

PERBEDAAN TINGKAT STRES KERJA PERAWAT DI BANGSAL DALAM
DAN BANGSAL BEDAH
RSUD PANEMBAHAN SENOPATI BANTUL

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INTISARI

Latar Belakang : Profesi keperawatan memegang peranan penting di dalam rumah sakit dengan memberikan layanan kesehatan dalam bentuk asuhan keperawatan secara bio-sosial-kultural-spiritual secara komperhensif. Dalam pelaksanaan pekerjaan terkadang didapatkan stressor. Di Bangsal Dalam dan Bedah RSUD Panembahan Senopati Bantul tingkat stres antara perawat yang bekerja di Bangsal Dalam dan Bangsal Bedah berbeda, terdapat 34 perawat yang bertugas di kedua bangsal, 17 perawat dari bangsal dalam dan 17 perawat dari bangsal bedah.

Tujuan : Untuk mengetahui Perbedaan Tingkat Stres Kerja Perawat di Bangsal Dalam dan Bangsal Bedah RSUD Panembahan Senopati Bantul.

Metode: Rancangan Penelitian ini menggunakan menggunakan metode *comparasi study* yaitu mencari perbandingan antara variabel bebas dan variabel terikat. Teknik yang digunakan adalah *Total Sampling* dan didapatkan jumlah responden sebanyak 34 responden. Pengambilan data menggunakan kuisioner dan dianalisis menggunakan uji statistik *Chi Square*.

Hasil : Hasil analisis statistik diketahui didapatkan hasil Stres Bangsal Bedah > Bangsal Dalam. Tingkat Stres Bangsal Bedah lebih tinggi dari Bangsal Dalam, namun secara statistik di dapatkan hasil p-value 0,777 dengan koefisien korelasi $r=0,05$.

Kesimpulan : Tidak ada Perbedaan Tingkat Stres Kerja Perawat di Bangsal Dalam dan Bangsal Bedah yang signifikan di RSUD Panembahan Senopati Bantul.

Kata Kunci : Stres Kerja Perawat, Bangsal Dalam, Bangsal Bedah.

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The Difference of Stress Level of Nurses in Lying-In Ward and Surgical Ward in
Panembahan Senopati General Hospital of Bantul

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ABSTRACK

Background : Profession as a nurse has an essential role in a hospital by providing health service in the form of nursing care with bio-social-cultural-spiritual approach comprehensively. During the job implementation, there is sometimes a stressor. In the lying-in ward and surgical ward in Panembahan Senopati hospital, stress level between nurses who are responsible for lying-in ward and surgical ward is different. There are 34 nurses in charge in both wards, 17 nurses from lying-in ward and 17 nurses from surgical ward.

Objective : To identify The Difference of Stress Level of Nurses in Lying-In Ward and Surgical Ward in Panembahan Senopati General Hospital of Bantul

Method : This study design applied comparative study method to find out comparison between independent variable and dependent variable. The used technique was total sampling to select 34 respondents. Data compilation instrument was questionnaire and was analyzed by Chi Square statistical test.

Result : The result of statistical analysis found out that stress level of surgical ward was higher than lying-in ward. Nevertheless, the statistics figured out p value of 0,777 with correlational coefficient $r = 0,05$.

Conclusion : There was no significant difference between stress level of nurses in lying-in ward and nurses in surgical ward in Panembahan Senopati general hospital of Bantul.

Keywords : Stress Level of Nurses, Lying-In Ward, Surgical Ward.

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