

**ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY. A
UMUR 28 TAHUN PRIMIPARA DI KLINIK FITRI GRIYA HUSADA
BANTUL YOGYAKARTA**

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RINGKASAN

Latar Belakang: dinamika Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) masih menjadi permasalahan *universal* dalam dunia kesehatan termasuk di Indonesia. Berbagai upaya telah direncanakan oleh pemerintah untuk diterapkan upaya yang dapat dilakukan bidan yaitu dengan menerapkan model asuhan kebidanan yang komprehensif/berkelanjutan (*Continuity of Care/CoC*). Seluruh ibu hamil terlebih ibu hamil dengan faktor risiko tinggi harus mendapatkan pendampingan yang tepat dari tenaga kesehatan agar dapat melewati serangkaian tahapan mulai dari kehamilan, persalinan, nifas, dan bayi baru lahir tanpa komplikasi. Untuk turut mengambil andil dalam menekan penurunan AKI dan AKB, dapat dilakukan asuhan berkesinambungan dengan mengupayakan klien dapat melewati serangkaian proses tersebut secara fisiologis.

Tujuan: memberikan asuhan berkesinambungan pada Ny. A umur 28 tahun di Klinik Fitri Griya Husada.

Metode: Laporan Tugas Akhir ini menggunakan metode deskriptif dan jenis Laporan Tugas Akhir yang digunakan adalah studi penelaahan kasus (*case study*).

Hasil: kunjungan kehamilan dilakukan sebanyak empat kali. Tidak ada masalah serius saat ibu hamil, hanya saja ibu mengalami beberapa ketidaknyamanan dalam kehamilan. Ibu bersalin pada tanggal 11 April 2020 di Rumah Sakit Griya Mahardika secara sectio caesarea. Kala I berlangsung selama 12 jam, tindakan section caesarea berlangsung selama 30 menit, dan pemantauan 2 jam. Bayi lahir normal pada pukul 09.25 WIB, BB: 2.670 gram, dan PB: 47 cm. Kunjungan nifas dilakukan sebanyak tiga kali, didapatkan keluhan mules dan nyeri pada bekas luka jahitan operasi SC. Kunjungan bayi baru lahir dilakukan sebanyak tiga kali dengan hasil normal.

Kesimpulan: asuhan kebidanan berkesinambungan dari hamil, bersalin, nifas, dan bayi baru lahir dengan dilakukan sesuai standar pelayanan kebidanan.

Kata Kunci: asuhan berkesinambungan.

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**MIDWIFERY CONTINUOUS CARE IN NY. A AGE 28 YEARS
PRIMIPARA IN FITRI GRIYA HUSADA CLINIC
BANTUL YOGYAKARTA**

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ABSTRACT

Background: the dynamics of Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) are still a universal problem in the world of health, including in Indonesia. Various efforts have been planned by the government to be implemented efforts that can be made by midwives are by implementing a comprehensive/sustainable model of midwifery care (Continuity of Care/CoC). All pregnant women especially pregnant women with high risk factors must get proper assistance from health workers in order to go through a series of stages ranging from pregnancy, childbirth, childbed and newborns without complications. To take part in reducing of MMR and IMR, continuous care can be done by making the client able to go through a series of processes physiologically.

Objective: provide continuous care to Mrs. A 28 years old at Fitri Griya Husada Clinic.

Method: This Final Project Report uses a descriptive method and the type of Final Project Report used is a case study.

Results: Pregnancy visits were carried out four times. There are no serious problems when pregnant women, it's just that mothers experience some discomfort in pregnancy. Mother gave birth on April 11, 2020 at Griya Mahardika Hospital by section caesarea. The first time lasted for 12 hour, caesarean section measures lasted 30 minutes, and monitoring was 2 hours. The baby is born normal at 09:25 WIB, BB: 2.670 gram, and PB: 47 cm. Postpartum visits carried out three times, obtained complaints of heartburn and pain in the surgical suture scar SC. Newborn visits were performed three times with normal results.

Conclusion: Continuous midwifery care from pregnancy, childbirth, childbed and newborns with a carried out according to the standards of obstetric care.

Keywords: continuous care.

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