

HUBUNGAN ANTARA *JOB SEARCH SELF-EFFICACY* DENGAN KECEMASAN MENGHADAPI DUNIA KERJA PADA *FRESH GRADUATE* SEKOLAH VOKASI

ABSTRAK

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Kecemasan yang dialami *fresh graduate* sekolah vokasi dapat berpengaruh terhadap cara pandang *fresh graduate* terhadap dunia kerja, kecemasan ini dapat timbul karena kurangnya *Job search self-efficacy*. Penelitian ini merupakan penelitian korelasional dengan subjek 140 lulusan baru perguruan tinggi vokasi. Teknik pengumpulan data yang digunakan adalah skala kecemasan menghadapi dunia kerja dan skala *job search self-efficacy*. Uji hipotesis yang digunakan adalah *spearman rank* karena uji asumsi tidak terpenuhi. Dalam penelitian ini terdapat empat hipotesis, dua hipotesis diterima dan dua hipotesis ditolak. Pertama tidak terdapat hubungan antara dimensi mengatasi frustrasi dengan kecemasan menghadapi dunia kerja dengan koefisien korelasi sebesar -0,046 dengan $p = 0,593$ ($> 0,05$). Kedua terdapat hubungan positif antara dimensi eksplorasi pekerjaan dengan kecemasan menghadapi dunia kerja dengan koefisien korelasi sebesar 0,177 dengan $p = 0,036$ ($< 0,05$). Ketiga terdapat hubungan negatif antara dimensi perencanaan karir proaktif dengan kecemasan menghadapi dunia kerja dengan koefisien korelasi sebesar -0,236 dengan $p = 0,005$ ($< 0,05$). Keempat terdapat hubungan negatif antara dimensi integrasi rasional dengan kecemasan menghadapi dunia kerja dengan koefisien korelasi sebesar -0,319 dengan $p = 0,000$ ($< 0,05$).

Kata Kunci: Kecemasan, Dunia Kerja, *Job search Self-Efficacy*, *Fresh Graduate*, Vokasi.

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THE RELATIONSHIP BETWEEN JOB SEARCH SELF-EFFICACY AND ANXIETY IN FACING THE WORLD OF WORK IN FRESH GRADUATE VOCATIONAL SCHOOLS

ABSTRACT

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The anxiety experienced by fresh graduates of vocational schools can affect the way fresh graduates view the world of work. This anxiety can arise due to a lack of job search self-efficacy. This research is a correlational study with subjects of 140 new vocational college graduates. The data collection techniques used were the anxiety scale for facing the world of work and the job search self-efficacy scale. The hypothesis test used is Spearman Rank because the assumption test is not met. In this research there are four hypotheses, two hypotheses are accepted and two hypotheses are rejected. Firstly, there is no relationship between the dimensions of overcoming frustration and anxiety about facing the world of work with a correlation coefficient of -0.046 with $p = 0.593 (> 0.05)$. Second, there is a positive relationship between the dimensions of job exploration and anxiety about facing the world of work with a correlation coefficient of 0.177 with $p = 0.036 (< 0.05)$. Third, there is a negative relationship between the dimensions of proactive career planning and anxiety about facing the world of work with a correlation coefficient of -0.236 with $p = 0.005 (< 0.05)$. Fourth, there is a negative relationship between the dimension of rational integration and anxiety about facing the world of work with a correlation coefficient of -0.319 with $p = 0.000 (< 0.05)$.

Keywords: Anxiety, World of Work, Job Search Self-Efficacy, Fresh Graduate, Vocational

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