

**ASUHAN KEBIDANAN BERKESINAMBUNGAN
PADA NY D USIA 25 TAHUN MULTIGRAVIDA
DI KLINIK PRATAMA SHAQI**

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ABSTRAK

Latar belakang : kehamilan merupakan rangkaian sistem yang berkesinambungan dari proses ovulasi sampai dengan proses pertemuan spermatozoa dan sel telur yang kemudian terjadi proses pembuahan dan proses nidasi. Kehamilan dalam kondisi fisiologis dapat berubah menjadi kehamilan patologis. Dimana tingginya AKI dapat disebabkan kondisi saat hamil, persalinan hingga nifas.

Tujuan : mengaplikasikan teori dan praktik dalam memberikan asuhan dengan metode pendekatan dengan memberikan asuhan secara berkesinambungan mulai dari kehamilan trimester II, persalinan, nifas, bayi baru lahir dan keluarga berencana serta melibatkan asuhan komplementer didalamnya

Hasil : ANC pada TM 2 dilakukan sebanyak 2x dengan keluhan letak sungsang dan diatasi dengan pemberian *knee chest*, ANC TM 3 dilakukan 2x dengan keluhan gangguan tidur yang dapat diatasi dengan pemberian *murrotal Al-Qur'an*. Proses persalinan kala I berlangsung selama 5 jam 30 menit dengan keluhan nyeri pada saat kontraksi dan dapat diatasi dengan pemberian asuhan komplementer pijat *effleurage* dan terapi relaksasi napas dalam. Kala II persalinan berlangsung 15 menit, kala III persalinan berlangsung 3 menit dan kala IV berlangsung 2 jam. Kunjungan nifas KF 1 keluhan yang dialami yaitu ASI belum keluar dan diatasi dengan pemberian pijat oksitosin. KF 2 tidak ada keluhan namun diberikan asuhan komplementer *kegel exercise* untuk mempercepat penyembuhan luka perineum. Pada KN II diberikan asuhan komplementer baby gym untuk stimulasi tumbuh kembang bayi. Dan KN III diberikan asuhan komplementer pijat bayi untuk stimulasi tumbuh kembang bayi.

Kesimpulan : Asuhan yang dilakukan secara berkesinambungan dari kehamilan hingga bayi baru lahir dengan memadupadankan asuhan komplementer.

Kata kunci : *Hamil, Persalinan, Nifas dan KB, Bayi Baru Lahir*

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**CONTINUOUS MIDWIFERY CARE
FOR Mrs.D 25 YEARS MULTIGRAVIDA
AT PRATAMA SHAQI CLINIQ**

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ABSTRACT

Background: Pregnancy is a continuous series of systems from the ovulation process to the meeting of spermatozoa and egg cells, which then occurs the fertilization process and the nidation process. Pregnancy under physiological conditions can turn into pathological pregnancy. Where high MMR can be caused by conditions during pregnancy, childbirth and postpartum.

Purpose: To apply theory and practice in providing care using an approach method by providing continuous care starting from the second trimester of pregnancy, childbirth, postpartum, newborn and family planning and involving complementary care in it

Results: ANC on TM 2 was carried out twice with complaints of breech position and was resolved by administering knee chest, ANC on TM 3 was carried out twice with complaints of sleep disturbances which could be overcome by administering Al-Qur'an murrotal. The first stage of labor lasted 5 hours 30 minutes with complaints of pain during contractions and could be overcome by providing complementary care with effleurage massage and deep breathing relaxation therapy. The second stage of labor lasts 15 minutes, the third stage of labor lasts 3 minutes and the fourth stage lasts 2 hours. KF postpartum visit 1 complaint experienced was that breast milk had not come in and was resolved by giving oxytocin massage. KF 2 had no complaints but was given complementary care with Kegel exercises to speed up the healing of perineal wounds. At KN II, complementary baby gym care is provided to stimulate the baby's growth and development. And KN III was given complementary baby massage care to stimulate the baby's growth and development.

Conclusion: Care is provided continuously from pregnancy to newborn by mixing and matching complementary care.

Keywords: *Pregnancy, Childbirth, Postpartum and Family Planning, Newborns*

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