

**PENGARUH EDUKASI VIDEO ANIMASI TERHADAP TINGKAT
PENGETAHUAN *PERSONAL HYGIENE* PADA ANAK
DI SD MUHAMMADIYAH WARUNGBOTO
YOGYAKARTA**

Nurul Hidayah¹, Ferianto²

e-mail : nurullhidayah0317@gmail.com

Intisari

Latar Belakang : *Personal hygiene* adalah perawatan diri yang dapat berpengaruh pada kesehatan manusia. *Personal hygiene* pada anak meliputi perawatan kebersihan mulut dan gigi, tangan, , kebersihan kuku kaki dan tangan, rambut serta kulit kepala, dan kebersihan pakaian yang di gunakan.

Tujuan : Mengetahui tingkat perbedaan sebelum dan sesudah di berikan edukasi video animasi terhadap tingkat pengetahuan *personal hygiene*.

Metode : Metode penelitian ini menggunakan *pre eksperimental* dengan jenis rancangan *one group pretest – posttest design*. Populasi penelitian siswa kelas 1 dan 2 berjumlah 54 responden menggunakan Teknik total sampling. Penelitian ini di analisis menggunakan *uji marginal homogeneity* untuk mengetahui perbedaan pengetahuan dari di berikannya edukasi video animasi.

Hasil : Pengetahuan sebelum di intervensi responden sebagian besar memiliki pengetahuan yang kurang sebanyak 43 responden (79.6 %) setelah di berikan intervensi mayoritas responden memiliki pengetahuan yang meningkat baik sebanyak 46 responden (85,2%).Tingkat perbedaan sebelum dan sesudah di berikan edukasi video animasi menggunakan *uji marginal homogeneity* mendapatkan hasil nilai probability value (p value) = ,000 < 0,05 yang artinya terdapat perbedaan pengetahuan *personal hygiene* anak menggunakan edukasi video animasi .

Kesimpulan : Terdapat pengaruh edukasi video animasi terhadap tingkat pengetahuan *personal hygiene* pada anak di SD Muhammadiyah Warungboto Yogyakarta.

Kata Kunci : *Personal hygiene, pengetahuan, video animasi.*

¹Mahasiswa program studi S1 Keperawatan Universitas Jendral Achmad Yani Yogyakarta

²Dosen program studi S1 Keperawatan Universitas Jendral Achmad Yani Yogyakarta

The Effect of Animation Video Education on the Level of Knowledge of Personal Hygiene in Children at SD Muhammadiyah Warungboto Yogyakarta

Nurul Hidayah¹, Ferianto²

e-mail : nurullhidayah0317@gmail.com

Abstrak

Background : Personal hygiene is self-care that can affect human health. Personal hygiene for children includes caring for the cleanliness of the mouth and teeth, hands, nails, feet and hands, hair and scalp, and cleanliness of the clothes they wear.

Purpose : Knowing the level of difference before and after being given animated video education on the level of personal hygiene knowledge.

Methods : This research method uses pre-experimental design with a one group pretest – posttest design. The research population of class 1 and 2 students was 54 respondents using total sampling technique. This research was analyzed using the marginal homogeneity test to determine differences in knowledge from the provision of animated video education.

Results : The majority of respondents' knowledge before the intervention had less knowledge, 43 respondents (79.6%) after being given the intervention, the majority of respondents had increased knowledge, 46 respondents (85.2%). The level of difference before and after being given animated video education using The marginal homogeneity test obtained a probability value (p value) = $.000 < 0.05$, which means there are differences in children's personal hygiene knowledge using animated video education.

Conclusion : There is an influence of animated video education on the level of personal hygiene knowledge in children at SD Muhammadiyah Warungboto Yogyakarta.

Keywords : *Personal hygiene, knowledge, Animated video.*

¹Students of the Bachelor of Nursing study program at Jendral Achmad Yani University, Yogyakarta

²Lecturer in the Bachelor of Nursing study program at Jendral Achmad Yani University, Yogyakarta