

# VALIDITAS DAN RELIABILITAS INSTRUMEN PERAN BYSTANDER DALAM PERILAKU BULLYING

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## INTISARI

**Latar belakang :** *Bullying* yang terjadi pada anak usia sekolah masih menjadi masalah kesehatan utama baik domestik maupun Internasional. Pada kejadian *bullying* terdapat 3 peran yang terlibat yaitu pelaku, korban dan *bystander*. *Bystander* dibagi menjadi 4 peran yaitu *assistant bystander*, *reinforcer bystander*, *defender bystander* dan *outsider bystander*. Di Indonesia masih sedikit penelitian mengenai peran *bystander* dan instrumen yang mengukurnya dan merupakan *peer-nomination questionnaire*.

**Tujuan :** Mengetahui validitas dan reliabilitas instrumen peran *bystander* dalam perilaku *bullying*.

**Metode :** Penelitian ini merupakan studi *psychometrics* dengan pendekatan *cross-cultural translation*. Subyek dalam penelitian ini sebanyak 72 responden sesuai kriteria inklusi dan eksklusi dan dipilih menggunakan teknik *simple random sampling*. Metode pengumpulan data menggunakan kuesioner dan reliabilitas diukur menggunakan index *cronbach's alpha*.

**Hasil :** Berdasarkan penelitian didapatkan hasil validitas *content validity ratio* = 1. Sementara itu reliabilitas konsistensi internal untuk instrumen peran *bystander* adalah  $\alpha = 0,622$ .

**Kesimpulan :** Validitas pada instrumen adalah 1 dan reliabilitas pada instrumen adalah  $\alpha = 0,622$  yang berarti tidak reliabel.

**Kata Kunci :** *Instrumen Peran Bystander, Reliabilitas, Validitas.*

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# THE VALIDITY AND RELIABILITY OF BYSTANDER ROLE INSTRUMENTS IN BULLYING BEHAVIOR

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## ABSTRACT

**Background:** Bullying that occurs in school-age children is still a major health problem in domestical and international. There are 3 roles involved of the incident of bullying namely the perpetrator, victim and bystander. Bystander is divided into 4 roles, namely assistant bystander, reinforcer bystander, defender bystander and bystander outsider. There is still little research on the role of bystander, the instruments of measuring in Indonesia and that is a peer-nomination questionnaire.

**Objective:** To determine the validity and reliability of the instrument bystander's role in bullying behavior.

**Method:** This study is a psychometrics study with a cross-cultural translation approach. The subjects in this study were 72 respondents according to the inclusion and exclusion criteria and were selected using simple random sampling technique. Data collection methods using questionnaires and reliability were measured using the Cronbach's alpha index.

**Result:** Based on the research, the validity ratio = 1. The internal consistency reliability for the bystander role instrument is  $\alpha = 0.622$ .

**Conclusion:** The validity of the instrument is 1 and the reliability of the instrument is  $\alpha = 0.622$  which means it is not reliable.

**Keywords:** *Bystander Role Instrument, Reliability, Validity.*

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