

# HUBUNGAN KINERJA KADER DENGAN PEMANFAATAN POSYANDU LANSIA DI WILAYAH KERJA PUSKESMAS GAMPING I KABUPATEN SLEMAN YOGYAKARTA

Satria Kustiawan<sup>1</sup>, Ngatoiatu Rohmani<sup>2</sup>

## INTISARI

**Latar Belakang:** Posyandu lansia merupakan pos pelayanan terpadu untuk masyarakat usia lanjut disuatu wilayah tertentu yang di jalankan oleh masyarakat agar lansia dapat mencapai derajat kesehatan secara optimal. Posyandu lansia secara mandiri dikelola oleh kader kesehatan masyarakat yang di pantau oleh puskesmas. Pemanfaatan posyandu secara baik oleh lansia akan berdampak pada peningkatan kesejahteraan pada lansia. Untuk itu, peran dan kinerja kader menjadi faktor penting yang dapat meningkatkan keaktifan lansia dalam kegiatan posyandu.

**Tujuan Penelitian:** Mengetahui hubungan kinerja kader terhadap pemanfaatan posyandu lansia di Puskesmas Gamping I Kabupaten Sleman Yogyakarta.

**Metode Penelitian:** Penelitian ini menggunakan desain deskriptif kuantitatif dengan pendekatan *cross sectional*. Pengambilan sampel dilakukan dengan teknik *purposive sampling* sebanyak 46 lansia aktif di Pedukuhan Pereng Dawe Sleman. kriteria Inklusi pada penelitian ini adalah : lansia yang berusia 60-90 tahun yang tercatat sebagai anggota posyandu lansia. Kriteria Ekslusi yaitu lansia yang bedrest atau lansia yang mengalami gangguan kesehatan. Data diambil dengan menggunakan kuesioner kinerja kader yang di isi oleh lansia dan buku registrasi. Analisis data menggunakan uji *Eta*.

**Hasil Penelitian:** Kinerja kader posyandu lansia di Pedukuhan Pereng Dawe di nilai baik oleh lansia dengan nilai mean ( $\bar{x}$  4,2). Sebagian besar lansia telah memanfaatkan posyandu lansia di wilayah puskesmas gamping I (60,9%). Hasil uji *Eta* diperoleh nilai  $p < 0,001$  dengan koefisien korelasi 0,839.

**Kesimpulan:** Terdapat hubungan yang signifikan antara kinerja kader terhadap pemanfaatan posyandu lansia di Puskesmas Gamping I dengan keeratan hubungan sangat kuat.

**Kata Kunci:** kinerja kader, pemanfaatan posyandu ,posyandu lansia

---

<sup>1</sup> Mahasiswa Keperawatan Universitas Jenderal Achmad Yani Yogyakarta

<sup>2</sup> Dosen Keperawatan Universitas Jenderal Achmad Yani Yogyakarta

# THE CORRELATION BETWEEN THE PERFORMANCE OF THE HEALTH CADRES AND THE USE OF *POSYANDU LANSIA* IN PUSKESMAS GAMPING I IN SLEMAN REGENCY OF YOGYAKARTA

Satria Kustiawan<sup>1</sup>, Ngatoiatu Rohmani<sup>2</sup>

## ABSTRACT

**Background:** *Posyandu lansia* is a health care for elderly people in certain area carried out by the society so that the elderly people can get optimum quality of health. *Posyandu lansia* is independently managed by the health cadres of the society that is supervised by puskesmas (community health center). The effective use of *posyandu* by the elderly will effect to the improvement of their welfare. Therefore, the role and performance of the health cadres become important factors that can improve the activeness of the elderly in the activity of the health care.

**Research Objective:** This research aims to find out the correlation between the performance of the health cadres and the use *posyandu lansia* in Puskesmas Gamping I in Sleman Regency of Yogyakarta.

**Research Methods:** This research used descriptive quantitative design with cross sectional approach. The sample collection was conducted with purposive sampling technique for 46 elderly people who were active in Pereng Dawe Hamlets of Sleman. The inclusion criterion in this research was the elderly aged about 60- 90 years old registered as the members of *posyandu lansia*, while the exclusion one was the elderly people who had bed rest or the elderly with health problems. The data were taken using questionnaire of cadre performance filled by the elderly and registration book. The data analysis used Eta test.

**Research Results:** The cadre performance of the *posyandu lansia* in Pareng Dawe Hamlets is categorized as good by the elderly with mean value of 4.2. Most of the elderly have used *posyandu lansia* in Puskesmas Gamping I area (60.9%). The result of Eta test is p value of  $< 0.001$  with correlation coefficient of 0.839.

**Conclusion:** There is a significant correlation between the performance of health cadres and the use of *posyandu lansia* in Puskesmas Gamping I with very strong correlation.

**Keywords:** health cadre performance, *posyandu* use, *posyandu lansia*

---

<sup>1</sup> Student of Nursing Study Program of Universitas Jenderal Ahmad Yani Yogyakarta

<sup>2</sup> Lecturer of Nursing Study Program of Universitas Jenderal Ahmad Yani Yogyakarta