

**PENGARUH PENDIDIKAN KESEHATAN TENTANG KOMUNIKASI  
EFEKTIF TERHADAP TINGKAT PENGABAIAAN DAN  
KEKERASAN PSIKOLOGIS LANSIA DI SENTOLO KABUPATEN  
KULON PROGO**

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**INTISARI**

**Latar Belakang:** Lansia mengalami banyak perubahan, tidak hanya secara fisik tetapi juga mental, dan masalah sosial ekonomi, dimana perubahan sosial ekonomi, kehilangan pasangan hidup di hari tua, dan kehilangan teman. Semakin bertambahnya usia, semakin bergantung pada keluarga, akibat menurunnya fungsi tubuh yang dialami lansia, sehingga berisiko terabaikan. Namun, tidak semua keluarga mampu merawat anggota keluarganya, terutama cara berkomunikasi dengan orang yang lebih tua.

**Tujuan:** Penelitian ini bertujuan untuk mengetahui pengaruh pendidikan kesehatan terhadap tentang komunikasi efektif terhadap tingkat pengabaian dan kekerasan psikologis pada lansia di Sentolo Kabupaten Kulon Progo.

**Metode:** Penelitian ini menggunakan kuantitatif dengan quasi eksperimen pre-post test one grup design. Teknik purposive sampling diterapkan dengan jumlah responden 39 orang. Kuesioner verbal, emosional dan pengabaian lansia digunakan untuk memperoleh data.

**Hasil:** karakteristik responden adalah (69,2%) perempuan, lanjut usia (76,9%), berstatus menikah (59,0%), dan berpendidikan SD (97,4%). Hasil pada penelitian ini adalah terjadinya penurunan tingkat kekerasan psikologis dan pengabaian antara pre-test dan post-test, Sig (2-tailed) yang bernilai 0.00. Data dianalisis menggunakan uji *Wilcoxon*.

**Kesimpulan:** Kesimpulan yang dapat diambil yakni terdapat pengaruh pendidikan kesehatan tentang komunikasi efektif terhadap tingkat pengabaian dan kekerasan psikologis lansia di Sentolo Kabupaten Kulon Progo.

**Kata kunci:** Pendidikan Kesehatan, Kekerasan Psikologis, Pengabaian.

1

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**THE INFLUENCE OF HEALTH EDUCATION ON EFFECTIVE  
COMMUNICATION ON THE LEVEL OF NEGLECT AND  
PSYCHOLOGICAL VIOLENCE OF THE ELDERLY IN SENTOLO,  
KULON PROGO REGENCY**

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**ABSTRACT**

**Background:** The elderly experience many changes, not only physically but also mentally, and socio-economic problems, where socio-economic changes, loss of life partner in old age, and loss of friends. The older they get, the more dependent they are on their family, due to the declining body functions experienced by the elderly, so they are at risk of being neglected. However, not all of the family able to taking care their family member, especially the way they have to communicate with older people.

**Purpose:** This study aimed to determine the effect of health education on effective communication towards the level of neglect and psychological violence of the elderly in Sentolo, Kulon Progo Regency.

**Method:** The study used a quantitative with quasi-experimental pre-post test one group design. Purposive sampling technique was applied with a total number of 39 respondents. Questionnaire on verbal, emotional, and neglect of the elderly was used to obtain the data.

**Result:** The characteristic at the respondents were (69,2%) female, elderly (76,9%), they have a marital status (59,0%), and educated level of an elementary school (97,4%). The results at this study were there was a decrease in the level of psychological violence and neglect between the pre-test and post-test, Sig (2-tailed) which is worth 0.00. The data were analyzed using the Wilcoxon test.

**Conclusion:** The conclusion that can be drawn is that there is an effect of health education on effective communication on the level of neglect and psychological violence of the elderly in Sentolo, Kulon Progo Regency.

**Keywords:** Health Education, Psychological Violence, Neglect.

2

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