

HUBUNGAN *SELF-RELIANCE* DENGAN PERFORMA AKADEMIK PADA MAHASISWA KEPERAWATAN UNIVERSITAS JENDERAL ACHMAD YANI YOGYAKARTA

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INTISARI

Latar Belakang: *Self-reliance* dapat diartikan sebagai sikap jujur, bertanggung jawab, disiplin, dan percaya diri. *Self-reliance* dapat membantu mahasiswa dalam proses pembelajaran dikarenakan mahasiswa memiliki rasa tanggung jawab dan kemandirian. Dengan *Self-reliance* yang tinggi diharapkan dapat meningkatkan performa mahasiswa dalam pembelajaran.

Tujuan: Mengetahui hubungan *self-reliance* dengan performa akademik pada mahasiswa keperawatan Universitas Jenderal Achmad Yani Yogyakarta.

Metode: Penelitian ini menggunakan jenis penelitian kuantitatif dengan pendekatan *cross-sectional*. Sampel yang diambil menggunakan teknik *total sampling* sebanyak 85 responden, dengan kriteria inklusi diantaranya mahasiswa aktif tingkat II T.A. 2021/2022 dan telah menyelesaikan semua mata kuliah di semester 3. Pengambilan data menggunakan kuesioner *self-reliance* yang berskala *likert*. Analisis data dilakukan dengan menggunakan uji *koefisien kontingensi*.

Hasil: Mayoritas mahasiswa berjenis kelamin perempuan berjumlah 78 mahasiswa (88.6%). Mahasiswa yang memiliki *self-reliance* tinggi berjumlah 50 mahasiswa (56.8%). Sebanyak 85 mahasiswa (96.6%) memiliki nilai IPK dengan kategori diatas standar mutu. Hasil uji *Koefisien kontingensi* didapatkan nilai p-value >0.05 dan $r = 0.089$ yang berarti tidak ada hubungan antara *self-reliance* dengan performa akademik pada Mahasiswa Keperawatan Universitas Jenderal Achmad Yani Yogyakarta.

Kesimpulan: Mahasiswa keperawatan memiliki *self-reliance* yang tinggi dengan performa akademik diatas standar mutu lulusan. Namun *self-reliance* ini tidak berhubungan atau mempengaruhi prestasi akademik.

Kata Kunci: *Self-reliance*, performa akademik, mahasiswa keperawatan.

THE RELATIONSHIP BETWEEN SELF-RELIANCE AND ACADEMIC PERFORMANCE IN NURSING STUDENTS AT JENDERAL ACHMAD YANI UNIVERSITY, YOGYAKARTA

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ABSTRACT

Background: Self-reliance can be defined as honest, responsible, disciplined, and confident. Self-reliance can help students in their learning process as it shows a sense of responsibility and independence. High self-reliance is expected to improve students' learning performance.

Objective: To determine the relationship between self-reliance and academic performance of nursing students at Jenderal Achmad Yani University, Yogyakarta.

Methods: This study was a quantitative research type with a cross-sectional approach. Samples were obtained using a total sampling technique, resulting in 85 respondents with inclusion criteria: active students of level II in AY 2021/2022 who completed all courses in semester 3. Data collection used a self-reliance questionnaire with a Likert scale. Data analysis used the contingency coefficient test.

Results: Most students were female, with 78 in total (88.6%). Students who had high self-reliance were 50 students (56.8%). Eighty-five students (96.6%) had a GPA above the quality standard. The contingency coefficient test resulted in p-value > 0.05 and $r = 0.089$, meaning there was no relationship between self-reliance and academic performance in nursing students at Jenderal Achmad Yani University, Yogyakarta.

Conclusion: Nursing students have high self-reliance with academic performance above the graduate quality standard. However, this self-reliance does not relate to or affect their academic achievement.

Keywords: Academic performance, nursing students, self-reliance.