOR IN UNDERGRADUATE STUDENTS OF NURSING PROGRAM AT UNIVERSITAS JENDERAL ACHMAD YANI YOGYAKARTA

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ABSTRACT

Research Background: The prevalence of premarital sexual behavior tends to increase. This is influenced by a lack of understanding of premarital sexual behavior, promiscuity, and a high sense of curiosity. The impacts include being exposed to HIV virus, sexually transmitted diseases (STDs), and pregnancy before marriage.

Research Objective: This research aims to find out the description of premarital sexual behavior in undergraduate students of Nursing Program at Faculty of Health, Universitas Jenderal Achmad Yani Yogyakarta.

Research Method: This quantitative research employed a descriptive approach. 57 respondents were obtained using proportioned stratified random sampling. The research was conducted in two weeks to collect the data at the Faculty of Health of Universitas Jenderal Achmad Yani Yogyakarta. The premarital sexual behavior questionnaire was used as the measuring instrument while the data processing was done using univariate analysis.

Research Results: The analysis results show that the majority of the students are engaged in the deviant premarital sexual behavior (50.9%). Based on gender, the deviant category is mostly done by male students (60.7%). According to semester level, the deviant category is mostly done by the fourth semester students (71.4%). In addition, according to the status of residence, the deviant category is mostly done by the students living in rented houses (71.4%).

Conclusion: The premarital sexual behavior in undergraduate students of Nursing Program at the Faculty of Health, Universitas Jenderal Achmad Yani Yogyakarta is included in the deviant category (50.9%).

Keywords: Premarital Sex, Behavior, Students.

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