

## **ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY. S UMUR 19 TAHUN PRIMIGRAVIDA DIPMB SITI SUDARYATI BANTUL**

Mariana Estriyuni Ina Kabo<sup>1</sup>, Ristiana Eka Arinchingtyas<sup>2</sup>

### **RINGKASAN**

**Latar Belakang :** Kehamilan remaja masih menjadi masalah di Dunia. Kehamilan remaja adalah kehamilan yang terjadi pada usia remaja, dimana kehamilan terjadi pada usia ibu kurang dari 20 tahun. Data World Health Organization (WHO) tahun 2017 menunjukkan angka kejadian kehamilan remaja usia 15- 19 tahun sebesar 11%. Angka kejadian kehamilan pada usia remaja masih tergolong tinggi. Menurut Study The Council Foreign Relation (CFR) menyebutkan bahwa fenomena perkawinan usia remaja terjadi di berbagai belahan dunia yaitu Asia Tenggara sebesar 46.90%, Afrika 37.30%, Amerika Latin 29%, Asia Timur dan Pasifik 17.60%. Persentase kehamilan remaja di Indonesia sebesar 1,97% pada usia 15-19 tahun, Indonesia menduduki posisi ke-37 negara dengan persentase perkawinan dan tertinggi ke-dua di ASEAN setelah Kamboja.

**Tujuan :** Memberikan asuhan kebidanan secara berkesinambungan pada Ny. S umur 19 tahun Primigravida di PMB Siti Sudaryati Bantul

**Hasil :** Telah dilakukan asuhan berkesinambungan mulai dari kehamilan sampai nifas. Kunjungan kehamilan dilakukan sebanyak 2 kali, dari hasil pemeriksaan didapatkan Ny. S dengan kehamilan normal. Ny.S bersalin pada tanggal 28 Maret 2021 di PMB Siti Sudaryati Bantul dengan persalinan pontan/normal, persalinan berlangsung 40 menit dari pembukaan lengkap, bayi lahir pukul 15.40 WIB jenis kelamin Laki-laki, BB 3.100 gram, PB 50 cm, LK 34 cm, LD 30cm, LILA 11 cm. Kunjungan nifas dilakukan 4 kali dalam keadaan normal dan memberikan asuhan komplementer pijat oksitosin. Kunjungan Neonatus dilakukan sebanyak 3 kali dalam keadaan normal.

**Kesimpulan :** Asuhan kebidanan secara berkesinambungan dari hamil, bersalin, nifas dan bayi baru lahir sudah dilakukan sesuai standar pelayanan kebidanan.

**Kata kunci :** Asuhan Berkesinambungan, Primigravida, Spontan

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### **ABSTRACT**

**Background :** Teenage pregnancy is still a problem in the world. Adolescent pregnancy is a pregnancy that occurs in adolescence, where pregnancy occurs at the age of the mother less than 20 years. Data from the World Health Organization (WHO) in 2017 shows the incidence of teenage pregnancy aged 15-19 years is 11%. The incidence of pregnancy in adolescents is still relatively high. According to The Council Foreign Relations (CFR) Study, it is stated that the phenomenon of teenage marriage occurs in various parts of the world, namely Southeast Asia at 46.90%, Africa 37.30%, Latin America 29%, East Asia and the Pacific 17.60%. The percentage of teenage pregnancies in Indonesia is 1.97% at the age of 15-19 years, Indonesia is in the 37th position in the country with the highest percentage of marriages and the second highest in ASEAN after Cambodia.

**Objective:** To provide continuous midwifery care to Mrs. S 19 years old Primigravida at PMB Siti Sudaryati Bantul

**Result :** Continuous care has been carried out from pregnancy to postpartum. Pregnancy visits were carried out 2 times, from the results of the examination, it was found that Mrs. S with normal pregnancy. Mrs. S gave birth on March 28, 2021 at PMB Siti Sudaryati Bantul with spontaneous/normal delivery, labor lasted 40 minutes from complete opening, baby was born at 15.40 WIB, gender Male, weight 3,100 grams, PB 50 cm, LK 34 cm , LD 30cm, LILA 11 cm. Postpartum visits were carried out 4 times under normal circumstances and provided complementary care with oxytocin massage. Neonate visits were carried out 3 times under normal circumstances.

**Conclusion:** Continuous midwifery care from pregnancy, childbirth, postpartum and newborn has been carried out according to midwifery service standards.

**Keywords:** Continuous Care, Primigravida, Spontaneous

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<sup>1</sup>Mahasiswa Kebidanan (D-3) Universitas Jenderal Achmad Yani Yogyakarta

<sup>2</sup>Dosen Kebidanan (D-3) Universitas Jenderal Achmad Yani Yogyakarta