

**HUBUNGAN PENGETAHUAN IBU TENTANG *TOILET TRAINING*
DENGAN KEBIASAAN PENGGUNAAN *DIAPERS* PADA ANAK
TODDLER 1-3 TAHUN DI SLEMAN
YOGYAKARTA**

INTISARI

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Latar Belakang : Di Indonesia diperkirakan jumlah *toddler* mencapai 40% dari 295 juta jiwa penduduk Indonesia di tahun 2015. Menurut Survei Kesehatan Rumah Tangga (SKRT) tahun, diperkirakan jumlah balita yang masih susah mengontrol BAB dan BAK (mengompol) sampai usia prasekolah mencapai 75 juta anak. Kejadian anak mengompol lebih besar jumlah persentase anak laki-laki yaitu 60% dan anak perempuan 40%. Prevelensi iritasi kulit (ruam popok) pada bayi cukup tinggi 25% dari 6.840.507.000 bayi yang lahir di dunia kebanyakan menderita iritasi kulit (ruam popok) akibat penggunaan *diapers*. Jumlah terbanyak ditemukan pada usia 0-1 tahun. Insiden ruam popok di Indonesia yang berusia di bawah 3 tahun mencapai 35% yang menimpa bayi laki-laki dan perempuan.

Tujuan Penelitian : mengetahui hubungan pengetahuan ibu tentang *toilet training* dengan kebiasaan penggunaan *diapers* pada anak *toddler* (1-3 tahun) di Sleman Yogyakarta

Metode Penelitian : Penelitian ini menggunakan jenis penelitian *Analytic Correlation* dengan pendekatan *cross sectional*. Sampel diambil dengan teknik *purposive sampling* yaitu 46 responden ibu yang mempunyai anak usia *toddler* menjadi anggota Posyandu Mandiri Murangan VIII. Hasil penelitian dianalisis dengan uji *Kendall Tau* dengan tingkat kemaknaan $p < 0,05$.

Hasil Penelitian : pengetahuan ibu tentang *toilet training* di Posyandu Mandiri Murangan Triharjo Sleman Yogyakarta sebagian besar adalah baik (51,4%). Frekuensi penggunaan *diapers* pada anak *toddler* (1-3 Tahun) di Posyandu Murangan Triharjo Sleman Yogyakarta sebagian besar adalah kategori tidak pernah (56,5%). Hasil uji *Kendall Tau* diperoleh nilai $p (0,010) < 0,05$ dengan nilai koefisien kontingensi sebesar 0,336.

Kesimpulan : Terdapat hubungan signifikan antara pengetahuan ibu tentang *toilet training* dengan kebiasaan penggunaan *diapers* pada anak *toddler* 1-3 tahun di Sleman Yogyakarta dengan keeratan hubungan positif rendah.

Kata Kunci : Pengetahuan ibu, Toilet training, kebiasaan penggunaan *diapers*, *toddler*

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THE CORRELATION BETWEEN MOTHER'S KNOWLEDGE ABOUT TOILET TRAINING AND HABIT OF USING DIAPER IN TODDLER AGED 1-3 YEARS OLD IN SLEMAN YOGYAKARTA

ABSTRACT

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Background : In Indonesia, there is an estimated number of toddlers as high as 40% of 295 million people in 2015. According to Household Health Survey, the number of children with urinary incontinence until preschool age is 75 million children. Urinary incontinence may affect more male children as many as 60% and female children as many as 40%. The prevalence of diaper rash in babies is quite high as many as 25% out of 6.840.507.000 babies who are given birth, mostly suffer rash due to diaper usage. The highest number is identified in the age of 0-1 year old. In Indonesia, the cases of diaper rash in children under 3 years old are 35% affecting male and female babies.

Objective : To identify The Correlation between Mother's Knowledge about Toilet Training and Habit of Using Diaper in Toddler aged 1-3 years old in Sleman, Yogyakarta.

Method : This study applied correlational design and cross sectional approach. Samples were selected by purposive sampling technique as many as 46 mothers who had toddlers and became members of Independent Maternal and Child Integrated Care Center of Murangan VIII.

Result : Mother's knowledge about toilet training in Independent Maternal and Child Integrated Care Center of Murangan, Triharjo, Sleman, Yogyakarta, was mostly in good category (51,4%), frequency of using diaper in toddler aged 1-3 years old in Maternal dan Child Integrated Care Center of Murangan, Triharjo, Sleman, Yogyakarta, was mostly in "never" category (56,5%). The result of Kendall Tau test figured out p value of $0,010 < 0,05$ with contingency coefficient value of 0,336.

Conclusion : There was a significant correlation between Mother's Knowledge about Toilet Training and Habit of Using Diaper in Toddler aged 1-3 years old in Sleman, Yogyakarta, with low and positive correlational significance.

Keywords : Mother's knowledge, Toilet Training, Habit of Using Diaper, Toddler.

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