

GAMBARAN KESADARAN TERHADAP DONOR DARAH DI SMA NEGERI 3 BANTUL TAHUN 2023

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INTISARI

Latar Belakang: Ketersediaan darah sangat tergantung kepada kemauan dan kesadaran masyarakat untuk mendonorkan darahnya secara sukarela dan teratur. Kegiatan donor darah khususnya pada siswa Sekolah Menengah Atas merupakan langkah awal Unit Donor Darah Palang Merah Indonesia (UDD PMI) untuk mendorong dan memacu minat donor darah pada remaja.

Tujuan: Penelitian ini bertujuan untuk mengetahui tingkat kesadaran terhadap donor darah di SMA Negeri 3 Bantul tahun 2023.

Metode Penelitian: Penelitian ini menggunakan metode observasi dengan desain *cross sectional*. Populasi dalam penelitian ini dihitung menggunakan rumus slovin berjumlah 431 siswa dengan besar sampel sebanyak 81 siswa. Pengambilan sampel dilakukan dengan cara *Simple Random Sampling*.

Hasil Penelitian: Karakteristik responden berdasarkan umur lebih banyak pada >17 tahun sebanyak 47 (58,03%) dengan mayoritas perempuan sebanyak 51 (62,90%). Berdasarkan kelas dari masing-masing wakil kelas ikut berpartisipasi dan riwayat donor sebanyak (100%) yang belum pernah mendonorkan darahnya. Kesadaran terhadap donor darah di SMA Negeri 3 Bantul mayoritas tergolong kesadaran rendah sebanyak 55 (67,91%). Kesadaran donor darah berdasarkan umur di SMA Negeri 3 Bantul dengan kesadaran tinggi pada umur > 17 tahun sebanyak 19 (40,42%) dan kesadaran rendah pada umur ≤ 17 tahun sebanyak 25 (73,53%). Kesadaran donor darah berdasarkan jenis kelamin di SMA Negeri 3 Bantul dengan kesadaran tinggi pada jenis kelamin perempuan 22 (43,14%) dan kesadaran rendah pada jenis kelamin laki-laki sebanyak 19 (63,33%). Kesadaran donor darah berdasarkan kelas di SMA Negeri 3 Bantul dengan kesadaran tinggi pada kelas XI MIPA 2 sebanyak 5 (71,43%) dan kesadaran rendah pada kelas XI MIPA 4 sebanyak 7 (100%). Berdasarkan riwayat Donor Darah dengan kesadaran tinggi sebanyak 81 (100%) dan rendah 0 (0%).

Kesimpulan : Kesadaran mengenai donor darah di SMA Negeri 3 Bantul tahun 2023 tergolong rendah.

Kata Kunci : Kesadaran, Donor Darah, Siswa, SMA N 3 Bantu, 2023

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DESCRIPTION OF AWARENESS ABOUT BLOOD DONATION AT SMA NEGERI 3 BANTUL IN 2023

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ABSTRACT

Background: The availability of blood is highly dependent on the willingness and awareness of the community to donate blood voluntarily and regularly. Blood donation activities, especially for high school student, are the first step for the Indonesian Red Cross Blood Donor Unit to encourage and stimulate interest in blood donation in adolescents.

Objective: This study aims to determine the level of awareness of blood donation at SMA Negeri 3 Bantul in 2023.

Methods: This study used the observation method with a cross sectional design. The population in this study was calculated using the slovin formula, totaling 431 students with a sample size of 81 students. Sampling was carried out by means of Simple Random Sampling using a questionnaire distributed within the school environment.

Result: The characteristics of respondents based on age were more at >17 years as many as 47 (58.03%) with the majority being women as many as 51 (62.90%). Based on the class of each class representative who participated and the history of donors, as many (100%) had never donated blood. Awareness of blood donors at SMA Negeri 3 Bantul is mostly classified as low awareness of 55 (67.91%). Blood donor awareness based on age at SMA Negeri 3 Bantul with high awareness at the age of > 17 years was 19 (40.42%) and low awareness at the age ≤ 17 years was 25 (73.53%). Awareness of blood donors based on gender at SMA Negeri 3 Bantul with high awareness of the female sex 22 (43.14%) and low awareness of the male sex as many as 19 (63.33%). Awareness of blood donors by class at SMA Negeri 3 Bantul with high awareness in class XI MIPA 2 was 5 (71.43%) and low awareness in class XI MIPA 4 was 7 (100%). Based on the history of blood donors with high awareness of 81 (100%) and low 0 (0%).

Conclusion: Awareness regarding blood donation at SMA Negeri 3 Bantul in 2023 is low.

Keywords: *Awareness, Blood Donation, Students, Senior High School 3 Bantul, 2023*

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