

## GAMBARAN PERAN PERAWAT DALAM PENCEGAHAN DEKUBITUS DI BANGSAL WIJAYA KUSUMA RSUD WATES KULON PROGO

### INTISARI

**Latar Belakang:** Upaya pencegahan dekubitus perlu memperhatikan pengetahuan, sikap, motivasi, dan perilaku perawat. Tingkat keberhasilan dalam upaya pencegahan dekubitus tergantung hal tersebut, akan tetapi berbagai studi mengindikasikan bahwa perawat tidak memiliki informasi dan pengetahuan yang cukup dalam memahami isi panduan penanganan dan kegiatan pencegahan dekubitus.

**Tujuan Penelitian:** Untuk mengetahui gambaran peran perawat dalam pencegahan dekubitus di Bangsal Wijaya Kusuma RSUD Wates Kulon Progo.

**Metode Penelitian:** Penelitian ini merupakan penelitian kuantitatif dengan desain deskriptif menggunakan pendekatan waktu *cross sectional*. Jumlah sampel sebanyak 15 responden dengan teknik *total* populasi. Analisis menggunakan statistik deskriptif dan dipaparkan dalam bentuk persentase.

**Hasil:** Sebagian besar perawat mempunyai peran yang baik dalam pencegahan dekubitus 10 (66,7%). Peran perawat dilihat dari karakteristik yaitu, perempuan 13 (86,7%) dengan rentang usia 26-35 tahun yaitu 12 (80,0%), lama kerja >3 tahun yaitu 9 (60,0%), dan mayoritas berpendidikan DIII yaitu 13 (86,7%). Peran perawat dalam pengkajian faktor risiko dekubitus pada kategori baik 9 (60,0%), peran perawat dalam perawatan kulit pasien pada kategori baik 9 (60,0%), peran perawat memperbaiki status nutrisi pasien pada kategori baik 10 (66,7%), peran perawat dalam *support surface* pada kategori cukup 12 (80,0%), dan peran perawat dalam memberikan edukasi pada kategori baik 13 (86,7%).

**Kesimpulan:** Peran perawat dalam pencegahan dekubitus di Bangsal Wijaya Kusuma RSUD Wates Kulon Progo dalam kategori baik.

**Kata Kunci:** Peran perawat, pencegahan dekubitus.

## NURSES ROLE'S IN DECUBITUS PREVENTION IN WIJAYA KUSUMA WARD OF RSUD WATES KULON PROGO

### *ABSTRACT*

**Background** : Decubitus prevention need the knowledge, attitude, motivation, and behavior of nurses. The success of decubitus prevention depends on it, but indicated studies that the nurses not have more information and knowledge for understanding the content of handling guidelines and decubitus prevention.

**Objective** : To identify the description of nurses Role's in decubitus prevention in Wijaya Kusuma Ward of RSUD Wates Kulon Progo.

**Method** : This was a quantitative study with descriptive design by using cross sectional time approach. The number of samples was 15 respondents selected through total sampling technique. The analysis applied descriptive statistic and presented in the format of percentage.

**Result** : The majority of nurses had positive role's in decubitus prevention as many as 10 respondents (66.7%), the nurses role's according to some characteristics were as follows; female as many as 13 respondents (86.7%) with age interval of 26-35 years old as many as 12 respondents (80.0%), longer working period than 3 years as many as 9 respondents (60.0%), and mostly from DIII educational background as many as 13 respondents (86.7%). The nurses role in the assessment on decubitus risk factor was in good category as many as 9 respondents (60.0%), the nurses role in skin care for patients was in good category as many as 9 respondents (60.0%), the nurses role in patients nutritional status enhancement was in good category as many as 10 respondents (66.7%), the nurses role in support surface was in sufficient category as many as 12 respondents (80.0%), and the nurses role in providing education was in good category as many as 13 respondents (86.7%).

**Conclusion** : The nurses role's in decubitus prevention in Wijaya Kusuma Ward of RSUD Wates Kulon Progo is in good category.

**Keywords** : Nurses Role's, Decubitus Prevention.