

GAMBARAN GEJALA PASIEN KANKER STADIUM LANJUT DI RSUD PENAMBAHAN SENOPATI BANTUL

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INTISARI

Latar belakang: Kanker stadium lanjut memiliki sembilan gejala yaitu gejala fisik dan psikologi diantaranya nyeri, fatigue, gangguan tidur, mual, anoreksia, sesak nafas, konstipasi, cemas dan depresi. Penelitian terkait gambaran gejala pada pasien kanker di Indonesia masih terbatas

Tujuan: Penelitian ini bertujuan untuk mengetahui Gambaran Gejala Kanker Pada Pasien Kanker Stadium Lanjut di RSUD Penambahan Senopati Bantul Yogyakarta

Metode: Jenis penelitian ini adalah kuantitatif non eksperimen dengan desain survei deskriptif. Sampel diambil dengan teknik *purposive sampling* sebanyak 43 responden. Intrumen penelitian ini adalah kuesioner ESAS-r yang telah diuji validitas dan reliabilitas. Analisa data pada penelitian ini menggunakan analisis univariat.

Hasil: Hasil penelitian berdasarkan gejala-gejala yang diraskan pasien kanker stadium lanjut menunjukkan bahwa mayorita responden merasakan nyeri sedang (67,4%), gejala fatigue dalam kategori sedang (55,8%), gejala gangguan pola tidur dalam kategori sedang (46,5%), gejala rasa mual dalam kategori sedang (55,8%), gejala anoreksia kategori sedang (60,5%), gejala sesak nafas tidak dirasakan (55,8%), gejala depresi kategori sedang (51,2%), gejala cemas kategori sedang (76,7%) dan pasien kanker stadium lanjur merasakan konstipasi dalam kategori ringan (55,8%).

Kesimpulan: Pasien kanker stadium lanjut memiliki sembilan gejala dalam kategori sedang.

Kata Kunci: Kanker stadium lanjut, Gejala kanker

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DESCRIPTION OF SYMPTOMS AMONG ADVANCED STADIUM CANCER PATIENTS IN PANEMBAHAN SENOPATI HOSPITAL BANTUL

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ABSTRACT

Background: Advanced cancer has nine symptoms such as physical and psychological symptoms including pain, fatigue, sleep disturbances, nausea, anorexia, shortness of breath, constipation, anxiety and depression. Research on symptoms in cancer patients in Indonesia is still limited.

Objective: This research aimed to know the description of symptoms among advanced stadium cancer patients in Panembahan Senopati Hospital Bantul Yogyakarta

Method: This type of research was quantitative non-experiment with descriptive survey design. Samples were taken with a purposive sampling technique with 43 respondents. This research instrument was an ESAS-r questionnaire that has been tested for validity and reliability. Data analysis in this study used univariate analysis.

Result: The results of the research based on symptoms felt by advanced stage cancer patients showed that the majority of respondents felt moderate pain (67.4%), symptoms of fatigue in the medium category (55.8%), symptoms of sleep pattern disorders in the medium category (46.5%), symptoms of nausea in the medium category (55.8%), symptoms of anorexia in the medium category (60.5%), symptoms of shortness of breath were not felt (55.8%), symptoms of depression in the medium category (51.2%), symptoms moderate category anxiety (76.7%) and advanced cancer patients felt constipation in the mild category (55.8%).

Conclusion: Advanced cancer patients had nine symptoms in the moderate category.

Keywords: Advanced stadium cancer, cancer symptoms

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