

HUBUNGAN TINGKAT KETERLIBATAN DAN KUALITAS HIDUP FAMILY CAREGIVER DALAM MERAWAT PASIEN KANKER DI POLI ONKOLOGI RUMAH SAKIT PANEMBAHAN SENOPATI BANTUL

Rizka Muchtar¹, Ike Wuri Winahyu Sari²
Email: rizkamuchtar99@gmail.com

INTISARI

Latar Belakang: Keterlibatan *family caregiver* dalam merawat pasien kanker sangat penting untuk membantu memenuhi segala kebutuhan yang tidak dapat dipenuhi sendiri oleh pasien. Keterlibatan *family caregiver* dalam merawat pasien sering kali menjadi beban dan sering kali *family caregiver* berpersepsi negatif tentang kondisi pasien maupun keadaan keluarga dimasa yang akan datang sehingga mempengaruhi kualitas hidup.

Tujuan: Penelitian ini bertujuan untuk mengetahui hubungan antara tingkat keterlibatan dan kualitas hidup *family caregiver* dalam merawat pasien kanker di Poli Onkologi Rumah Sakit Panembahan Senopati Bantul.

Metode: Jenis penelitian ini adalah penelitian kuantitatif dengan rancangan deskriptif korelasi dan menggunakan pendekatan *cross-sectional*. Sebanyak 51 *family caregiver* diambil menjadi responden yang di dapatkan menggunakan teknik *purposive sampling* dan dilakukan di RSUD Panembahan Senopati Bantul selama bulan Mei. Pengambilan data dilakukan menggunakan kuesioner *Family Caregiver Involvement in Caring-Cacer (FCIC-C)* dan *Caregiver Qol Index-Cancer (CQOLC)* yang telah valid dan reliabel. Data yang diperoleh diuji menggunakan korelasi Pearson dengan hasil $p=0,001$ menunjukkan hubungan yang signifikan.

Hasil: Hasil penelitian menunjukkan bahwa gambaran tingkat keterlibatan *family caregiver* yang merawat pasien kanker berada pada skor rata-rata $52,88 \pm 7,64$ dari rentang skor 0-87, gambaran kualitas hidup *family caregiver* berada pada skor rata-rata $83,29 \pm 7,91$ dari rentang skor 0-140. Hasil tersebut menunjukkan terdapat hubungan yang signifikan antara tingkat keterlibatan dan kualitas hidup *family caregiver* dalam merawat pasien kanker dengan nilai $p=0,001$ dan r -Pearson sebesar 0,444 yang menunjukkan kekuatan korelasi sedang.

Kesimpulan: Terdapat hubungan antara tingkat keterlibatan dan kualitas hidup *family caregiver* dalam merawat pasien kanker di Poli Onkologi Rumah Sakit Panembahan Senopati Bantul. Perawat maupun tenaga kesehatan lainnya dapat memperhatikan *family caregiver* yang merawat pasien kanker dan tidak hanya berfokus kepada pasien sehingga kualitas hidup *family caregiver* tetap berada dalam kondisi baik.

Kata Kunci: Tingkat Keterlibatan, Kualitas Hidup *Family Caregiver*, Kanker

¹Mahasiswa Program Studi Keperawatan Universitas Jenderal Achmad Yani Yogyakarta

²Dosen Program Studi Keperawatan Universitas Jenderal Achmad Yani Yogyakarta

THE CORRELATION BETWEEN THE FAMILY CAREGIVER LIFE QUALITY AND THE INVOLVEMENT LEVELS IN TREATING CANCER PATIENTS AT THE ONCOLOGY POLY OF PANEMBAHAN SENOPATI HOSPITAL BANTUL

Rizka Muchtar¹, Ike Wuri Winahyu Sari²
Email: rizkamuchtar99@gmail.com

ABSTRACT

Background: The involvement of family caregivers in caring for cancer patients is very important in terms of fulfilling all the needs that the patients cannot independently fulfill. The involvement of family caregivers in caring for patients is often a burden and often family caregivers have negative perceptions about the patient's condition as well as family conditions in the future, so the quality of life could be affected.

Purpose: This study aims to determine the correlation between the family caregiver life quality and the involvement levels in treating cancer patients at the Oncology Poly of Panembahan Senopati Hospital Bantul.

Method: The type of research is a quantitative with a descriptive correlation design and using a cross-sectional approach. A total of 51 family caregivers were taken as respondents, obtained using a purposive sampling technique and carried out at Panembahan Senopati Hospital Bantul during the month of May. The data were collected using the Family Caregiver Involvement in Caring-Cancer (FCIC-C) and Caregiver Qol Index-Cancer (CQOLC) questionnaires which were valid and reliable. The data obtained were tested using Pearson correlation with the results $p = 0.001$ showing a significant correlation.

Results: Research result shows that the description of the level of involvement of family caregivers who treat cancer patients is at an average score of 52.88 ± 7.64 from a score range of 0-87, the description of the quality of life of family caregivers is at an average score of 83.29 ± 7.91 from score range 0-140. These results indicate that there is a significant correlation between the level of involvement and quality of life of family caregivers in treating cancer patients with a p value = 0.001 and an r -Pearson of 0.444, indicating a moderate correlation strength.

Conclusion: There is a correlation between the level of involvement and quality of life of family caregivers in treating cancer patients at the Oncology Polyclinic, Panembahan Senopati Hospital, Bantul. Nurses and other health workers can pay attention to family caregivers who care for cancer patients and not only focus on patients so that the family caregiver's quality of life remains in good condition.

Keywords: Level of Involvement, Family Caregiver Quality of Life, Cancer

¹A student of the Nursing Department at Universitas Jenderal Achmad Yani, Yogyakarta

²A Lecturer of the Nursing Department at Universitas Jenderal Achmad Yani, Yogyakarta