

HUBUNGAN PERILAKU *FAMILY CAREGIVER* DENGAN KUALITAS HIDUP PENDERITA STROKE DI WILAYAH BINAAN PUSKESMAS WIROBRAJAN

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INTISARI

Pendahuluan: Peran *family caregiver* sangat menentukan kualitas hidup penderita stroke yang diasuhnya oleh sebab itu memberdayakan *family caregiver* merupakan strategi yang tepat untuk meningkatkan kualitas hidup keluarga yang mengalami stroke. **Tujuan:** dalam penelitian ini guna mengetahui hubungan antara perilaku *family caregiver* pada kualitas hidup penderita stroke yang dirawatnya di wilayah binaan Puskesmas Wirobrajan. **Metode:** penelitian jenis kuantitatif, metode *cross sectional* dan menggunakan teknik random sampling, sebanyak 32 responden penderita stroke dan 32 responden *family caregiver*. Instrumen yang digunakan kuesioner SS-QoL dan kuesioner perilaku *family caregiver*. Uji korelasi *Gamma* menunjukkan p-value 0,018 dengan koefisien korelasi 0,961. **Hasil:** didapatkan terdapat hubungan perilaku *family caregiver* dengan kualitas hidup penderita stroke, 26 responden baik (81,3%) dan 6 responden buruk (18,8%) sedangkan perilaku *family caregiver* 27 responden baik (84,4%) dan 5 responden buruk (15,6%). **Kesimpulan:** ada hubungan yang sangat kuat antara perilaku *family caregiver* dengan kualitas hidup penderita stroke dimana kualitas hidup penderita stroke yang baik karena perilaku *family caregiver* yang baik.

Kata Kunci: Stroke, Kualitas Hidup, Perilaku *Family Caregiver*

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THE RELATIONSHIP OF FAMILY CAREGIVER BEHAVIOR WITH QUALITY OF LIFE OF STROKE PATIENTS IN PUSKESMAS INTELLECTURE AREA WIROBRAJAN

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ABSTRACT

Introduction: The role of *the family caregiver* greatly determines the quality of life of stroke sufferers they care for, therefore empowering *family caregivers* is the right strategy to improve the quality of life for families who have had a stroke. **Purpose:** in this study to determine the relationship between *family caregiver* behavior on the quality of life of stroke patients who are cared for in the Wirobrajan Health Center's target area. **Method:** quantitative type research, *cross sectional* method and using random sampling technique, as many as 32 stroke patient respondents and 32 *family caregiver* respondents. The instruments used were the SS-QoL questionnaire and the *family caregiver behavior questionnaire*. *Gamma* correlation test shows a p-value of 0.018 with a correlation coefficient of 0.961. **Results:** found that there is a relationship between *family caregiver* behavior and the quality of life of stroke sufferers, 26 respondents are good (81.3%) and 6 respondents are bad (18.8%) while the behavior of family caregivers is 27 respondents are good (84.4%) and 5 respondents are bad (15.6%)., with the quality of life of stroke sufferers where the quality of life of stroke sufferers is good because of the good behavior of *family caregivers* . **Conclusion:** there is a very strong relationship between *family caregiver* behavior

Keywords: Stroke, Quality of Life, *Family Caregiver* Behavior

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