

**GAMBARAN IDE BUNUH DIRI
PADA MAHASISWA FAKULTAS KESEHATAN
UNIVERSITAS JENDERAL ACHMAD YANI YOGYAKARTA**

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INTISARI

Latar Belakang: Angka kasus bunuh diri mengalami peningkatan setiap tahun. Hal ini dipengaruhi oleh kondisi psikologis, sosial dan kesehatan mental. Dampak yang ditimbulkan dapat mempengaruhi diri sendiri dan orang lain.

Tujuan Penelitian: Mengetahui gambaran ide bunuh diri pada mahasiswa Fakultas Kesehatan Universitas Jenderal Achmad Yani Yogyakarta

Metode Penelitian: Penelitian ini menggunakan metode kuantitatif. Didapatkan 400 responden dengan teknik *total sampling* dan *simple random sampling*. Penelitian dilakukan di Universitas Jenderal Achmad Yani Yogyakarta, pengambilan data dilakukan selama satu minggu lebih tiga hari. Alat ukur yang digunakan yaitu *Adult Suicidal Ideation Questionnaire*. Pengolahan data menggunakan analisis.

Hasil Penelitian: Hasil analisis menunjukkan mayoritas mahasiswa termasuk kategori ide bunuh diri tidak beresiko (95.3%). Berdasarkan jenis kelamin kategori resiko bunuh diri berat, diperoleh mahasiswa perempuan (0.8%), berdasarkan program studi kategori resiko bunuh diri berat, diperoleh mahasiswa prodi Kebidanan (D3) (5.9%), dan berdasarkan status tempat tinggal kategori berat, diperoleh mahasiswa yang tinggal di rumah pribadi (2.1%)

Kesimpulan: Ide bunuh diri pada Mahasiswa Fakultas Kesehatan Universitas Jenderal Achmad Yani Yogyakarta termasuk kategori resiko bunuh diri berat sebanyak 0,8%

Kata Kunci: Ide bunuh diri, Mahasiswa, Kesehatan

**DESCRIPTION OF SUICIDAL IDEATION
IN HEALTH FACULTY STUDENTS
UNIVERSITY OF GENERAL ACHMAD YANI YOGYAKARTA**

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ABSTRACT

Research Background: The number of suicides is increasing every year. This is influenced by psychological, social and mental health conditions. The impact can affect oneself and others.

Research Objective: Knowing the description of suicidal ideation in students of the Faculty of Health, Jenderal Achmad Yani University, Yogyakarta

Research Method: This research uses quantitative methods. 400 respondents were obtained with total sampling and simple random sampling techniques. The research was conducted at Jenderal Achmad Yani University Yogyakarta, data collection was carried out for one week and more than three days. The measuring instrument used was the Adult Suicidal Ideation Questionnaire. Data processing using analysis.

Research Results: The results of the analysis showed that the majority of students were in the category of suicidal ideation not at risk (95.3%). Based on gender, the suicide risk category is severe, obtained by female students (0.8%), based on the study program, the suicide risk category is severe, obtained by Midwifery (D3) study program students (5.9%), and based on the status of residence in the severe category, obtained by students who live in private homes (2.1%).

Conclusion: Suicidal ideation in students of the Faculty of Health, Jenderal Achmad Yani University Yogyakarta is in the category of severe suicide risk as much as 0.8%.

Keywords: Suicide ideation, Students, Healt