

PENGARUH PENDIDIKAN KESEHATAN DENGAN MEDIA *BOOKLET* TERHADAP PENGETAHUAN TANDA BAHAYA KEHAMILAN DI PUSKESMAS NGLUWAR

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INTISARI

Latar Belakang: Peningkatan kesadaran mengenai tanda-tanda peringatan kehamilan akan mengurangi dampak buruk bagi ibu hamil. Oleh karena itu, sangat penting untuk memberikan pendidikan kesehatan yang komprehensif kepada ibu hamil sejak usia muda untuk mengurangi potensi kesulitan selama kehamilan. Salah satu cara untuk memberikan pendidikan kesehatan yaitu dengan menggunakan media *booklet*.

Tujuan: Mengetahui pengaruh pendidikan kesehatan menggunakan media *booklet* terhadap pengetahuan tentang tanda bahaya pada kehamilan di Puskesmas Ngluwar.

Metode: Penelitian ini *quasy experimental design* dengan desain *penelitian pre-experimen designs One-Group Pretest-Posttest Design*. Metode pengambilan sampel yaitu *purposive sampling* dengan kriteria inklusi dan eksklusi yang telah ditentukan sebanyak 58 ibu hamil trimester I dan II. Pengumpulan data menggunakan kuesioner tanda gejala bahaya kehamilan dan *booklet*. Analisa data univariat dan bivariat menggunakan uji *Marjinal Homogeneity*.

Hasil: Hasil penelitian ini menunjukkan pengetahuan tentang tanda bahaya kehamilan pada ibu hamil sebelum diberikan pendidikan kesehatan menggunakan media *booklet* di Puskesmas Ngluwar sebagian besar dalam kategori kurang sebanyak 29 ibu hamil (50,0%) dan setelah diberikan pendidikan kesehatan sebagian besar dalam kategori baik sebanyak 36 ibu hamil (62,1%). Hasil uji *Marjinal Homogeneity* didapatkan nilai *p-value* 0,001(<0,05).

Kesimpulan: Terdapat pengaruh pendidikan kesehatan dengan media *booklet* terhadap pengetahuan tanda bahaya kehamilan di Puskesmas Ngluwar. Diharapkan ibu hamil sebaiknya dapat mencari informasi atau pengetahuan tentang bahaya kehamilan. Hal ini bertujuan untuk mengurangi atau menanggulangi kejadian yang tidak diinginkan saat ibu sedang hamil.

Kata Kunci: Pengetahuan Ibu Hamil, *Booklet*, Tanda Bahaya Kehamilan

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THE EFFECT OF HEALTH EDUCATION USING BOOKLET MEDIA ON KNOWLEDGE OF PREGNANCY DANGER SIGNS AT NGLUWAR PUBLIC HEALTH CENTER

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ABSTRACT

Background: Increasing awareness of pregnancy warning signs will reduce the negative impact on pregnant women. Therefore, it is very important to provide comprehensive health education to pregnant women from a young age to reduce the potential for difficulties during pregnancy. One way to provide health education is by using booklet media.

Objective: To determine the effect of health education using booklet media on knowledge of pregnancy danger signs at Ngluwar Public Health Center.

Method: This research is a quasy experimental design with a pre-experiment research design One-Group Pretest-Posttest Design. The sampling method was purposive sampling as many as 58 pregnant women in the first and second trimester. Data collection using a questionnaire of pregnancy danger signs and booklets. Univariate and bivariate data analysis using the *Marjinal Homogeneity* test.

Results: The results of this study showed that knowledge of pregnancy danger signs in pregnant women before being given health education using booklet media at the Ngluwar Health Center was mostly in the poor category as many as 29 pregnant women (50.0%) and after being given health education most were in the good category as many as 36 pregnant women (62.1%). The results of the *Marjinal Homogeneity* test obtained a p-value of 0.001 (<0.05).

Conclusion: There is an effect of health education with booklet media on knowledge of pregnancy danger signs at the Ngluwar Health Center. It is expected that pregnant women should be able to seek information or knowledge about the dangers of pregnancy. This aims to reduce or overcome unwanted events when the mother is pregnant.

Keywords: Knowledge of Pregnant Women, Booklet, Pregnancy Danger Signs

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