

**ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY. I UMUR 23
TAHUN PRIMIPARA DI PMB EMI NARIMAWATI
BANTUL YOGYAKARTA**

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RINGKASAN

Latar Belakang : KEK merupakan suatu keadaan dimana status gizi seseorang buruk yang disebabkan kurangnya konsumsi pangan sumber energi yang mengandung zat gizi makro, penyebab KEK bagi ibu hamil itu sendiri yaitu, terus menerus merasa letih, kesulitan sewaktu melahirkan dan muka tampak pucat. Penyebab bagi bayi sendiri yaitu, keguguran, BBLR, premature dan perkembangan otak janin terlambat. (*Continuity Of Care*) merupakan asuhan berkesinambungan yang membantu memantau dan mendeteksi kemungkinan komplikasi yang menyertai ibu dan bayi, dilakukan untuk mengetahui secara dini faktor risiko yang terjadi

Tujuan : Memberikan asuhan berkesinambungan pada Ny. "L" umur 23 tahun primipara di PMB Emi Narimawati Bantul

Metode : Metode penelitian yang digunakan adalah metode penelitian deskriptif, jenis penelitian studi kasus (*Case Study*)

Hasil : Asuhan kebidanan yang diberikan pada Ny. "L" berlangsung \pm 12 minggu dari kehamilan 30⁺² minggu sampai 38⁺² minggu, bersalin, nifas dan bayi baru lahir dengan frekuensi kunjungan hamil 3 kali, persalinan 1 kali, nifas 3 kali, bayi baru lahir 3 kali, kala I berlangsung 6 jam di PMB Emi Narimawati, kala II 45 menit, kala III 10 menit, dan kala IV 2 jam. Bayi baru lahir normal pukul 14.07 WIB, BB lahir : 2800 gram, PB : 48 cm bayi dalam keadaan sehat. Pada masa nifas ASI sudah lancar dan tidak ada masalah selama masa nifas.

Kesimpulan: Asuhan kebidanan berkesinambungan yang telah dilakukan pada Ny. "L" saat hamil, bersalin, nifas, dan bayi baru lahir, didapatkan hasil pemeriksaan dalam batas normal dan tidak ada penyulit yang menyertai. Diharapkan bidan yang melakukan asuhan selalu menerapkan manajemen kebidanan, dan meningkatkan kompetensi dalam memberikan asuhan sesuai standar pelayanan kebidanan.

Kata kunci : Asuhan Berkesinambungan, Primipara, Kebidanan

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**CONTINEUTY OF CARE TO MRS. "L" 23 YEAR OLD
PRIMIPARA AT PMB EMI NARIMAWATI BANTUL
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SUMMARY

Background: KEK is a condition where a person's nutritional status is poor due to lack of consumption of food sources of energy that contain macro nutrients, the cause of KEK for pregnant women themselves that is, constantly feeling tired, difficulties when giving birth and the face looks pale. The cause for the baby himself is, miscarriage, BBLR, premature and late fetal brain development. (Continuity of Care) is a continuous care that helps monitor and detect possible complications that accompany the mother and baby, carried out to determine early the risk factors that occur

Purpose: Provide Contineuty Of Care to Mrs. "L" 23 year old multipara at PMB Emi Narimawati Bantul

Method: The research method used is descriptive research method, type of research case study

Result: Midwifery care given to Mrs. "L" lasts \pm 12 weeks from 30⁺² weeks to 38⁺² weeks of pregnancy, childbirth, postpartum and newborns with a frequency of visits 3 times, labor once, childbirth 3 times, newborns 3 times, when I last 6 hours at PMB Emi Narimawati, second time 45 minutes, third time 10 minutes, and IV time 2 hours. Normal newborn baby at 14.07 WIB, birth weight: 2.800 grams, PB: 48 cm baby in good health. During the puerperium the milk has been flaked and there are no problems during the puerperium.

Conclusion: Continuous midwifery care has been done to Mrs. "L" during pregnancy, childbirth, childbirth, and newborns, the results of the examination are within normal limits and no complications occur. It is expected that midwives who carry out care always apply midwifery management, and improve competence in providing care according to midwifery service standards.

Keywords: Sustainable Care, Pipara, Midwifery

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