

GAMBARAN FUNGSI PARU PADA PEKERJA PARKIR PASAR ANGKRUKSARI KECAMATAN KRETEK DI BANTUL YOGYAKARTA

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INTISARI

Latar Belakang : Pekerja parkir merupakan orang yang dipekerjakan oleh penyelenggara tempat parkir sebagai tukang parkir pada tempat khusus, sedangkan juru parkir adalah orang yang ditugaskan pada tempat parkir di tepi jalan umum berdasarkan surat tugas. Tugas seorang pekerja parkir dapat berisiko mengalami kecelakaan kerja (KK) maupun penyakit akibat kerja (PAK). Salah satu PAK yang terjadi pada pekerja parkir adalah penyakit paru pada pekerja atau *Occupational Lung Disease* (OLD).

Tujuan Penelitian : Untuk mengetahui gambaran fungsi paru pada pekerja parkir.

Metode Penelitian : Jenis penelitian ini adalah penelitian deskriptif dengan pendekatan *cross sectional*. Sampel yang digunakan adalah total sampling yaitu sebanyak 39 orang dan hanya 29 orang yang bersedia mengikuti penelitian. Alat yang digunakan pada penelitian ini adalah Spirometri jenis Spirolab II dan kuesioner. Hasil penelitian dianalisis menggunakan uji deskriptif.

Hasil Penelitian : Gambaran fungsi paru pada pekerja parkir berdasarkan nilai FVC (dikategorikan restriksi) diperoleh sebanyak 3,4 dikategorikan sedang, sebanyak 34,4 kategori ringan, dan sebanyak 62,1 dikategorikan normal. Sedangkan berdasarkan nilai FEV1/FVC (dikategorikan obstruksi) diperoleh hasil sebanyak 10,3 kategori sedang, sebanyak 37,9 kategori ringan, dan sebanyak 51,7 kategori normal.

Kesimpulan : Gambaran fungsi paru pada pekerja parkir dilihat dari nilai FVC dan FEV1/FVC dikategorikan normal.

Kata kunci : *Pekerja parkir, Nilai FVC, Nilai FEV1/FVC*

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AN OVERVIEW OF LUNG FUNCTION OF PARKING WORKER OF ANGKRUKSARI MARKET DISTRICT OF KRETEK IN BANTUL YOGYAKARTA

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ABSTRACT

Background: A parking worker is a person who is employed by a parking lot organizer as a parking attendant at a special place, while parking attendant is a person who is assigned to a public roadside parking lot based on a letter of assignment. The duty of a parking worker could be at the risk of having an occupational accident (HH) and occupational illness (PAK). One PAK that occurs in parking workers is lung disease in workers or known as an Occupational Lung Disease (OLD).

Objectives: To find out an overview of lung function in parking worker.

Methods: This research is using a descriptive study with cross sectional approach. The sample used was a total sampling of 39 people and only 29 people who were willing to join the study. The tools used in this study were Spirirtab Spirolab II type and questionnaire. The results of the study were analyzed using descriptive tests.

Result: An overview of lung function in parking workers based on FVC values (categorized as restrictions) obtained as many as 3.4 categorized as moderate, as many as 34.4 in mild categories, and as many as 62.1 categorized as normal. Whereas based on FEV1 / FVC values (categorized as obstruction), there were 10.3 moderate results, 37.9 mild categories, and 51.7 normal categories.

Conclusion: An overview of lung function in parking workers as seen from the FVC and FEV1 / FVC values are categorized as normal.

Keywords: *Parking Worker, FVC Values, FEV1/FVC Values*

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