

HUBUNGAN TINGKAT PENGETAHUAN SUAMI TENTANG ASI EKSKLUSIF DENGAN DUKUNGAN SUAMI DALAM PEMBERIAN ASI EKSKLUSIF DI PUSKESMAS BANTUL 1

Muhammad Noor Hidayat¹, Afi Lutfiyati², Suwarno³

INTISARI

Latar Belakang : Pemberian ASI eksklusif di Indonesia cenderung rendah pada tahun 2012 sebanyak 48,6% dan tahun 2013 sedikit mengalami peningkatan sebesar 54,3%. Dukungan orang terdekat merupakan faktor penting dalam meningkatkan pemberian ASI eksklusif ibu terhadap bayi yaitu peran seorang suami. Suami perlu meningkatkan pengetahuan agar lebih meningkatkan kualitas dalam pemberian ASI.

Tujuan Penelitian : Mengetahui hubungan tingkat pengetahuan suami tentang dukungan suami dalam pemberian ASI eksklusif di Puskesmas Bantul 1.

Metode Penelitian : Desain penelitian Kuantitatif dengan menggunakan pendekatan *retrospective study*. Sampel diambil dengan teknik *purposive sampling* yaitu 39 suami yang memiliki isteri dengan bayi usia 6-12 bulan. Instrumen penelitian adalah kuesioner. Hasil penelitian dianalisis dengan menggunakan rumus *Kendall tau*.

Hasil penelitian : Tingkat pengetahuan suami tentang ASI eksklusif di Puskesmas Bantul 1 di Puskesmas Bantul 1 sebagian besar kategori baik yaitu sebanyak 20 orang (51,3%). Dukungan suami dalam pemberian ASI eksklusif di Puskesmas Bantul 1 sebagian besar kategori tinggi sebanyak 17 orang (43,6%). Hasil uji *Kendall's tau* diperoleh nilai $p(0,000) < 0,05$ dengan koefisien korelasi (τ) sebesar 0,521.

Kesimpulan : Terdapat hubungan antara pengetahuan suami tentang ASI eksklusif dengan dukungan suami dalam pemberian ASI eksklusif di Puskesmas Bantul 1 dengan keeratan hubungan kategori sedang.

Kata kunci : tingkat pengetahuan, dukungan suami

¹ Mahasiswa Keperawatan STIKES Jenderal Achmad Yani Yogyakarta

² Dosen Keperawatan STIKES Jenderal Achmad Yani Yogyakarta

³ Dosen Keperawatan STIKES Jenderal Achmad Yani Yogyakarta

THE ASSOCIATION BETWEEN HUSBAND'S KNOWLEDGE OF EXCLUSIVE BREAST FEEDING WITH HUSBAND'S SUPPORTS FOR EXCLUSIVE BREASTFEEDING AT BANTUL 1 PRIMARY HEALTH CENTER

Muhammad Noor Hidayat⁴, Afi Lutfiyati⁵, Suwarno⁶

ABSTRACT

Background: Low rates of exclusive breastfeeding are still evident in Indonesia. Data indicates that the exclusive breastfeeding rate of 2012 was 48.6% which then increased to 54,3% in 2013. Support of the immediate person, the husband, is essential for mother to enhance the exclusive breastfeeding quality. Therefore, the husbands need to improve their knowledge of exclusive breast milk so that they can support the mothers to have a better quality of breastfeeding.

Objective : To find out the association between husband's knowledge of exclusive breast milk and husband's supports for exclusive breastfeeding at Bantul I Community Health Center

Method : Correlative descriptive study design research employed a retrospective study approach. The purposive sampling technique was carried out to obtain the research sampling. As many as 39 husbands whose wives were having babies age 6 to 12 months served as the research respondents. The researcher used questionnaires as research instrument. Statistically, the kendall's tau formula was used to analyzed data.

Result : Most husbands have already get sufficient knowledge of exclusive breast milk. As many as 20 respondents (51.3 %) fall within the good category. In addition, mostly, the husband's supports also fall within the good category. The research result suggested that as many as 17 husbands (43.6 %) have provided proper supports for mothers in practicing exclusive breastfeeding. The Kendall's tau test indicated a p-value of $0.000 < 0.05$ with a coefficient correlation (%) of 0.521.

Conclusion : There is significant association between husband's knowledge of exclusive breast milk and husband's supports for exclusive breastfeeding at Bantul I community Health Service. The research suggest a moderate associative between variables.

Keyword : Knowledge level, husband's support

¹ Mahasiswa Keperawatan STIKES Jenderal Achmad Yani Yogyakarta

² Dosen Keperawatan STIKES Jenderal Achmad Yani Yogyakarta

³ Dosen Keperawatan STIKES Jenderal Achmad Yani Yogyakarta