

**PENGARUH ANTARA BEBAN KERJA
TERHADAP *WORK ENGAGEMENT* PADA KARYAWAN
PT. BINEX LOGISTIC SEMARANG**

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RINGKASAN

PT. Binex Logistic merupakan perusahaan penyedia *layanan Ocean Freight Forwarding dan Internasional Air* antara Indonesia dengan negara lain di dunia. PT. Binex Logistic merupakan perusahaan yang memiliki pengalaman dan pasar ternama dalam industri ini. Tujuan Penelitian ini untuk menguji secara empiris pengaruh antara beban kerja terhadap *work engagement* pada karyawan PT. Binex Logistic Semarang. Penelitian ini menggunakan metode kuantitatif. Skala yang digunakan yaitu beban kerja dari Rahmawati dan Heryadi (2024) berdasarkan teori dari gawron dan skala *work engagement* menggunakan *Utrecht Work engagement Scale 9 version* (UWES-9) dari schaufeli dan bekker yang telah di modifikasi oleh Bantam (2022) berdasarkan teori Schaufeli dan Bekker. Teknik pengambilan sampel menggunakan *purposive sampling* dengan metode sampel jenuh. Jumlah subjek yang diperoleh dalam penelitian ini yaitu 55 karyawan. Uji hipotesis yang digunakan yaitu uji f. Berdasarkan uji hipotesis tersebut menunjukkan nilai signifikansi $0,000 < 0,05$, dengan nilai R Square 0,471 atau 47,1%, sehingga dapat dikatakan bahwa terdapat pengaruh positif antara beban kerja terhadap *work engagement* Pada Karyawan PT. Binex Logistic Semarang.

Kata Kunci: Beban Kerja, Karyawan, *Work Engagement*

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***INFLUENCE BETWEEN WORKLOADS
ON WORK ENGAGEMENT IN EMPLOYEES
PT. BINEX LOGISTIC SEMARANG***

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ABSTRACT

PT. Binex Logistic is a company that provides Ocean Freight Forwarding and International Air services between Indonesia and other countries in the world. PT. Binex Logistic is a company that has experience and a well-known market in this industry. The aim of this research is to empirically test the influence of workload on work engagement among PT employees. Binex Logistics Semarang. This research uses quantitative methods. The scale used is workload from Rahmawati and Heryadi (2024) based on theory from Gawron and the work engagement scale using the Utrecht Work Engagement Scale 9 version (UWES-9) from Schaufeli and Bekker which has been modified by Bantam (2022) based on Schaufeli and Bekker's theory. Becker. The sampling technique uses purposive sampling with a saturated sample method. The number of subjects obtained in this research was 55 employees. The hypothesis test used is the f test. Based on the hypothesis test, it shows a significance value of $0.000 < 0.05$, with an R Square value of 0.471 or 47.1%, so it can be said that there is a positive influence between workload on work engagement among PT employees. Binex Logistics Semarang.

Keywords: Workload, Employees, Work Engagement

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