

**HUBUNGAN INISIASI MENYUSU DINI (IMD) DENGAN KEBERHASILAN  
PEMBERIAN ASI EKSKLUSIF PADA BAYI USIA 6-9 BULAN  
DI RSUD WATES KABUPATEN KULON PROGO  
YOGYAKARTA**

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**INTISARI**

**Latar belakang:** Inisiasi menyusui dini merupakan bayi mulai menyusui sendiri segera setelah lahir. Cara bayi melakukan IMD dinamakan *the breast crawl* atau merangkak mencari payudara. Inisiasi menyusui dini dapat menghangatkan bayi sehingga dapat menurunkan kematian bayi. Bayi yang diberi kesempatan menyusui dini, dengan meletakkan bayi sampai terjadi kontak kulit ke kulit ibu setidaknya selama 1 jam meningkatkan keberhasilan menyusui eksklusif (Roesli, 2008).

**Tujuan:** Penelitian ini bertujuan untuk mengetahui hubungan inisiasi menyusui dini dengan keberhasilan pemberian ASI eksklusif pada bayi usia 6-9 bulan di RSUD Wates Kabupaten Kulon Progo.

**Metode:** Jenis penelitian ini adalah diskriptif analitik dengan pendekatan *cross sectional*. Populasi penelitian adalah ibu yang mempunyai bayi usia 6-9 bulan yang memeriksakan bayinya ke Poliklinik Anak RSUD Wates Kabupaten Kulon Progo. Teknik pengambilan sampel menggunakan teknik *accidental sampling*, dengan jumlah sampel sebanyak 37 orang. Instrumen penelitian menggunakan kuesioner yang sudah di uji validitas dan reliabilitas. Teknik analisis untuk menguji hipotesis menggunakan *chi-square* dengan taraf signifikansi 95% dan  $\alpha = 0,05$ .

**Hasil:** Hasil analisa data diperoleh mayoritas responden melakukan inisiasi menyusui dini sebanyak 23 responden (62,2%). Mayoritas responden berhasil dalam pemberian ASI eksklusif sebanyak 24 responden (64,9%). Hasil uji statistik menggunakan uji *chi\_square* diperoleh nilai  $\chi^2$  sebesar 4,786 dengan *p-value* sebesar 0,039.

**Kesimpulan:** Secara statistik ada hubungan inisiasi menyusui dini dengan keberhasilan pemberian ASI eksklusif pada bayi usia 6-9 bulan.

**Kata kunci:** Inisiasi menyusui dini, ASI eksklusif

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**THE RELATION BETWEEN INITIATION EARLY BREASTFEEDING  
AND THE SUCCESS IN EXCLUSIVE BREASTFEEDING  
ADMINISTRATION TO 6-9 MONTH OLD BABIES  
IN WATES GENERAL HOSPITAL KULON  
PROGO REGION YOGYAKARTA**

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**ABSTRACT**

**Background:** The initiation early breastfeeding is that a baby starts to breastfeeding himself soon after being born. The way a baby initiates initiation early breastfeeding is called the breast crawl or crawl to search for breast. The initiation of early breastfeeding can warm the baby so that it can reduce baby mortality. A baby who has a chance for early breastfeeding by placing the baby to get skin to skin contact with mother at least for 1 hour can increase the succes in exclusive breastfeeding (Roesli, 2008).

**Objective:** This research is aimed to find out the relation between initiation early breastfeeding and the succes in exclusive breastfeeding administration to 6-9 month old babies in Wates general hospital Kulon Progo region Yogyakarta.

**Method:** This research is analytical descriptive with cross sectional approach. Research population are mothers with 6-9 month old babies who take their babies to Child Polyclinic in Wates general hospital Kulon Progo region. Sampling technique uses accidental sampling technique with sample as many as 37 people. Research instrument uses questionnaires that have passed validity test and reliability. Analysis technique to test the hypothesis uses chi-square, with significance level of 95% and  $\alpha = 0,05$ .

**Result:** The result of data analysis is that the majority of the respondents who apply the initiation of early breastfeeding are 23 respondents (62,2%). The majority of respondents succeeded in exclusive breastfeeding administration as many as 24 respondents (64,9%). Statistical test result uses chi-square test gets the scure of  $\chi^2 4,786$  with *p-value* 0,039.

**Conclusions:** statistically, there is a relation between early breastfeeding initiation and the success in exclusive breastfeeding administration to 6-9 month baby.

**Keyword:** Early breasfeeding initiation, Exclusive breastfeeding

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