

GAMBARAN KEAKTIFAN LANSIA DAN TINGKAT KEPUASAN TERHADAP LAYANAN POSYANDU LANSIA

INTISARI

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Latar Belakang : Posyandu lansia adalah sebuah layanan yang menyediakan pelayanan terpadu bagi orang lanjut usia di masyarakat. Tujuan utama dari posyandu lansia adalah meningkatkan pengetahuan, sikap, perilaku positif, dan jangkauan pelayanan kesehatan lansia di masyarakat. Hal ini mencakup penyesuaian pelayanan kepada mereka, serta meningkatkan partisipasi masyarakat dan keterlibatan sektor swasta.

Tujuan : Penelitian ini bertujuan untuk mengetahui gambaran tingkat keaktifan lansia dan tingkat kepuasan terhadap layanan posyandu lansia.

Metode : metode penelitian yang digunakan ialah tergolong kategori penelitian analitik kuantitatif dengan menggunakan pendekatan *cross-sectional*. Populasi dalam penelitian ini terdiri dari 56 lansia berusia ≥ 60 Tahun yang terdaftar sebagai anggota posyandu lansia serta merupakan penduduk tetap dusun Sembungan Pada penelitian ini, sampel terdiri dari 56 lansia yang berada di wilayah kerja Puskesmas Kasihan I.

Hasil : Berdasarkan hasil penelitian diketahui bahwa mayoritas usia responden berada pada rentang usia 60 – 75 tahun (83,9%). 9 orang responden masuk dalam rentang usia 75-80 (16,1%). Dengan usia terendah adalah 60 dan usia tertinggi adalah 80 tahun. Responden berdasarkan jenis kelamin yang terlibat dalam penelitian ini adalah perempuan dengan jumlah 39 orang (69,6%) dan laki-laki 17 orang (30,4%). Selanjutnya sebanyak 7 orang (12,5%) mempunyai tingkat Pendidikan setara SMA, tidak ada responden yang berpendidikan SMP dan hanya ada 1 orang (1,8%) yang memiliki latar belakang tingkat Pendidikan setara dengan perguruan tinggi. Dari hasil penelitian terhadap 56 responden lansia didapatkan jarak rumah ke posyandu terbanyak yaitu ≤ 2 km yaitu sebanyak 37 responden (66,1%) sedangkan responden dengan jarak rumah > 2 km sebanyak 19 orang (33,9%).

Kesimpulan : Sebagian besar lansia di padukahan sembungan memanfaatkan posyandu lansia dengan baik sehingga lansia banyak yang aktif dan mayoritas menyatakan puas terhadap pelayanan yang sudah diberikan oleh petugas posyandu lansia amaryllis dusun sembungan.

Kata kunci : Lansia, Posyandu, Tingkat Kepuasan.

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OVERVIEW OF THE ACTIVENESS OF THE ELDERLY AND THE LEVEL OF SATISFACTION WITH THE SERVICES OF THE ELDERLY POSYANDU

ABSTRACT

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Background : *Posyandu lansia is a service that provides integrated services for the elderly in the community. The main purpose of the elderly posyandu is to increase knowledge, attitudes, positive behavior, and the reach of elderly health services in the community. This includes tailoring services to them, as well as increasing community participation and private sector involvement.*

Objective : *This study aims to determine the picture of the level of activity of the elderly and the level of satisfaction with the services of the elderly posyandu.*

Method: *the research method used is classified as a quantitative analytical research category using a cross-sectional approach. The population in this study consisted of 56 elderly people aged ≥ 60 years who were registered as members of the elderly posyandu and were permanent residents of Sembungan hamlet In this study, the sample consisted of 56 elderly people who were in the working area of Puskesmas Kasihan I.*

Results : *Based on the results of the study, it is known that the majority of respondents are in the age range of 60-75 years (83.9%). 9 respondents were in the age range of 75-80 (16.1%). With the lowest age is 60 and the highest age is 80 years old. Respondents based on gender involved in this study were women with 39 people (69.6%) and men 17 people (30.4%). Furthermore, as many as 7 people (12.5%) have a high school education level, none of the respondents have a junior high school education and there is only 1 person (1.8%) who has an education level background equivalent to college. From the results of a study of 56 elderly respondents, the distance from home to posyandu was obtained the most, namely ≤ 2 km, which was 37 respondents (66.1%), while respondents with a house distance of > 2 km were 19 people (33.9%).*

Conclusion: *Most of the elderly in Padukahan Sembungan make good use of the elderly posyandu so that many elderly are active and the majority express satisfaction with the services provided by the elderly posyandu officers Amaryllis Sembungan Hamlet.*

Keywords : *Elderly, Posyandu, Satisfaction Level.*

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