

**HUBUNGAN POLA ASUH ORANG TUA DENGAN TINGKAT KEMANDIRIAN
PEMENUHAN KEBUTUHAN ADS (AKTIVITAS DASAR SEHARI-HARI)
PADA ANAK TUNAGRAHITA SEDANG DI SLB
WIDYA MULIA PUNDONG BANTUL**

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INTISARI

Latar Belakang : Pola asuh orangtua meliputi demokratis, otoriter dan permisif. Gaya pola asuh yang tepat dapat meningkatkan kemandirian anak tunagrahita dalam pemenuhan ADS yang meliputi, mandi, berpakaian, toileting, berpindah, kontinensia, dan makan. Berdasarkan studi pendahuluan didapatkan informasi bahwa terdapat 43 siswa yaitu SDLB 31 siswa, SMPLB 10 siswa dan SMALB 2 siswa yang mengalami tunagrahita sedang dan mengikuti program pelatihan bina diri.

Tujuan Penelitian : Mengetahui hubungan pola asuh orang tua dengan tingkat kemandirian anak tunagrahita sedang dalam pemenuhan kebutuhan aktivitas dasar sehari-hari di SLB Widya Mulia Pundong Bantul.

Metode Penelitian : Penelitian ini menggunakan studi korelasional. Desain penelitian ini adalah *cross sectional*, dengan menggunakan metode total sampling sebanyak 43 responden. Analisis data yang digunakan yaitu uji korelasi Kendall's Tau.

Hasil Penelitian : mayoritas pola asuh demokratis sebanyak 24 orang (55,8%). Mayoritas tingkat kemandirian kategori tinggi yaitu sebanyak 22 orang (51,2%). Hasil uji korelasi Kendall's Tau menunjukkan nilai atau koefisien *Kendall's Tau* hitung positif sebesar 0,932 dengan nilai probabilitas (p) sebesar 0,000, yang artinya ada hubungan yang positif dan signifikan antara pola asuh orang tua dengan tingkat kemandirian anak dalam pemenuhan ADS.

Kesimpulan : Ada hubungan yang positif dan signifikan antara pola asuh orang tua dengan tingkat kemandirian anak tunagrahita sedang dalam pemenuhan ADS

Kata kunci : pola asuh, kemandirian, ADS

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**RELATIONSHIPS PARENTING PARENTS WITH MODERATE MENTAL
RETARDATION LEVEL OF THE CHILD'S INDEPENDENCE IN
FULFILLMENT OF THE ACTIVITIES DAILY LIVING IN
SLB WIDYA MULIA PUNDONG BANTUL**

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ABSTRACT

Background: Parent's parenting include democratic, autoritary, permissive. Style of parent's parenting are exactly can increasing independence level of moderate mental retardation children's in fulfillment of the activities daily living that is bathing, clothing, toileting, moving, continencia, and eating. Based preliminary result study, obtained information that there were 43 students that SDLB 31 students, SMPLB 10 students, and SMALB 2 students with moderate mental retardation and self-coached training program

Objective : To know relationships parenting parents with mental retardation level of the child's independence is in fulfillment of the activities daily living in the SLB Widya Mulia Pundong Bantul.

Method : This study uses a correlational study. The study design was cross-sectional, using total sampling method as many as 43 respondents. Data analysis using *Kendall's Tau* test.

Results : The majority of parenting implemented by parents (respondents) to moderate mental retardation children in SLB Widya Mulia, Pundong Bantul is a democratic parenting style as many as 24 people (55.8%) The majority of the level of independence of the moderate mental retardation children in SLB Widya Mulia, Pundong Bantul have a level of independence that are included in the high category as many as 22 people (51.2%) The results show that there is a positive and significant relationship between parents parenting with independence level of mental retardation children compliance Activities Daily Living in SLB Widya Mulia, Pundong Bantul because the value or score of *Kendall's Tau* coefficient are positive = 0.932 with probability (p)= 0.000

Conclusion : The results show that there is relationship between parent's parenting with independence level of mental retardation children compliance Activities Daily Living in SLB Widya Mulia, Pundong Bantul.

Key words: parent's parenting, level of independence, and ADL

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