

HUBUNGAN DUKUNGAN KELUARGA DENGAN *SELF EFFICACY* PADAPENYANDANG DIABETES MELITUS TIPE II DI PUSKESMAS GAMPING II

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INTISARI

Latar Belakang : Saat ini banyak keluarga yang belum menjalankan fungsi, tugas dan dukungan keluarga, hal ini dapat dilihat dari banyaknya orang tua yang hidup sendiri tanpa dampingan keluarga. Banyak dari anggota keluarga yang tinggal di luar kota. Dukungan keluarga salah satu faktor yang dapat meningkatkan *self efficacy*. *Self efficacy* atau keyakinan diri diperlukan dalam menjalankan pengelolaan diabetes melitus tipe II.

Tujuan Penelitian: Penelitian ini bertujuan untuk mengetahui hubungan dukungan keluarga dengan *self efficacy* padapenyandang diabetes melitus tipe II di Puskesmas Gamping II.

Metode Penelitian : Penelitian kuantitatif non eksperimental dengan desain penelitian korelatif dan pendekatan *cross sectional*. Jumlah sampel yang digunakan sebanyak 42 responden dengan teknik *purposive sampling*. Pengumpulan data menggunakan kuesioner *Diabetes Management Self-Efficacy Scale* (DMSES) UK dan *Hensarling Diabetes Family Support Scale* (HDFSS). Analisis data menggunakan uji korelasi *Pearson*.

Hasil : Hubungan antara dukungan keluarga dengan *self efficacy* pada penyandang diabetes melitus tipe II di Puskesmas Gamping II dilihat dari nilai p value sebesar 0,037 (p value <0,05), yang menunjukkan adanya hubungan dari kedua variabel, dengan keeratan hubungan sebesar $r=0,323$,

Kesimpulan : Terdapat hubungan yang bermakna antara dukungan keluarga dengan *self efficacy* pada penyandang diabetes melitus tipe II di Puskesmas Gamping II.

Kata Kunci : diabetes melitus tipe II, *self efficacy*, dukungan keluarga

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THE CORRELATION BETWEEN FAMILY SUPPORT AND SELF-EFFICACY OF THE PEOPLE WITH DIABETES MELLITUS TYPE II IN PUSKESMAS GAMPING II

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ABSTRACT

Background: Recently, there are many families who have not functioned well in conducting the family duties and support. There are many family members living out of town. Family support is one of the factors which can increase self-efficacy. Self-efficacy or self-confidence is needed in performing the management of diabetes mellitus type II.

Research Objective: This research aims to find out the correlation between family support and self-efficacy of the people with diabetes mellitus type II in Puskesmas Gamping II.

Research Methods: This research was non-experimental quantitative research with correlative research design and cross sectional approach. The number of samples recruited was 42 respondents using purposive sampling technique. The data collection technique applied the Diabetes Mellitus Self-Efficacy Scale (DMSES) UK questionnaire and Hensarling Diabetes Family Support Scale (HDFSS). The data analysis used Pearson correlation test.

Results: The correlation between family support and self-efficacy of the people with diabetes mellitus type II in Puskesmas Gamping II seen from the p value which is 0.037 (p value < 0.05) showing that there is a correlation between two variables with the closeness of $r=0.323$.

Conclusion: There is a meaningful correlation between family support and self-efficacy of the people with diabetes mellitus type II in Puskesmas Gamping II.

Keywords: Diabetes mellitus type II, self-efficacy, family support

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