

**GAMBARAN HASIL TERAPI PADA PASIEN
DENGAN KANKER SELURAN CERNA TAHUN 2016-2018
DI RSUD PANEMBAHAN SENOPATI BANTUL**

INTISARI

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Latar Belakang: Kanker saluran cerna merupakan kanker yang terjadi di sepanjang organ pencernaan. Insidensi kematian yang diakibatkan oleh kanker saluran cerna di dunia masih tinggi. Penatalaksanaan medis kanker mengarah pada terapi pemberantasan penyakit secara menyeluruh, yang bertujuan untuk memperpanjang harapan hidup dan menghambat pertumbuhan sel kanker. Namun hasil dari terapi kanker tersebut masih sedikit yang dipublikasikan, begitu juga publikasi tentang hasil terapi kanker di Yogyakarta.

Tujuan Penelitian : Diketuinya karakteristik pasien, jenis kanker, jenis terapi, lama terapi, dan gambaran hasil terapi berdasarkan *RECIST* pada pasien dengan kanker saluran cerna tahun 2016-2018 di RSUD Panembahan Senopati Bantul.

Metode: Penelitian deskriptif retrospektif berdasarkan data rekam medis pasien kanker saluran cerna (kanker kolorektal, kanker lambung, dan kanker hati) di RSUD Panembahan Senopati Bantul dengan menggunakan ceklist. Penelitian dilakukan pada 49 pasien dengan metode total sampling pada bulan Januari-Juni 2018.

Hasil: Mayoritas responden rata-rata usia 55,75 tahun, jenis kelamin laki-laki (73,5%), pendidikan SD (46,9%) dan buruh (28,6%). Kanker terbanyak adalah kanker hati (75,5%) dengan terapi suportif (46,9%) dan lama terapi rata-rata 27,20 bulan. Hasil terapi kanker untuk *complete response* (4,1%), *partial response* (28,6%), *stable disease* (20,4%) dan *progressive disease* (46,9%).

Kesimpulan: Gambaran hasil terapi pada pasien kanker saluran cerna di RSUD Panembahan Senopati Bantul sebagian besar adalah *progressive disease* (46,9%).

Kata Kunci: Hasil terapi, Kanker Saluran Cerna

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**AN OVERVIEW OF THE RESULTS OF THERAPY FOR PATIENTS
WITH GASTROINTESTINAL CANCERS IN 2016-2018
IN RSUD PANEMBAHAN SENOPATI BANTUL**

ABSTRACT

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Background: Gastrointestinal cancer refers to malignant conditions of the gastrointestinal tract. The world's mortality rate due to gastrointestinal cancer remains high. The medical management of cancer is inclined toward therapies which completely eliminate the disease, aiming to prolong life expectancy and inhibit cancer cells growth. Nevertheless, publications on the results of these therapies are rare, both nationally and regionally in Yogyakarta.

Research Objectives: To discover patients characteristics, types of cancer, types of therapy, duration of therapy, and the information on the results of RECIST-based therapies for patients with gastrointestinal cancers from 2016 to 2018 in RSUD Panembahan Senopati Bantul.

Method: The descriptive retrospective research utilized checklist based on medical records of patients with gastrointestinal cancers (colorectal, gastric, and hepatic cancers) in RSUD Panembahan Senopati Bantul. This research, conducted from January to June 2018, used total sampling method to examine 49 patients.

Findings: The average age of the respondents was 55.75 years old, with the following domination in the samples: male population by 73.5%, Elementary School graduates by 46.9%, and laborers by 28.6%. Most of the respondents suffering from hepatic cancer (75.5%) received supportive therapies (46.9%) in averagely 27.20 month-period. The cancer therapies also indicate the following results: complete response by 4.1%, partial response by 28.6%, stable disease by 20.4%, and progressive disease by 46.9%.

Conclusion: The overview of the results of therapy for patients with gastrointestinal cancers in RSUD Panembahan Senopati Bantul indicates that the therapies were mostly given to treat progressive disease (46.9%).

Key words: Results of Therapy, Gastrointestinal Cancer

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