

# HUBUNGAN USIA IBU SAAT MELAHIRKAN DENGAN KEJADIAN STUNTING PADA BALITA DI PUSKESMAS WONOSARI I

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## INTISARI

**Latar Belakang:** Balita stunting merupakan permasalahan gizi kronis yang dapat disebabkan oleh berbagai macam faktor, antara lain kondisi sosial ekonomi, gizi pada masa kehamilan, nyeri pada bayi, dan kurangnya asupan gizi pada masa depan stunting. Kehamilan pada usia muda atau kehamilan pada usia remaja dapat berdampak kepada pertumbuhan anak akibat adanya kompetisi nutrisi antara ibu dan calon bayi.

**Tujuan Penelitian:** Diketahui hubungan usia ibu saat melahirkan dengan kejadian stunting Pada Balita di Puskesmas Wonosari I

**Metode Penelitian:** Metode penelitian kuantitatif dengan deskriptif korelasional dengan memanfaatkan pendekatan *cross-sectional*. Teknik pengambilan data menggunakan teknik *purposive sampling non-probabilistik* dengan total sampel sebanyak 83 responden yaitu ibu melahirkan memiliki anak stunting. Uji statistik yang digunakan pada penelitian ini menggunakan Uji *Somers'd*.

**Hasil:** Analisis *uji Somers'd* yang didapatkan hasil yaitu nilai *p-value* (0,027) < 0,05 dapat disimpulkan bahwa ada hubungan antara usia ibu saat melahirkan dengan kejadian stunting pada balita di Puskesmas Wonosari I. Nilai koefisien *r* sebesar 0,314 dengan tingkat keeratan hubungan dalam kategori rendah (0,2 – 0,399).

**Kesimpulan:** Terdapat hubungan usia ibu saat melahirkan dengan kejadian stunting pada balita di Puskesmas Wonosari I

**Kata kunci :** Usia ibu saat melahirkan, balita, stunting

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# RELATIONSHIP BETWEEN MOTHER'S AGE AT BIRTH AND THE INCIDENCE OF STUNTING IN TODDLERS AT WONOSARI I PUBLIC HEALTH CENTER

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## ABSTRACT

**Background:** Toddler stunting is a chronic nutritional problem that can be caused by various factors, including socio-economic conditions, nutrition during pregnancy, pain in infants, and lack of nutritional intake in the future of stunting. Pregnancy at a young age or pregnancy at adolescence can have an impact on child growth due to competition for nutrition between the mother and the baby.

**Objective:** To determine the Relationship between Mother's Age at Birth and the Incidence of Stunting in Toddlers at Wonosari I Public Health Center.

**Method:** Quantitative research method with descriptive correlation by utilizing a cross-sectional approach. The data collection technique used a non-probabilistic purposive sampling technique with a total sample of 83 respondents. The statistical test used in this study used the Somers'd Test.

**Results:** The Somers'd test analysis obtained results, namely a p-value ( $0.027 < 0.05$ ), it can be concluded that there is a relationship between the mother's age at birth and the incidence of stunting in toddlers at the Wonosari I Health Center. The coefficient value  $r$  is 0.314 with a level of closeness of the relationship in the low category (0.2 - 0.399).

**Conclusion:** There is a relationship between maternal age at birth and the incidence of stunting in toddlers at Wonosari I Health Center

**Keywords:** Maternal age, toddlers, stunting.

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