

HUBUNGAN UPAYA PENCEGAHAN PERILAKU *BULLYING* DENGAN TINGKAT KEPERCAYAAN DIRI ANAK DI SD NEGERI SLEMAN 4

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INTISARI

Latar Belakang : *Bullying* adalah tindakan kekerasan, termasuk pelecehan atau ancaman verbal, kekerasan fisik atau pemaksaan, terhadap orang atau kelompok rentan yang bertentangan dengan keinginannya, mungkin berdasarkan ras, agama, gender, seksualitas, atau kemampuan sehingga dapat mempengaruhi tingkat kepercayaan diri pada anak. Upaya mencegah *bullying* tidak terulang kembali dipendidikan sekolah selain guru yang memberikan ilmu pengetahuan dan moral anak juga harus memiliki rasa percaya diri yang tinggi agar tidak menjadi korban kekerasan dilingkungannya.

Tujuan : Mengetahui hubungan upaya pencegahan perilaku *bullying* dengan tingkat kepercayaan diri anak di SD Negeri Sleman 4.

Metode : Penelitian ini merupakan penelitian kuantitatif dengan desain analisis korelasional dan pendekatan cross-sectional. Pengambilan sampel menggunakan metode total sampling. Jumlah sampel 46 responden. Pengumpulan data menggunakan kuesioner upaya pencegahan perilaku *bullying* dan tingkat kepercayaan diri. Analisis data menggunakan uji *sperman rank*

Hasil : Hasil uji statistik menggunakan *sperman rank* didapatkan hasil *p-value* sebesar 0,000 ($P < 0,05$), dapat diketahui bahwa terdapat hubungan yang bermakna antar upaya pencegahan perilaku *bullying* dengan tingkat kepercayaan diri anak di SD Negeri Sleman 4

Kesimpulan : Ada hubungan yang penting antara upaya pencegahan perilaku *bullying* dengan tingkat kepercayaan diri anak di SD Negeri Sleman 4 dengan *p-value* 0,000 ($P < 0,5$) dengan nilai koefisiensi korelasi (*r*) sebesar 0,609 dengan tingkat hubungan kuat dan arah hubungan positif yaitu arah hubungan dari kedua variabel tersebut mengidentifikasi bahwa semakin baik upaya pencegahan perilaku *bullying* maka akan semakin baik pula tingkat kepercayaan diri anak di SD Negeri Sleman 4.

Kata kunci : Anak SD, Tingkat Kepercayaan Diri, Upaya Pencegahan *Bullying*

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THE RELATIONSHIP BETWEEN EFFORTS TO PREVENT BULLYING BEHAVIOR AND THE LEVEL OF CHILDREN'S CONFIDENCE IN SLEMAN 4

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ABSTRACT

Background: Bullying is an act of violence, including verbal harassment or threats, physical violence or coercion, against a vulnerable person or group against their wishes, perhaps based on race, religion, gender, sexuality, or ability so that it can affect the child's level of confidence. Efforts to prevent bullying from recurring in school education in addition to teachers who provide knowledge and morals for children must also have a high sense of confidence so as not to become victims of violence in their environment.

Objective: To determine the relationship between efforts to prevent bullying behavior and the level of children's confidence in SD Negeri Sleman 4.

Method: This study is a quantitative research with a correlational analysis design and a cross-sectional approach. Sampling was done using the total sampling Method. The total sample was 46 respondents. Data collection used a questionnaire on efforts to prevent bullying behavior and confidence level. Data analysis using sperm rank test.

Results: The results of the statistical test using sperm rank obtained a p-value of 0.000 ($P < 0.05$), it can be seen that there is a meaningful relationship between efforts to prevent bullying behavior and the level of children's confidence in SD Negeri Sleman 4.

Conclusion: There is an important relationship between efforts to prevent bullying behavior and the level of confidence of children in SD Negeri Sleman 4 with a p-value of 0.000 ($P < 0.5$) with a correlation coefficient value (r) of 0.609 with a strong relationship level and a positive relationship direction, namely the direction of the relationship between the two variables, identifies that the better the efforts to prevent bullying behavior, the better the level of children's confidence in SD Negeri Sleman 4.

Keywords: Elementary School Children, Confidence Level, Bullying Prevention Efforts

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