

# PENGARUH *SPIRITUAL INTERVENTIONS: SUPPORT FOR FAMILY* TERHADAP *GLASGOW COMA SCALE (GCS)* PADA PASIEN PENURUNAN KESADARAN DI RUANG ICU RSUD WATES KULON PROGO

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## INTISARI

**Latar Belakang:** Pasien kritis di ICU harus dijaga stabilisasinya dengan pemantauan yang berfokus status fisiologis pasien. Pasien di ruang ICU dengan penurunan kesadaran di Indonesia berkisar 14-24%, diperlukannya pemantauan, dan pemberian terapi dalam peningkatan kesadaran. Teknik nonfarmakologi salah satunya dukungan spiritual yang diberikan oleh keluarga atau "*Spiritual interventions support for family*", terapi *spiritual interventions : support for family* dapat menstimulasi hormon kortikosteroid yang dapat meningkatkan imunitas, ritme jantung, pernafasan, dan sel otak untuk memicu peningkatan kesadaran pada pasien.

**Tujuan Penelitian :** Mengetahui pengaruh *spiritual interventions: support for family terhadap glasgow coma scale (GCS)* pada pasien penurunan kesadaran di Ruang ICU RSUD Wates Kulon Progo.

**Metode Penelitian :** Penelitian ini merupakan penelitian quasi eksperimen. *Quasi eksperimen* rancangan penelitian ini adalah *Pretest-Posttest Control Group Design*. Uji hipotesis menggunakan uji statistik *t-test independen*, menggunakan uji normalitas *shapiro wilk* tingkat kemaknaan  $\alpha=0,05$ , sampel berjumlah responden sebanyak 22 responden. Instrumen yang digunakan adalah lembar observasi untuk mengetahui nilai GCS sebelum dan sesudah diberikan perlakuan *spiritual interventions : support for family . spiritual interventions : support for family* yang dilakukan oleh keluarga berupa membaca kitab suci, bercerita kenangan, memberi dukungan, memberikan harapan untuk sembuh pada pasien, dan berdoa.

**Hasil Penelitian :** Hasil analisis statistik menggunakan uji t-test independen menunjukkan bahwa nilai *p value* sebesar 0,007 (*p value* < 0,05), artinya ada pengaruh pemberian *spiritual interventions : support for family* terhadap GCS pasien penurunan kesadaran di Ruang ICU RSUD Wates Kulon Progo.

**Kesimpulan :** *spiritual interventions : support for family* memiliki pengaruh dalam meningkatkan kesadaran pada pasien penurunan kesadaran di ICU.

**Kata kunci :** Pasien Penurunan Kesadaran, *spiritual interventions : support for family*

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# **SPIRITUAL INTERVENTION INFLUENCE: FAMILY SUPPORT TO GLASGOW COMA SCALE (GCS) ON PATIENTS OF AWARENESS DURATION IN WATES KULON PROGO HOSPITAL**

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## **ABSTRAK**

**Background:** The critical patient in the ICU should be maintained with the patient's physiological status. Patients in ICU wards with decreased awareness in Indonesia ranged from 14-24%, weather required, and therapeutic benefits in awareness raising. "Spiritual intervention supports the family", spiritual intervention therapy: support for the family can stimulate the hormone kostrikosteroid that can improve immunity, heart rhythm, breathing, and brain cells for awareness raising in patients.

**Objective:** To know the effect of spiritual intervention: family support on the glasgow coma scale (GCS) against patients in the ICU of Wates Kulon Progo Hospital.

**Method:** This research is a quantitative research experiment. Quasy experiment suc of this research is Pretest-Posttest Control Group Design. Hypothetical test using independent t-test statistic test, using shapiro normality test wilk significance level  $\alpha = 0,05$ , sample. The instrument used was an observation sheet to know the GCS before and after a spiritual intervention: support for the family. spiritual intervention: family support done by families who read the scriptures, memories of memories, lend support, give hope to heal to the patient, and pray.

**Result:** The result of statistical analysis using independent t-test showed p value 0,007 (p value <0,05), there is influence of spiritual intervention: family support for GCS patient in ICU Hospotal Westes Kulon Progo.

**Explanation:** spiritual intervention: support for families has an effect on awareness raising in patients in ICU.

**Keywords:** Reduced Awareness Complaint, spiritual intervention: family support

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